



SUMMER 2024 ACTIVITY GUIDE




**DAY CAMPS
SPECIAL EVENTS
SWIM LESSONS
SUMMER CONCERTS**

MEDFORD
PARKS, RECREATION AND FACILITIES

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THRIVES HERE**


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WELCOME MESSAGE FROM MEDFORD PARKS, RECREATION AND FACILITIES STAFF

We are honored and thrilled to be stewards of the new Rogue Credit Union Community Complex (Rogue X). People in Medford and the Rogue Valley are recreation enthusiasts, and the popularity of the Rogue X demonstrates this strong demand.

Since the grand opening on January 6, over 100,000 people have visited the facility for various events, programs and activities. The indoor recreational pool is especially popular, with over 25,000 open swim visits through March 31.

We appreciate your patience and understanding as we contend with intense demand for open swim sessions. Our aquatics capacity increases from 260 to 285 for open swims when the outdoor splash pad is open.

In these pages, you'll see the largest number of summertime programs and services ever offered by the City of Medford. Our goal is to provide a wide range of high-quality services at the lowest possible cost. For those with financial barriers, we're pleased to partner with the Medford Parks and Recreation Foundation to offer a robust scholarship program for most programs - see page 8 or visit playedford.com for details.

While the construction and launch of the Rogue X has been the Department's central focus for the past several years, we have also been working on a variety of other important projects. This summer you'll see progress made on the long-awaited renovation of Howard School Park in northwest Medford. We're excited for the public to see one of our older neighborhood parks transformed into a modern facility.





Have an active, healthy and fun summer. And remember, by trying new things discover what's possible. Do it, Medford!







Parks & Recreation

REGISTRATION & PAYMENT

Pre-registration with payment is required for all activities, except where noted.

-  **Online:** Playmedford.com Click the link for 'Register Now'. Pay by credit card.
-  **Walk-in:** Santo Community Center, Medford Parks & Recreation Dept.
-  **Mail:** 701 N. Columbus Ave. Medford, OR 97501
Do not mail cash!
-  **Phone:** Call 541.774.2400 Pay by credit card

Receipts are mailed or emailed to you for phone, fax and mail registrations

-  **Checks & Money Orders:** Payable to City of Medford
 -  **Cash:** In-person only
 -  **Cards:** Debit, Visa or MasterCard
 -  **Scholarships & Gift Certificates:** Ask us about available options!
- Cancellations & Refunds:** Submit requests during normal business hours.

SCHOLARSHIPS

Youth scholarships for select Medford Parks & Recreation classes are available for Medford residents or students who attend 549C schools. Scholarships are made possible by the Medford Parks and Recreation Foundation.

Para información sobre becas ver la página #10

MANERAS DE REGISTRAR

Teléfono: Llámenos al 541-774-2400 y paguen con Visa / Mastercard.

Online: Visita playmedford.com dónde se puede registrar y pagar con Visa / Mastercard.

En persona: Visitenos en el Santo Community Center (701 N. Columbus Ave, Medford, OR 97501) Dónde el pago se puede hacer con Visa, MasterCard, dinero en efectivo o cheque.

Se requiere el pago en el momento que se registra para una clase. No podemos guardar el espacio para los que no pagan en el momento de la inscripción.

Special thanks to Jim Craven & Michael D. Davis for applying their photography talents to the guide.

MEDFORD SENIOR CENTER

Fostering fun, food, activities, education, friendships and community with seniors!



Weekly Activities:

Wednesdays

- 10 am—Stretch Class
- 10 am—Knit/Crochet Club
- 11:15 am—Advanced Line Dance

Thursdays

- 12:30 pm—Line Dancing

Fridays

- 10 am—Stretch Class
- 11 am—Spanish Conversation Club (at the Santo Community Center)
- 11:30 am—Lunch, \$5 members | \$7 non-members



TUESDAYS & SATURDAYS
DOORS OPEN AT 11:30AM, CLOSE FOR PLAY AT 12:30PM.
END TIMES VARY.

Become a member!
Call or visit the front office during center hours.

510 E. Main St. | Hours: 8:30am—2:30pm | Days: Wed., Thurs. & Fri. | 541-772-2273 | medfordseniorcenter.org

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Elements Nature School

Connecting kids with nature through year round outdoor programs

* Summer Camps

Week long hiking camps operating throughout June and July
Ages 4 - 12

* Forest Preschool/Kindergarten

September - June
Ages 3 - 6

TO LEARN MORE VISIT:

www.elementsnatureschool.com

2931 S Pacific Highway, Medford OR



ROGUE X AQUATICS PROGRAMS SUMMER '24

ROGUE MERMAID MEET AND GREET

Interact, swim, and converse with mermaids! Mermaids read books, enchant their guests with fun aquatic stories, and sometimes bring gifts from their underwater paradise. Visit RogueXMedford.com to check availability.

Age: All Ages

Time: 11AM-NOON

Place: Rogue X

Cost: \$99/hr 1 Mermaid | \$49/hr Additional Mermaids

Available for party rentals. Email Naomi.Driscoll@cityofmedford.org for more info.

LIFEGUARD CERTIFICATION CLASS

Designed to develop candidates with the skills and expertise necessary to provide safety to patrons in and around the water and prepares potential lifeguards to recognize and respond to emergencies. Individuals that successfully complete the course earn an American Red Cross Lifeguard Training certificate.

The program will introduce participants to:

- The skills needed for entry to the American Red Cross Lifeguarding Class.
- Communication and decision-making skills.
- The basic responsibilities of a lifeguard.
- The basic knowledge and skills required to be a lifeguard.
- Basic First Aid/CPR/AED Certification.

Age: 15+

Day: Wed-Sun

Session 1: May 29-Jun 2

Session 2: Jul 31-Aug 4

Time: 5:30-8PM

Place: Rogue X

Cost: \$255

Limit: Min 3 | Max 8

ROGUE MERMAID: A WATER SAFETY ADVOCATE CLASS

Join a mermaid in the water as she covers how to safely be around and in a pool both at Rogue X and at home. Course highlights safety concerns, respecting lifeguards, and identifying rules that should be followed for a fun and safe visit. Learn how to safely enjoy Southern Oregon's natural water recreation areas.

Age: All Ages

Day: Fri

Session 1: Jun 14

Session 2: Jun 21

Session 3: Jun 28

Session 4: Jul 5

Session 5: Jul 12

Session 6: Jul 19

Session 7: Jul 26

Session 8: Aug 2

Session 9: Aug 9

Session 10: Aug 16

Time: 5-5:45PM

Place: Rogue X

Cost: \$18 Resident | \$24 Non-Resident

Limit: Min 5 | Max15

AQUATIC TAI CHI

Explore the fluid motion of Tai Chi's single movement exercises with the resistance of water.

Age: 18+

Day: Sat

Session 1: May 11- Jun 1

Session 2: Jun 8-29

Session 3: Jul 13-27

Session 4: Aug 10-24

Time: 10:15-10:45AM

Place: Rogue X

Cost: S1&2 \$25 Resident | \$31 Non-Resident

S3&4 \$18 Resident | \$24 Non-Resident

Limit: Min 8 | Max 20

ROGUE X GYM & FACILITY RENTAL FEES

OPEN GYM	SINGLE SESSION DROP-IN FEE	
	RESIDENT	NON-RESIDENT
YOUTH (2-17)	\$3	\$4
ADULT (18-54)	\$5	\$6
SENIOR (55+)/MILITARY	\$4	\$5



Scan for
Aquatics &
Open Gym
Schedules



Escaneo para de-
portes acuticos y
horrarios de
gimnasios
abiertos

FACILITY RENTAL FEES	RATES	
COURT RENTAL For sports use	\$50 per hr. per court	
CLASSROOM/MEETING ROOM RENTAL	\$30 per hr.	
EVENT CENTER RENTAL Full-day, exclusive use	\$2,450 per day	8am-10pm
EVENT CENTER RENTAL Half house, full-day, non-exclusive use	\$1,850 per day	8am-10pm

TARIFAS DE ALQUILER DE INSTALACIONES Y GIMNASIOS DE ROGUE X

GIMNASIO ABIERTO	TARIFA DE ENTRADA SIN CITA PREVIA DE UNA SOLA SESIÓN	
	RESIDENTE	NO RESIDENTE
JOVENES (2-17)	\$3	\$4
ADULTO (18-54)	\$5	\$6
MAYOR (55+)/VETERANO	\$4	\$5



TARIFAS DE ALQUILER DE INSTALACIONES	TARIFAS	
ALQUILER DE CANCHAS Para uso deportivo	\$50/hora, por cancha	
ALQUILER DE AULAS/SALAS DE REUNIONES	\$30 por hora	
ALQUILER DE CENTROS DE EVENTOS Día completo, uso exclusivo	\$2,450 por día	8am-10pm
ALQUILER DE CENTROS DE EVENTOS Media casa, día completo, uso no exclusivo	\$1,850 por día	8am-10pm



BIRTHDAY PARTY PACKAGES HOST YOUR CHILD'S NEXT BIRTHDAY PARTY AT ROGUE X!			
	FEE	TIME	DETAILS
AQUATICS PARTY ROOM (including recreational pool and water slide access)	\$195	2 hrs.	25 open swim wristbands, 35 people max.
SUMMER SPLASH PAD PAVILION RENTAL (includes recreational pool access)	\$195	2 hrs.	25 open swim wristbands, 35 people max.
EVENT CENTER SPORTS-THEMED PARTY (basketball/futsal/pickleball/volleyball)	\$165	2 hrs.	40 attendees, 1 court, set-up for requested sport.

Resident is defined as any individual living in Medford, OR or pays a monthly utility bill for a residence in the city limits.

PAQUETES DE FIESTA DE CUMPLEAÑOS ¡ORGANIZA LA PRÓXIMA FIESTA DE CUMPLEAÑOS DE TU HIJO EN ROGUE X!			
	FEE	TIME	DETAILS
SALA DE FIESTAS ACUÁTICAS (incluyendo piscina recreativa y acceso a toboganes de agua)	\$195	2 horas	25 pulseras de natación abiertas, 35 personas máx.
DE PABELLÓN DE CHAPOTEADERO DE VERANO (incluye acceso a la piscina recreativa)	\$195	2 horas	25 pulseras de natación abiertas, 35 personas máx.
FIESTA TEMÁTICA DEPORTIVA DEL CENTRO DE EVENTOS (baloncesto/voleibol/pickleball)	\$165	2 horas	40 asistentes, 1 pista, montaje para el deporte solicitado.

Residente se define como cualquier persona que viva en Medford, Oregón o pague una factura mensual de servicios públicos por una residencia en los límites de la ciudad.



SUMMER AQUATICS SCHEDULE | JUN 17 - AUG 25, 2024

COMPETITION POOL | LAP SWIM

MON	TUE	WED	THU	FRI	SAT	SUN
6-10am 13 lanes	6-10am 8 lanes	6-10am 13 lanes	6-10am 8 lanes	8-10am 13 lanes	8am-Noon 8 lanes @ 8am 13 lanes @ 10am	CLOSED
Noon-4pm 13 lanes	Noon-4pm 13 lanes	Noon-4pm 13 lanes	Noon-4pm 13 lanes	Noon-4pm 13 lanes	4-7pm 13 lanes	
6:30-8:30pm 13 lanes	6:30-8:30pm 13 lanes	6:30-8:30pm 13 lanes	6:30-8:30pm 13 lanes	6:30-8:30pm 13 lanes		

*Lap swim is unavailable on weekdays 4-8PM, due to contractual swim team use. Competition Pool is closed on Sundays due to enhanced maintenance needs.

RECREATIONAL POOL | SPLASH PAD (FOLLOWS OPEN SWIM SCHEDULE)

MON	TUE	WED	THU	FRI	SAT	SUN
9-11am Swim Lessons	9-11am Swim Lessons	9-11am Swim Lessons	9-11am Swim Lessons	11am-1pm Open Swim	11am-1pm Open Swim	11am-1pm Open Swim
11:30am-1:30pm Open Swim	11:30am-1:30pm Open Swim	11:30am-1:30pm Open Swim	11:30am-1:30pm Open Swim	2-4pm Open Swim	2-4pm Open Swim	2-4pm Open Swim
2-4pm Open Swim	2-4pm Open Swim	2-4pm Open Swim	2-4pm Open Swim	5-7pm Open Swim	5-7pm Open Swim	5-7pm Open Swim
4:30-6:30pm Swim Lessons	4:30-6:30pm Swim Lessons	4:30-6:30pm Swim Lessons	4:30-6:30pm Swim Lessons			
7-9pm Open Swim	7-9pm Open Swim	7-9pm Open Swim	7-9pm Open Swim			

OPEN SWIM	Limited to 285 participants per open swim.
SWIM LESSONS	Must pre-register to participate.

Scan for
Aquatics &
Open Gym
Schedules



Schedules subject to change. Visit RogueXMedford.com for current schedules.

*Resident is defined as any individual living in Medford, OR or pays a monthly utility bill for a residence in the city limits.

AQUATICS ADMISSION FEES

"ROGUE X PASS" - FOR ACCESS TO AQUATICS & EVENTS CENTER AREAS, PER SESSION.	ROGUE X MONTHLY PASSES (PER PERSON)		SINGLE SESSION DROP-IN FEE	
	RESIDENT	NON-RESIDENT*	RESIDENT	NON-RESIDENT*
YOUTH (1-17)	\$24	\$29	\$5	\$6
ADULT (18-54)	\$35	\$42	\$7	\$8
SENIOR (55+)/MILITARY	\$24	\$29	\$5	\$6
FAMILY PASS*	\$99 per pass	\$119 per pass	N/A	N/A

*Maximum of eight people living in the same household, including up to two adults, and children to age 17.

OTHER AQUATICS FEES

PRIVATE SWIM LESSONS	\$92 for 8, 30 min. lessons	PARTY ROOM RENTAL	\$195 for 2hrs.
GROUP SWIM LESSONS	\$69 for 8, 30 min. lessons	LOCKER RENTALS	\$3 per session
COMP POOL RENTAL*	\$295 per hr.	PRIVATE REC. POOL RENTAL	\$1,095 for 2hrs.
COMP POOL LANE RENTALS*	\$25 per hr., 2hr. minimum		



HORARIO DE DEPORTES ACUÁTICOS DE VERANO | 17 DE JUNIO - 25 DE AGOSTO DE 2024

PISCINA DE COMPETICIÓN | NATACIÓN DE VUELTA

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
6-10am 13 carriles	6-10am 8 carriles	6-10am 13 carriles	6-10am 8 carriles	8-10am 13 carriles	8am-Noon 8 carriles @ 8am 13 carriles @ 10am	CERRADO
12-4pm 13 carriles	12-4pm 13 carriles	12-4pm 13 carriles	12-4pm 13 carriles	12-4pm 13 carriles	4-7pm 13 carriles	
6:30-8:30pm 13 carriles	6:30-8:30pm 13 carriles	6:30-8:30pm 13 carriles	6:30-8:30pm 13 carriles	6:30-8:30pm 13 carriles		

- La natación de vuelta no está disponible de lunes a viernes de 4 a 8 p.m., debido al uso contractual del equipo de natación.
- La piscina de competición está cerrada los domingos debido a las necesidades de mantenimiento.

PISCINA RECREATIVA | CHAPOTEADERO (SIGUE EL HORARIO DE NATACIÓN ABIERTO)

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
9-11am Clases de natación	9-11am Clases de natación	9-11am Clases de natación	9-11am Clases de natación	11am-1pm Natación abierta	11am-1pm Natación abierta	11am-1pm Natación abierta
11:30am-1:30pm Natación abierta	11:30am-1:30pm Natación abierta	11:30am-1:30pm Natación abierta	11:30am-1:30pm Natación abierta	2-4pm Natación abierta	2-4pm Natación abierta	2-4pm Natación abierta
2-4pm Natación abierta	2-4pm Natación abierta	2-4pm Natación abierta	2-4pm Natación abierta	5-7pm Natación abierta	5-7pm Natación abierta	5-7pm Natación abierta
4:30-6:30pm Clases de natación	4:30-6:30pm Clases de natación	4:30-6:30pm Clases de natación	4:30-6:30pm Clases de natación			
7-9pm Natación abierta	7-9pm Natación abierta	7-9pm Natación abierta	7-9pm Natación abierta			

ESCANEO PARA
DEPORTES
ACUÁTICOS Y
HORARIOS DE
GIMNASIOS
ABIERTOS



NATACIÓN ABIERTA	Limitado a 285 participantes por nado abierto.
CLASES DE NATACIÓN	Es necesario preinscribirse para participar.

Horarios sujetos a cambios. Visite RogueXMedford.com para conocer los horarios actuales.

*Residente se define como cualquier individuo que vive en Medford, OR o que paga una factura mensual de servicios públicos por una residencia dentro de los límites de la ciudad.

TARIFAS DE ADMISIÓN ACUÁTICA

"ROGUE X PASS" - PARA ACCEDER A LAS ÁREAS DE ACUÁTICOS Y CENTRO DE EVENTOS, PER-SESIÓN.	PASES MENSUALES DE ROGUE X (POR PERSONA)		TARIFA DE ENTRADA SIN CITA PREVIA DE UNA SOLA SESIÓN	
	RESIDENTE	NO RESIDENTE*	RESIDENTE	NO RESIDENTE*
JOVENES (2-17)	\$24	\$29	\$5	\$6
ADULTO (18-54)	\$35	\$42	\$7	\$8
MAYOR (55+)/VETERANO MILITAR	\$24	\$29	\$5	\$6
PASE FAMILIAR*	\$99 por pasos	\$119 por pasos	N/A	N/A

*Máximo de ocho personas que viven en el mismo hogar, incluidos hasta dos adultos y niños hasta los 17 años.

OTRAS TARIFAS ACUÁTICAS

LECCIONES DE NATACIÓN PRIVADAS	\$92 por 8, 30 min. lecciones	RENTA DE SALÓN P/FIESTA	\$195 / 2 horas
LECCIONES DE NATACIÓN EN GRUPO	\$69 por 8, 30 min. lecciones	RENTA DE CASILLEROS	\$3 / sesión
RENTA DE PISCINA COMP*	\$295 / hora	ALQUILER DE PISCINA PRIVADA PARA RECREO	\$1,095 / 2 horas
RENTA DE LINEA DE NADAR*	\$25/hora, 2 horas mínimo		

SWIM LESSON SCHEDULE



**LESSONS START JUN 17
LAST DAY AUG 8**

**LESSONS: MON-THU
NO CLASSES ON FRIDAYS
NO LESSONS ON JULY 4**



MORNING SESSIONS							
9:00 AM	PRIVATE	SALAMANDER	MINNOW	GUPPY	PERCH	PRIVATE	PRIVATE
9:30 AM	PRIVATE	SALAMANDER	MINNOW	GUPPY	CATFISH	PRIVATE	PRIVATE
10:00 AM	PRIVATE	SALAMANDER	MINNOW	GUPPY	BASS	PRIVATE	PRIVATE
10:30 AM	TADPOLE	SALAMANDER	MINNOW	GUPPY	TROUT	PRIVATE	PRIVATE
PM SESSIONS							
4:30 PM	TADPOLE	SALAMANDER	MINNOW	GUPPY	CATFISH	PRIVATE	PRIVATE
5:00 PM	PRIVATE	SALAMANDER	MINNOW	GUPPY	PERCH	PRIVATE	PRIVATE
5:30 PM	PRIVATE	SALAMANDER	MINNOW	GUPPY	BASS	PRIVATE	PRIVATE
6:00 PM	PRIVATE	SALAMANDER	MINNOW	GUPPY	SALMON	PRIVATE	PRIVATE
SWIM LESSON FEES							

GROUP LESSONS	\$69	8 - 30 min. classes	*7/1 to 7/11 lessons - \$60
PRIVATE LESSONS	\$92	8 - 30 min. classes	*7/1 to 7/11 lessons - \$80

*Partial scholarships available.

RECREATION PROGRAM SCHOLARSHIPS

No child should ever be excluded from participating in recreation programs and childcare services because of family financial constraints.

The City of Medford partners with the Medford Parks and Recreation Foundation, a 501(c)3 non-profit, to provide fee discounts to qualifying children through the Play Everyday Scholarship Fund and the Rogue X Aquatics Scholarship Fund.

TO APPLY FOR ASSISTANCE, CLICK THE "SCHOLARSHIPS" BUTTON AT PLAYMEDFORD.COM OR EMAIL PARKS@CITYOFMEDFORD.ORG.

To make a tax-deductible donation to the scholarship fund, visit medfordparksfoundation.org.



Flick & Float



**SATURDAY
8-10PM
JUL 27
at Rogue X**

Sponsored by:



Join us for a movie on the water!

Movie included with session admission.

Must pre-register to attend. Go to playmedford.com or call 541-774-2400 for more information

SWIM LESSON LEVELS ALL LESSONS INCLUDE WATER SAFETY TOPICS.

PRESCHOOL:

TADPOLE (PARENT/GUARDIAN & CHILD) 6mo-3yrs
Introduces basic skills that lay a foundation for learning to swim with parental support for infants and toddlers. Parents learn how to safely work with their child in the water utilizing key fundamentals such as how to appropriately hold and encourage their child to participate in the water.

SALAMANDER (LEVEL 1) Age 3-6yrs
Introduces basic aquatic skills and orients students to the aquatic environment. In addition students will learn how to be safe around water with assistance.

MINNOW (LEVEL 2) Age 3-6yrs
Students begin to develop their aquatics skills independently at longer distances and deeper water while continuing to explore simultaneous and alternating arm and leg actions on their front and back.

GUPPY (LEVEL 3) Age 3-6yrs
Students independently improve their coordination and control of combined simultaneous and alternating arm and leg actions at longer distances and increased repetitions than in previous stages.

SCHOOL-AGE:

PERCH (LEVEL 1) Age 7-13yrs
Introduces basic aquatic skills and orients older students to the aquatic environment. In addition students will learn how to be safe around the water with support. Skills taught overlap those taught in Salamander and Minnow.

CATFISH (LEVEL 2) Age 7-13yrs
Students further develop simultaneous and alternating arm and leg actions on their front and back and improve their locomotion skills performed without support. Skills taught overlap those taught in Guppy.

BASS (LEVEL 3) Age 7-13yrs
Students will learn how to swim front crawl and elementary backstroke. Scissors kick, dolphin kick and survival floating are introduced. Students will also learn how to enter the water headfirst from a seated position while also expanding on previously learned skill proficiencies.

TROUT (LEVEL 4) Age 7-13yrs
Students will increase their endurance and proficiency in front crawl and elementary backstroke and begin to learn the rudimentary form for sidestroke and breaststroke. This stage also introduces the back crawl and butterfly stroke as well as how to perform an open turn at a wall.

SALMON (LEVEL 5) Age 7-13yrs
Students refine all six swim strokes and improve their endurance at increased distances. Front and back flip turns are introduced in this stage.

PRIVATE LESSONS (P) Age 5yrs+
One student per instructor. Lessons are taught at the student's level. Private lessons will need to sign up on a master waitlist and be restricted to 8 consecutive lessons at a time *within one month*.

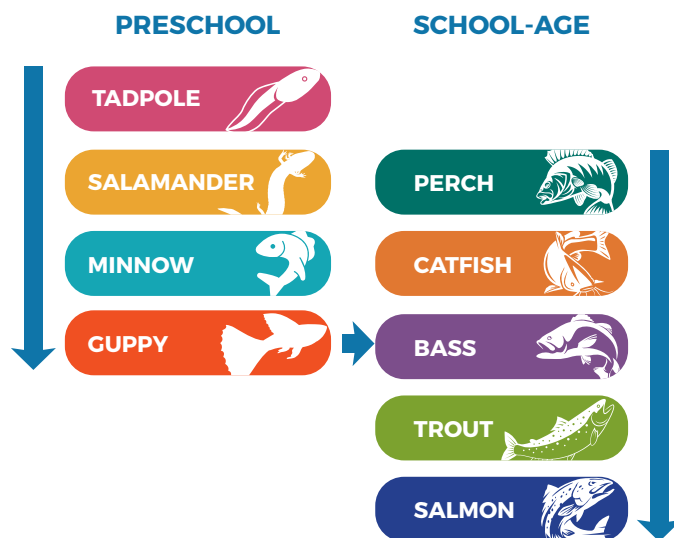
Age: 5yrs+ | Day: Mon-Fri (1 month session)
Length: 30 mins / 10AM-12:30PM / 3-7PM | Cost: \$92/session

WHAT AGE GROUP DOES THE STUDENT FALL INTO?

6mo-3yrs: Tadpole (Parent/Guardian & Child) | 3-6yrs: Preschool: Salamander (Level 1) thru Guppy (Level 3)
7-13 yrs: School Age: Perch (Level 1) thru Salmon (Level 5)

WHAT STAGE IS THE STUDENT READY FOR?

Is the student comfortable working with an instructor without a parent/guardian in the water?	Not Yet ▶	TADPOLE
Will the student go underwater voluntarily?	Not Yet ▶	SALAMANDER
Can the student do a front glide, back glide, and back float with assistance?	Not Yet ▶	MINNOW
Can the student swim 15-25ft on their own?	Not Yet ▶	GUPPY
Will the student go underwater voluntarily?	Not Yet ▶	PERCH
Can the student do a front glide, back glide, and back float on their own?	Not Yet ▶	CATFISH
Can the student swim 15-25 yards of front crawl and elementary backstroke?	Not Yet ▶	BASS
Can the student swim 15-25 yards of front crawl, breaststroke, backcrawl and elementary backstroke?	Not Yet ▶	TROUT
Can the student swim 25-50 yards of front crawl, breaststroke, backcrawl and elementary backstroke using appropriate turning styles?	Not Yet ▶	SALMON



HORARIO DE CLASES DE NATACIÓN DE VERANO



**INICIO DE LAS CLASES
17 DE JUNIO | ÚLTIMO DÍA 8
DE AGOSTO**

**CLASES DE LUNES A JUEVES
NO HAY CLASES LOS VIERNES
NO HAY CLASES EL 4 DE JULIO**



SESIONES MATUTINAS

9:00 AM	PRIVADO	SALAMANDRA	PECECILLO	GUPPY	PERCA	PRIVADO	PRIVADO
9:30 AM	PRIVADO	SALAMANDRA	PECECILLO	GUPPY	SILURO	PRIVADO	PRIVADO
10:00 AM	PRIVADO	SALAMANDRA	PECECILLO	GUPPY	BAJO	PRIVADO	PRIVADO
10:30 AM	RENACUAJO	SALAMANDRA	PECECILLO	GUPPY	TRUCHA	PRIVADO	PRIVADO

SESIONES PM

4:30 PM	RENACUAJO	SALAMANDRA	PECECILLO	GUPPY	SILURO	PRIVADO	PRIVADO
5:00 PM	PRIVADO	SALAMANDRA	PECECILLO	GUPPY	PERCA	PRIVADO	PRIVADO
5:30 PM	PRIVADO	SALAMANDRA	PECECILLO	GUPPY	BAJO	PRIVADO	PRIVADO
6:00 PM	PRIVADO	SALAMANDRA	PECECILLO	GUPPY	SALMÓN	PRIVADO	PRIVADO

TARIFAS DE LAS CLASES DE NATACIÓN

CLASES GRUPALES	\$69	Clases de 8 a 30 min.	*Lecciones del 7/1 al 7/11 - \$ 60
CLASES PARTICULARES	\$92	Clases de 8 a 30 min.	*Lecciones del 7/1 al 7/11 - \$ 80

*Becas parciales disponibles.

BECAS PARA RECREACIÓN

Ningún niño debe ser excluido de participar en programas de recreación y servicios de cuidado infantil debido a limitaciones financieras familiares.

La ciudad de Medford se asocia con la Fundación de Parques y Recreación de Medford, una organización sin fines de lucro 501c3 para proporcionar descuentos en las tarifas a los niños que califiquen a través del Fondo de Becas Play Everyday y la Beca Acuática Rogue X Fund.

PARA SOLICITAR ASISTENCIA, HAGA CLIC EN EL BOTÓN "BECAS" EN PLAYMEDFORD.COM O ENVÍE UN CORREO ELECTRÓNICO A PARKS@CITYOFMEDFORD.ORG

Para hacer una donación deducible de impuestos al fondo de becas, visite medfordparksfoundation.org.



Película y Flotar



**SÁBADO
8-10PM
JUL 27
Rogue X**

Patrocinado por



Acompáñanos a ver una película en el ¡Agua!

Le película está incluida con admisión a la sesión.

Debe registrarse previamente para asistir. Ir a playmedford.com o llame al 541-774-2400 para obtener más infomacion.

NIVELES DE CLASES DE NATACIÓN

TODAS LAS LECCIONES INCLUYEN TEMAS DE SEGURIDAD EN EL AGUA.

PREESCHOLAR:

RENACUAJO (PADRE/TUTOR E HIJO) 6 meses-3 años
Presenta habilidades básicas que sientan las bases para aprender a nadar con el apoyo de los padres para bebés y niños pequeños. Los padres aprenden a trabajar de manera segura con su hijo en el agua utilizando fundamentos clave, como cómo sostener adecuadamente y alentar a su hijo a participar en el agua.

SALAMANDRA (NIVEL 1) Edad 3-6 años
Introduce habilidades acuáticas básicas y orienta a los estudiantes hacia el ambiente acuático aprendiendo a sentirse seguro cerca del agua con ayuda.

PECECILLO (NIVEL 2) Age 3-6yrs
Los estudiantes comienzan a desarrollar sus habilidades acuáticas de forma independiente en distancias más largas y aguas más profundas mientras continúan explorando acciones simultáneas y alternas de brazos y piernas en la parte delantera y trasera.

GUPPY (NIVEL 3) Edad 3-6 años
Los estudiantes comienzan a desarrollar sus habilidades acuáticas de forma independiente en distancias más largas y aguas más profundas mientras continúan explorando acciones simultáneas y alternas de brazos y piernas en la parte delantera y trasera.

EDAD DE LA ESCUELA:

PERCHA (NIVEL 1) Edad 7-13 años
Introduce habilidades acuáticas básicas y orienta a los estudiantes mayores al medio acuático, además, los estudiantes aprenderán Cómo estar seguro alrededor del agua con apoyo. Las habilidades que se enseñan se superponen a las que se enseñan en Salamandra y pececillo.

SILURO (NIVEL 2) Edad 7-13 años
Los estudiantes desarrollan aún más el brazo simultáneo y alterno y las acciones de las piernas en la parte delantera y trasera y mejorar sus habilidades de locomoción realizadas sin apoyo. Habilidades enseñadas se superponen a los que se enseñan en Guppy.

BAJO (NIVEL 3) Edad 7-13 años
Los estudiantes aprenderán a nadar estilo libre o crol y el preliminar estilo de espalda o dorso. Patada de tijera, patada de delfín y flotación de supervivencia son introducidos. Los estudiantes también aprenderán cómo entrar al agua de cabeza desde una posición sentada mientras se expande en habilidades previamente aprendidas.

TRUCHA (NIVEL 4) Edad 7-13 años
Los estudiantes aumentarán su resistencia y competencia en estilo libre o crol y estilo espalda elemental o dorso y comienzan a aprender la forma rudimentaria de brazada de costado y braza de pecho. Este nivel también presenta el estilo de espalda y la brazada de mariposa, así como realizar un giro abierto en una pared..

SALMÓN (LEVEL 5) Edad 7-13 años
Los estudiantes refinan los seis estilos de natación y mejoran su resistencia a mayores distancias. Los giros hacia adelante y hacia atrás son introducidos en esta etapa.

CLASES PRIVADAS (P) Edad 5 años+
Un alumno por instructor. Las lecciones se imparten al nivel en que el estudiante se encuentre. Las lecciones privadas deberán registrarse en una lista de espera maestra que está restringida a 8 lecciones consecutivas a la vez.

Edad: 5 años+ Día: Lunes-Viernes (sesión de 1 mes)
Duración: 30 min. Costo: \$92/sesión

¿A QUÉ GRUPO DE EDAD PERTENECE EL ESTUDIANTE?

6 meses-3 años: Renacuajo (Padre/Tutor e Hijo) | 3-6 años: Preescolar: Salamandra (Nivel 1) a Guppy (Nivel 3) 7-13 años: Edad escolar: Perca (Nivel 1) a Salmón (Nivel 5)

¿PARA QUÉ ETAPA ESTÁ PREPARADO EL ALUMNO?

¿Se siente cómodo el estudiante trabajando con un instructor sin un padre/tutor en el agua?	Todavía no ▶	RENACUAJO
¿El estudiante se sumergirá voluntariamente bajo el agua?	Todavía no ▶	SALAMANDRA
¿Puede el estudiante hacer un deslizamiento frontal, un deslizamiento trasero y	Todavía no ▶	PECECILLO
¿Puede el estudiante nadar de 15 a 25 pies por su cuenta?	Todavía no ▶	GUPPY
¿El estudiante se sumergirá voluntariamente bajo el agua?	Todavía no ▶	PERCHA
¿Puede el estudiante hacer un deslizamiento frontal, un deslizamiento trasero y	Todavía no ▶	SILURO
¿Puede el estudiante nadar de 15 a 25 yardas de crol y espalda elemental?	Todavía no ▶	BAJO
¿Puede el estudiante nadar de 15 a 25 yardas de crol, braza, crol y primaria? ¿espalda?	Todavía no ▶	TRUCHA
¿Puede el estudiante nadar de 25 a 50 yardas de crol, braza, crol y primaria? ¿Espalda con los estilos de giro adecuados?	Todavía no ▶	SALMÓN





**PLAY
CREATES
JOY**

BUGS R US

BUGS R US PRESENTATIONS

Children under 12 must be with a parent; no charge for parents attending with children.
Instructor: John Jackson.

Age: 3-12 | **Cost:** \$12

Additional \$3 for STEM Project Presentations

Place: Santo Community Center

Limit: Min 3 | Max 30

POND LIFE

This class provides an overview of aspects of local ponds.

Date: Mon | Jun 3 | 3-4PM

BUILD AN ELECTROMAGNET | STEM

Build an electromagnet using copper wire, electrical tape, a nail and a battery. *All materials provided. \$3 additional STEM fee.*

Date: Mon | Jul 22 | 3-4PM



BUTTERFLIES & MOTHS

Learn about the most beautiful of the insects and see examples of rare butterflies and moths from around the world.

Date: Fri | Aug 23 | 3-4PM

DISCOVERY PRESCHOOL SUMMER



Children enjoy a nurturing, supportive, and engaging environment while following a daily schedule. Explore different activities while being encouraged to be independent, curious, and form positive connections with their peers.

Discovery Fridays are optional, 3 to 5-year-olds come together for activities focused on play-based experiences, creating an enjoyable and enriching end to the week.

**All children enrolled in Discovery programs must have completed toilet training.*

Discovery 3's | Age: 3 | JUNE-AUGUST MONTHLY FEES

First Day of Discovery 3's Summer: Jun 17 | Last Day of Discovery 3's Summer: Aug 23

PRESCHOOL 9AM-NOON	RESIDENT (MONTHLY PAYMENT)	NON-RESIDENT (MONTHLY PAYMENT)
Mon & Wed	\$82	\$88
Tue & Thu	\$82	\$88
1 Day: Fri (Optional) 9AM-12:30PM	\$45	\$51
BEFORE CARE 7:30-9AM	RESIDENT (MONTHLY PAYMENT)	NON-RESIDENT (MONTHLY PAYMENT)
Mon & Wed	\$32	\$38
Tue & Thu	\$32	\$38
Fri (Optional)	\$15	\$21
AFTER CARE NOON-5:30PM	RESIDENT (MONTHLY PAYMENT)	NON-RESIDENT (MONTHLY PAYMENT)
Mon & Wed	\$86	\$92
Tue & Thu	\$86	\$92
Fri (Optional)	\$36	\$42
<i>First Day: Jun 17 Last day: Aug 23</i>		



Discovery 4/5's Summer | Age: 4-5 | JUNE-AUGUST MONTHLY FEES

(Entering Kindergarten for 2024-25 School Year)

First Day of Discovery 4/5's Summer: June 17 | Last Day of Discovery 4/5's Summer: Aug 23

CAMP 9AM-12:30PM	RESIDENT (MONTHLY PAYMENT)	NON-RESIDENT (MONTHLY PAYMENT)
Mon-Thu	\$190	\$196
Fri (Optional)	\$45	\$51
BEFORE CARE 7:30-9AM	RESIDENT (MONTHLY PAYMENT)	NON-RESIDENT (MONTHLY PAYMENT)
Mon-Thu	\$64	\$70
Fri (Optional)	\$15	\$21
AFTER CARE 12:30-5:30PM	RESIDENT (MONTHLY PAYMENT)	NON-RESIDENT (MONTHLY PAYMENT)
Mon-Thu	\$152	\$158
Fri (Optional)	\$36	\$42
<i>First Day: Jun 17 Last day: Aug 23</i>		



No School Days:

Jun 19 - Juneteenth | Jul 4 & 5 - Fourth of July

DISCOVERY 3's Discovery 3's Age: 3

Discovery 3's builds a sense of community within the classroom by nurturing every aspect of their development, including cognitive, social, emotional, and physical growth. Through hands-on activities, play-based learning, and meaningful interactions, curiosity, creativity, and exploration! The school's supportive environment fosters a sense of belonging and encourages children to express themselves while building skills for future success.

DISCOVERY 3'S			DISCOVERY 3'S	
Preschool 9AM-Noon	Mon-Wed	Tue-Thu	Preschool 9AM-Noon	Fri
	\$145 Resident	\$151 Resident		\$54 Resident
	\$151 Non-Resident	\$157 Non-Resident		\$60 Non-Resident
Before Care 7:30-9AM	Mon-Wed	Tue-Thu	Before Care 7:30-9AM	Fri
	\$51 Resident	\$55 Resident		\$25 Resident
	\$57 Non-Resident	\$61 Non-Resident		\$31 Non-Resident
After Care Noon-5:30PM	Mon-Wed	Tue-Thu	After Care Noon-5PM	Fri
	\$123 Resident	\$132 Resident		\$54 Resident
	\$129 Non-Resident	\$138 Non-Resident		\$60 Non-Resident

*Before & After Care are for participants enrolled in our monthly preschool program

Discovery Fridays is offered as an optional choice, with before and after care specifically provided to participants in Discovery 4/5's and 3's. On Fridays, 3 to 5-year-olds come together for activities focused on play-based experiences, creating an enjoyable and enriching end to the week.

DISCOVERY 4/5's Discovery 4/5's Age: 4-5

Our curriculum promotes a love of learning in your child's introduction to the classroom setting. An introduction to letters, numbers, colors, and shapes. Focus on problem-solving, communication, collaboration, and critical thinking. Activities are based around fine and gross motor skills, social and cognitive skills, and basic kindergarten readiness skills. We believe in learning through play, integrating academic materials with hands-on experience, exploration, social interactions, teacher, and self-directed activities.

DISCOVERY 4/5'S		DISCOVERY FRIDAYS AGE 3-5 OPTIONAL	
Preschool 9AM-12:30PM	Mon-Thu	9AM-Noon	Fri
	\$315 Resident		\$54 Resident
	\$321 Non-Resident		\$60 Non-Resident
Before Care 7:30-9AM	Mon - Thu	Before Care 7:30-9AM	Fri
	\$105 Resident		\$25 Resident
	\$111 Non-Resident		\$31 Non-Resident
After Care 12:30-5:30PM	Mon - Thu	After Care 12:30-5PM	Fri
	\$255 Resident		\$54 Resident
	\$261 Non-Resident		\$60 Non-Resident

*Before & After Care are for participants enrolled in our monthly preschool program

**Discovery 3's, 4/5's
No School Days:**
 Sep 2: Labor Day
 Sep 27: Teacher In-Service
 Nov 11: Veterans Day
 Nov 25-29: Thanksgiving Break
 Dec 6: Teacher In-Service
 Dec 23-Jan 3: Winter Break
 Jan 20: Martin Luther King Jr Day
 Feb 17: Presidents Day
 Mar 24-28: Spring Break
 Apr 25: Teacher In-Service
 May 26: Memorial Day



DISCOVERY FRIDAYS

Discovery Fridays offer children a chance to interact with peers in a dynamic and stimulating, safe and enriching setting. Children get the opportunity to play and develop their social and emotional skills. This arrangement allows parents flexibility on Friday mornings to attend to necessary tasks. * All children attending the program must have completed toilet training.

Drop-In: Discovery Friday drop-ins must be registered by Wednesday for activity and staff preparation, register online at playmedford.com or by calling 541-774-2400.

Ages: 3-5
Registration Opens May 10
Discovery Friday Starts: Sept 6
Last Day: May 30

DISCOVERY FRIDAYS AGES 3-5 DROP-IN	
9AM-Noon	\$15 Resident
	\$21 Non-Resident
DISCOVERY FRIDAYS AGES 3-5 MONTHLY FEE'S	
9AM-Noon	\$54 Resident
	\$60 Non-Resident

No School Days:

Sep 27: Teacher In-Service | Nov 25-29: Thanksgiving Break | Dec 6: Teacher In-Service
Dec 23-Jan 3: Winter Break | Apr 25: Teacher In-Service

Before & After Care are for participants enrolled in our monthly Monday-Thursday preschool program



ENCHANTED EXPERIENCES

Princess-themed youth enrichment classes.
All children must be accompanied by an adult.

MERMAID TREASURE BOXES

Join the Mermaid Princess to decorate your own treasure box. Hone your creative skills so you can store your favorite whozits, whatsits, and thingamajigs in style! Photo opportunities available.

Age: 3-10
Day: Sat
Date: Jul 20
Time: 11AM-Noon
Place: Santo Community Center
Cost: \$25
Limit: Min 6 | Max 20

CHALK ART WITH THE ARABIAN PRINCESS

Fly on your magic carpet to join our Arabian Princess and create your very own chalk art! Activity is outside, so a towel or yoga mat is suggested to support clean and comfortable seating, and don't forget to wear sunscreen first! Chalk is provided.

Age: 3-10
Day: Sat
Date: Jul 27
Time: 11AM-NOON
Place: Santo Community Center
Cost: \$21
Limit: Min 6 | Max 20

SUNFLOWER BANNERS WITH QUEEN ANA

Join Queen Ana for Sunflower Banner making to hone creative and fine motor skills, and take home your own decorative banner! Autographs and photo opportunities available.

Age: 3-10
Day: Sat
Date: Aug 10
Time: 11AM-Noon
Place: Santo Community Center
Cost: \$22
Limit: Min 6 | Max 20

SUMMER DANCE CAMPS

From ballet to hip-hop, swimming to nature strolls, come and hang out this summer! Explore dance technique, improvisation, and fun group games! Be sure to pack a lunch, a snack, a swimsuit and towel. **Instructor: Sarah Ginther.**

Age: 6-10
Day: Mon-Thu
Time: 9AM-2PM
Session 1: Jun 17-20
Session 2: Jul 22-25
Session 3: Aug 19-22
Cost: \$74 per camper/week
Place: Rogue X- Dance Room
Limit: Min 6 | Max 12



SUMMER DAY CAMP REGISTRATION BEGINS APRIL 24!

Day camps feature a structured layout aimed at ensuring secure, age-appropriate activities that nurture social skills, kindle new interests, and promote physical activity.

Time: 9AM–5:30PM

Place: Santo Community Center

Cost: \$119 | Week 2: \$95 | Week 4: \$72

Before Care: 7:30-9:00AM

Cost: \$29/Week | Week 2: \$24 | Week 4: \$18

Camp Age Groups:

Grade going into 24-25 school year.

Pioneers: 1st-2nd grade

Explorers: 3rd-4th grade

Trailblazers: 5th-6th grade

WEEK	DATES
Week 1	Jun 10-14
Week 2**	Jun 17-21 *No CAMP Jun 19
Week 3	Jun 24-28
Week 4***	Jul 1-3 *No Camp Jul 4+5
Week 5	Jul 8-12
Week 6	Jul 15-19
Week 7	Jul 22-26
Week 8	Jul 29-Aug 2
Week 9	Aug 5-9
Week 10	Aug 12-16
Week 11	Aug 19-23

ART IN THE AFTERNOON FOR TEENS

Explore an array of different art techniques each afternoon while also learning about different artists. Camp includes drawing with pencil and charcoal, painting, mixed media approaches, and additive sculpture. **Instructor: Ashley Quast.**

Age: 11-16

Day: Mon-Thu

Date: Aug 5-8

Time: 1-4PM

Place: Santo Community Center

Cost: \$78

Limit: Max 8

ART IN THE AFTERNOON CAMP

Explore an array of different art techniques each afternoon while also learning about different artists. Camp includes drawing with pencil and charcoal, painting, mixed media approaches, and additive sculpture. **Instructor: Ashley Quast.**

Age: 8-12

Day: Mon-Thu

Date: Aug 12-15

Time: 1-4PM

Place: Santo Community Center

Cost: \$78

Limit: Max 8

I CAN PLAY UKULELE/GUITAR!

Learn the fundamentals of playing the ukulele/guitar in a fun environment! Acquire the skills to play the most common chords and rhythms and your favorite songs. No experience needed. Bring an instrument or rental instruments are available at the first class. Ages 6-15. **Presented by Rogue Music Lessons.**

I CAN PLAY UKULELE!

Day: Mon

Session 1: Jun 3-24 | **Session 2:** Jul 8-29

Session 3: Aug 5-26

Time: 5-6PM

Place: Rogue X

Cost: \$85

Limit: 3 Min | 12 Max

I CAN PLAY GUITAR!

Day: Mon

Session 1: Jun 3-24 | **Session 2:** Jul 8-29

Session 3: Aug 5-26

Time: 6-7PM

Place: Rogue X

Cost: \$85

Limit: 3 Min | 12 Max



2024 REC TENNIS SUMMER CAMPS



8:1 Student - instructor ratio per court

register at rectennis.com | info@rectennis.com | Inclement Weather: 971.800.2011

CAMP SESSION DATES: Session 1: Jun 10-14 | Session 2: Jun 17-21 | Session 3: Jun 24-28

Session 4: Jul 1-3 | Session 5: Jul 8-12 | Session 6: Jul 15-19 | Session 7: Jul 22-26

Session 8: Jul 29-Aug 2 | Session 9: Aug 5-9 | Session 10: Aug 12-16 | Session 11: Aug 19-23

RED BALL

Develop the ABC's of tennis (agility, balance and coordination) through games while also introducing proper technique that enables young players to rally. Age/skill appropriate sized nets, racquets, and balls are provided. Beginner level camp.

Age: 5-7

Day: Mon-Fri

Time: 9AM-Noon

Place: Fichtner-Mainwaring Park

Cost: \$151

Limit: Max 16



ORANGE BALL

Fun games are used to develop agility, balance and coordination while also introducing proper technique that enables players to rally. Age/skill appropriate sized nets, racquets, and balls are provided. Players are grouped by age and skill level. As players progress, focus is on the fundamentals necessary to serve and rally using a game-based curriculum. Beginners are welcome.

Age: 8-10

Day: Mon-Fri

Time: 9AM-Noon

Place: Fichtner-Mainwaring Park

Cost: \$151

Limit: Max 16

GREEN BALL

Camp is for junior players looking to develop their skills and gain more on-court experience. Players are grouped by age and skill level. Build proper footwork and racquet mechanics. Focus is on teaching the basics of rallying, serving, and keeping score. At this level, players will be able to play full-size courts. Beginners are welcome.

Age: 11-13

Day: Mon-Fri

Time: 9AM-Noon

Place: Fichtner-Mainwaring Park

Cost: \$151

Limit: Max 16

HIGH SCHOOL

For High School players ages 14-17 who have established the fundamentals of Green Ball. Rally and serve using standard yellow tennis balls and keep score. Focus is on doubles, singles positioning and tactics utilized in match play. The balls, courts and racquets at this level are used in the majority of adult matches and at the professional level.

Age: 14-17

Day: Mon-Fri

Time: 9AM-Noon

Place: Fichtner-Mainwaring Park

Cost: \$151

Limit: Max 16

COACH CARMICHAEL SOCCER CAMP

Build skills and enjoyment of the game. Learn ball techniques to enhance game awareness and productivity. Experienced players from Southern Oregon University and head coach Davie Carmichael lead the camp.

Age: 5-14

Date: Session 1: Jun 24-27 | Session 2: Jul 15-18

Day: Mon-Thu

Time: 9AM-Noon

Cost: \$151

Place: Field 14 at Lithia & Driveway Fields

Limit: Max 40



NORTH MEDFORD YOUTH FOOTBALL CAMP

Gain basic football skills and help your team in the upcoming season. Learn the fundamentals of blocking, tackling, passing, catching, kicking and other specialties, with an emphasis on having fun. Improve skills as well as playing games to further the enjoyment of the game.

Age: 6-14

Day: Tue-Thu

Date: Jul 9-11

Time: 9-11AM

Place: Lithia & Driveway Fields - Field 10 Gary Wheeler Stadium

Cost: \$75

Max Number of Campers: 250+



COACH CKP'S BASKETBALL CAMP

Led by Southern Oregon University's women's basketball coaches and players, this camp teaches the fundamental techniques including passing, dribbling, footwork, shooting, defense, and teamwork. Each day is designed to work on basic skills through fun activities that transition into scrimmages. Coed.

Age: 8-14

Date: Jun 17-20

Day: Mon-Thu

Time: 1-4PM

Cost: \$151

Maximum Number of Campers: 100

Camp Location: Rogue X



WEST COAST GOLF ACADEMY JUNIOR CAMPS

AT STONERIDGE GOLF CLUB

From tee to green, get instruction on every aspect of the game including full swing, short game, rules, and etiquette. Each camp is led by a certified PGA Professional who teaches skills to succeed on and off the course. No matter the child's age or ability, instruction is available.

Ask about PGA Junior League! WCGA is growing the game one golfer at a time.

For more info., email: contact@westcoastga.com.

Age: 7-16 (Beginner-Advanced Players Welcome!)

Day: Mon-Wed

Time: 9-11:30AM

Cost: \$149 per camper/per week

Camp Dates:

Session 1: Jun 17-19 | Session 2: Jun 24-26

Session 3: Jul 8-10 | Session 4: Jul 15-17

Session 5: Jul 22-24 | Session 6: Jul 29-31

Session 7: Aug 5-7 | Session 8: Aug 12-14

JUNIOR GOLF

Golf is a lifelong recreational activity. Receive instruction from golf professionals in all phases of the game. Bring golf clubs if possible as "loaner" clubs are limited.

Age: 7-16

Day: Sat

Session 1: Jun 8, 15, 22

Session 2: Jul 13, 20, 27

Session 3: Aug 10, 17, 24

Time: 11-11:45AM

Place: Centennial Golf Club,

1900 North Phoenix Rd., Medford

Cost: \$56 Resident | \$62 Non-Resident

Limit: Min 4 | Max 10



LITTLE HOOPSTERS

The perfect introduction to basketball for kids. Fundamentals are taught in a fun, recreational atmosphere. Games are played after group and individual instruction in dribbling, passing and shooting technique and defensive concepts. Each child receives a numbered jersey and an end of year participation medal. **Instructor: Recreation Staff**

SUMMER SESSION

Date: Jul 14, 21, 28, Aug 4, 11

Place: Santo Community Center, Gym

Register by: Jul 8

Age: 5-6, 7-8

Day: Sun

Time: Ages 5-6 | 10-10:45AM

Ages 7-8 | 11-11:45AM

Cost: \$49 Resident | \$55 Non-resident

Limit: Min 10 | Max 24 (per age group)

SPEC REC SPORT SAMPLER

Designed and geared toward children with special needs. Any individual with a physical or intellectual challenge may participate. A different sport is featured every week to allow youth the opportunity to experience a variety of activities in a safe, focused and comfortable environment. Coaches teach the basics of the sport through instruction and practice and apply these skills in games. Teams and groups are determined by size and ability level. At the end of each session, there is an hour of open gym for participants to practice their skills with their new friends! **Contact recreation coordinator, Dan Ghelfi at Daniel.Ghelfi@cityofmedford.org for more information.**

Date: Jul 13-Aug 17

Age: 5-13

Day: Sat

Time: 3-5PM

Place: Santo Community Center Gym

Cost: \$42

Limit: Min 12 | Max 24

HAVE A BALL!
REGISTER TODAY

TOT SPORTS SAMPLER

Designed for young children as an introduction to soccer, baseball/softball, and basketball. All three sports are "sampled" in an hour under the tutelage of our experienced sports clinic staff. Includes clinic t-shirt. All equipment included. **Instructor: Recreation Staff**

Age: 3-5

Day: Sun

Time: 3:30-4:30PM

Dates:

Session 1: Jun 9, 16, 23

Session 2: Jul 14, 21, 28

Session 3: Aug 4, 11, 18

Session 4: Sep 8, 15, 22

Cost: \$36 Resident | \$42 Non-Resident

Limit: Min 6 | Max 14

Place: Santo Community Center, Gym



KIDS KARATE

Learn valuable self-defense skills in a fun, game oriented Karate class. Work your way to black belt and gain confidence and become a leader. *More info at DojoToYou.com. Instructors: Jeremy & Josh Roarty*

Age: 5-14

Day: Mon & Wed

Session 1: May 6-29 (No class May 27)

Session 2: Jun 3-26 (No class Jun 19)

Session 3: Jul 15-Jul 24

Session 4: Jul 29-Aug 21

Time: 5-5:45PM

Place: Rogue X

Cost: S1&2: \$55 Resident | \$61 Non-Resident

S3&4: \$62 Resident | \$68 Non-Resident

Limit: Min 8 | Max 20

*See page 21
for Instructors Bio.*

FAMILY KARATE

Learn Karate with your child. Experience valuable self-defense skills in a fun, game-oriented Karate class. Work together to black belt, gain confidence, and become leaders! *More info at DojoToYou.com. Instructors: Jeremy & Josh Roarty*

Age: 5-Adult

Day: Sat

Session 1: May 11-Jun 1

Session 2: Jun 8-29

Session 3: Jul 15-27 (No class Jul 6)

Session 4: Aug 10-24 (No class Aug 3)

Time: 11AM-NOON

Place: Rogue X

Cost: S1&2 \$33 Resident | \$39 Non-Resident

S3&4 \$25 Resident | \$31 Non-Resident

Limit: Min 8 | Max 20

ICE SKATING AT THE RRRINK

1349 Center Dr., Medford.



LEARN TO SKATE - BASIC SKILLS

Be a part of The RRRink's Learn to Skate USA program and learn the FUNdamentals of ice skating. Perfect introduction for kids to learn with safety as a primary focus.

Session 1 (6 Weeks)

Age: 6+

Day: Tue

Date: May 21-Jun 25

Time: 5:30-6PM

Cost: \$122

Limit: Min 8 | Max 12

LEARN TO SKATE - SNOWPLOW

Snowplow Sam, a part of the Learn to Skate USA curriculum, allows young children to develop the ABCs of movement in a safe and fun manner. Lessons incorporate fun and games.

Session 1 (6 Weeks)

Age: 3-5

Day: Tue

Date: May 21-Jun 25

Time: 5:30-6PM

Cost: \$122

Limit: Min 6 | Max 12



HOMESCHOOL ICE SKATING LESSONS

Learn the basics of ice skating with Learn to Skate USA certified instructors. Skaters receive 30 minutes of instruction as well as 30 minutes of free time each day.

Session 1 (6 Weeks)

Age: 6-17

Day: Tue

Date: May 21-Jun 25

Time: 10-11AM

Cost: \$122

Limit: Min 6 | Max 12

JUNIOR GIANTS

The Medford Parks and Recreation Department partners with the San Francisco Giants Community Fund to offer a FREE, high-quality youth baseball & softball program that emphasizes the “Four Bases of Character” - teamwork, leadership, integrity, and self-confidence. Participants receive a t-shirt, cap, and other incentive-based premiums. Register online at gojrgiants.org

Volunteers needed!

Registration starts Apr 1 and goes through May 31.
Program runs the week of June 10 through Aug 1.

Ages: 5-13
Cost: FREE



First Pitch Parent Meeting: Tue May 21

Time:

T-Ball, Coach Pitch, Challenger: 5:45PM, May 21

Baseball & Softball divisions: 7PM, May 21

Place: Santo Community Center, Gym

Coach and Volunteer Meeting: Wed Jun 5

Time: 6PM

Place: Santo Community Center, Gym

Coaches Clinic: Thursday, June 6, 5:30PM

at Fagone Field

Season: Week of Jun 10-Week of Jul 29 (8 weeks)

Place: Practices – Various City Parks

Games - Quality Fence Fields at Bear Creek Park

LEAGUE	AGES	DAYS	CAPACITY
T-Ball	5-6	Mon & Wed	150
Coach Pitch	6-7	Mon & Wed	120
Challenger	5-13	Mon & Wed	30
Baseball Minors	8-10	Tue & Thu	150
Baseball Majors	11-13	Tue & Thu	60
Softball Minors	5-7	Tue & Thu	30
Softball Majors	8-10	Tue & Thu	30

ROGUE VALLEY YOUTH LACROSSE CAMP

Kick off summer playing the fastest game on two feet; Lacrosse! 16-year Southern Oregon University head lacrosse coach, Mark Brown leads the camp. No experience is required. Learn the fundamentals of the game with an emphasis on sportsmanship and having fun.

Age: 7-17 | Day: Mon-Thu | Date: Jun 17-20

Time: 9AM-Noon

Place: Field 14 at Lithia & Driveway Fields

Cost: \$149 | Limit: Max 50

FREE BASEBALL & SOFTBALL CO-ED YOUTH SUMMER LEAGUE

JUNIOR GIANTS CELEBRATES DIVERSITY - ALL ARE WELCOME TO PLAY!

CONFIDENCE
TEAMWORK
LEADERSHIP
INTEGRITY

VOLUNTEERS NEEDED!

TO SIGN UP, VISIT: GOJRGIANIS.ORG



YOUTH INDOOR SOCCER

Our flagship youth sports program – where many kids begin their soccer careers. This introductory league develops basic skills and teaches teamwork in a relaxed, recreational setting. Games are fun for the kids and families alike! Players receive a jersey and a participation medal. Volunteers, usually parents, serve as team coaches.

Age: 4-5, 6-8

Cost: \$53 Resident | \$59 Non-Resident

Limit: 80, 4-5 yr. olds | 64, 6-8 yr. olds

Practices: One weeknight per week (Mon-Thu) TBD. at Rogue X

Practices at either 5:45 or 6:45PM starting Mon, Jul 8

Games: Sat between 9AM-1PM starting in Jul

Game Place: Santo Community Center, Gym

SUMMER SESSION

Date: Jul 8-Aug 17

Register by: Mon, Jun 17

Parents Meeting: (optional) Tue, Jun 25 | 6PM | Santo Community Center, Main Hall

Coaches Meeting: Thu, Jun 27 | 6PM | Santo Community Center, Main Hall

Meetings Location: Santo Community Center, Main Hall



YOUTH INDOOR VOLLEYBALL CAMP

Get a head start on the upcoming school volleyball season. From beginner to advanced, all players will improve in skill, no matter what position they play.
Instructors: Carmen and Aubrey Kievit

Grade: Incoming 6-10th graders
 Day: Tue-Thu
 Date: Jul 30-Aug 1
 Time: 9AM-1PM
 Place: Rogue X
 Cost: \$76 per player
 Limit: Min 8 | Max 42

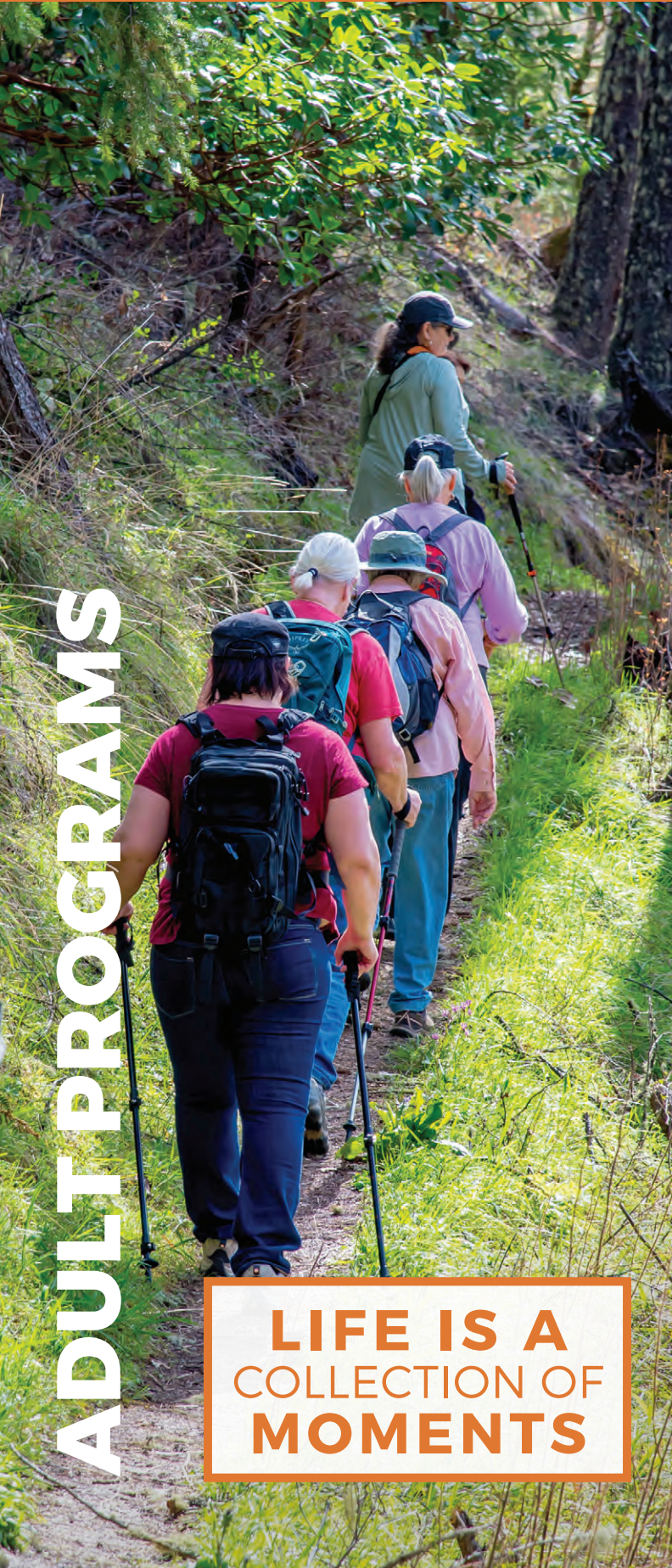
YOUTH BEACH VOLLEYBALL CAMP

Take your game to the next level by practicing serving, passing, hitting, setting, and teamwork. Players are divided by age and skill level. Each participant receives a camp t-shirt.
Instructors: Carmen and Aubrey Kievit

Age: 8-15
 Day: Tue-Thu
 Date: Jun 25-27
 Time: 8:30-11AM
 Place: Fichtner-Mainwaring Park Sand Volleyball Courts
 Cost: \$64 per person
 Limit: Min 6 | Max 40



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**JOIN THE CLUB AND
 MAKE NEW FRIENDS!**
REGISTER TODAY



**LIFE IS A
COLLECTION OF
MOMENTS**

ART WITH ASHLEY

Instructor Bio: Ashley Quast

Ashley "Q" Quast is an interdisciplinary artist, working in various mediums ranging from printmaking to sculpture. She received her MFA from Washington State University and is currently part of the fine arts faculty at two universities.

BOTANICAL PRINTS: LINO CUT

Discover the boldness of relief printing with Linocut methods. Print black and white botanicals and hand color with watercolor. Course covers carving, inking, and printing. Subject matter will focus on the natural world.

Age: 16+
Day: Mon
Date: Jul 15-29
Time: 5:30-7:30PM
Cost: \$37 Resident | \$43 Non-Resident
Place: Santo Community Center
Limit: Max 8

DRAWING WITH PENCIL AND CHARCOAL

Hone your drawing skills by learning observational drawing and other exercises. Each week delves into different formal concepts within art. Explore composition, value, and more while learning to render with pencil and charcoal.

Age: 16+
Day: Tue
Date: Jul 9-30
Time: 5:30-7PM
Cost: \$45 Resident | \$54 Non-Resident
Place: Santo Community Center
Limit: Max 10



WATERCOLOR AND WILDFLOWERS

Create bright, dynamic compositions with a focus on blooms and other plant life. Learn basic watercolor methods and application of color. Each class focuses on a different subject. No experience required.

Age: 16+
Day: Tue
Date: Aug 6-27
Time: 5:30-7PM
Cost: \$63 Resident | \$69 Non-Resident
Place: Santo Community Center
Limit: Max 15



MOSAIC: PIECE BY PIECE

Learn the process of mosaic and create a beautiful wall hanging. Create an address plaque or your own imagined design. Class covers design elements, glass tile cutting, and grout application.

Age: 16+

Day: Mon

Date: Aug 5-26

Time: 5:30-7PM

Cost: \$65 Resident | \$71 Non-Resident

Place: Santo Community Center

Limit: Max 10



WOODCUT PRINTS

Learn to carve a wooden block and create your own print. This class covers the technique of reductive carving and allows for multiple layers of color. Course covers carving, registration, inking, and printing.

Age: 16+

Day: Fri

Date: Aug 9-30

Time: 9-11AM

Cost: \$63 Resident | \$69 Non-Resident

Place: Santo Community Center

Limit: Max 10

MARVELOUS MONOTYPES

Each week learn a different style of monotype printmaking. Work in a painterly manner, explore collage, and work with natural impressions. Create several beautiful, completed works. Course covers various monotype techniques and printing.

Age: 16+

Day: Wed

Date: Aug 7-28

Time: 5:30-7:30PM

Cost: \$37 Resident | \$43 Non-Resident

Place: Santo Community Center

Limit: Max 15

**EXERCISE YOUR
CREATIVITY!
REGISTER TODAY**



THE PHOTO FORUM

Explore, discuss, learn, and share. An ongoing, weekly, forum-style discussion of all things photography. From novice to pro. *Before registering please email mddaphotoforum@gmail.com for more information.*

Age: 18+

Day: Sat

Date: Every Sat from May-Aug

Time: 10-11:30AM

Place: MDDA Studio

33 N. Central Ave. Suite 212 (The Woolworth Building)

Cost: \$25 per Saturday Session

Limit: Min 1 | Max 6

THE EVERYDAY ARTIST

Explore individual creativity for work or play. An 8-week course designed to bring out the everyday artist in everyone. An inquisitive mind, a willingness to explore, and a notebook is all that's required! *Before registering please email mddaphotoforum@gmail.com for more information.*

Ages: 18+

Day: Wed

Date: May 15-Aug 21 (1 session every other week)

Time: 5:30-7PM

Place: MDDA Studio

33 N. Central Ave. Suite 212 (The Woolworth Building)

Cost: \$200 for all 8 sessions

Limit: Min 1 | Max 6

SUGAR COOKIE DECORATING

Explore the world of royal icing while decorating a fun set of themed cookies! No experience needed and all materials provided. Leave the class with tricks, tips and recipes, along with an adorable set of cookies created by YOU! *Instructor: Marne Borecki*

Age: 10+ (10-13 must be accompanied by an adult)

Session 1: Thu | Jun 13 | Llama Love

Session 2: Tue | Jul 30 | Taco Tuesday

Time: 6-8PM

Place: Rogue X

Cost: \$65 per person

Limit: Min 6 | Max 25

ADULT GOLF

Golf is a lifelong recreational activity. Receive instruction from golf professionals in all phases of the game. Bring golf clubs if possible as "loaner" clubs are limited.

Age: 17+

Day: Sat

Session 1: Jun 8, 15, 22

Session 2: Jul 13, 20, 27

Session 3: Aug 10, 17, 24

Time: Noon-1PM

Place: Centennial Golf Club,

1900 North Phoenix Rd., Medford

Cost: \$69 Resident | \$75 Non-Resident

Limit: Min 4 | Max 10

BEGINNING BALLROOM, LATIN AND SWING

Learn to dance, exercise and meet new people at the same time! The instructor is experienced, enthusiastic and keeps a lighthearted learning atmosphere. *Instructor: Cori Grimm*

Session 1: Jun 3-17 | Swing

Session 2: Jun 24-Jul 8 | Salsa/Bachata

Session 3: Jul 29-Aug 12 | Tango

Day: Mon

Time: 6:30-7:30PM

Place: The Evergreen Ballroom

6088 Crater Lake Ave. Central Point

Cost: \$22/person (3-week session)

Limit: Max 40

YOGA WITH MIRIAM WEEKLY

Instructor Bio: Miriam Weekly

Miriam is a certified yoga instructor who has been teaching for six years and practicing for almost 20. Trained through the Rasa Yoga Teacher training in 2018, she has taught a variety of classes from Power Vinyasa to Chair Yoga.

SLOW-FLOW YOGA

Slow-flow yoga for all levels. Bring a yoga mat and yoga blocks. *Instructor: Miriam Weekly*

Age: 18+

Session 1: Jun 3-12

Session 2: Jul 1-31

Session 3: Aug 5-28

Day: Mon & Wed

Time: 9-10AM

Cost: Session 1: \$25 Resident | \$31 Non-Resident

Session 2: \$61 Resident | \$67 Non-Resident

Session 3: \$49 Resident | \$55 Non-Resident

Place: Santo Community Center

Limit: Max 15

VINYASA FLOW YOGA

Move with the breath while working toward more strength and flexibility in a faster-paced class with more challenging poses. Bring a yoga mat and yoga blocks. *Instructor: Miriam Weekly*



Age: 18+

Session 1: Jun 4 & 11

Session 2: Jul 2-30

Session 3: Aug 6-27

Day: Tue

Time: 9-10AM

Cost: Session 1: \$13 Resident | \$19 Non-Resident

Session 2: \$31 Resident | \$37 Non-Resident

Session 3: \$25 Resident | \$31 Non-Resident

Place: Santo Community Center

Limit: Max 15

SENIOR CHAIR YOGA

Move off the mat and onto the chair. Gain flexibility and strength. Reduce stress while retaining all the benefits of yoga. *Instructor: Miriam Weekly*

Age: Seniors

Place: Santo Community Center

Limit: Max 15

SESSION	DAY
	MONDAY
Session 1:	Jun 3 & 10
Cost:	\$13 Resident \$19 Non-Resident
Session 2:	Jul 1-29
Cost:	\$31 Resident \$37 Non-Resident
Session 3:	Aug 5-26
Cost:	\$25 Resident \$31 Non-Resident
	WEDNESDAY
Session 1:	Jun 5 & 12
Cost:	\$13 Resident \$19 Non-Resident
Session 2:	Jul 3-31
Cost:	\$31 Resident \$37 Non-Resident
Session 3:	Aug 7-28
Cost:	\$25 Resident \$31 Non-Resident

PICKLEBALL INSTRUCTION

Beginner Class emphasizes fundamental strokes, serving, rules and terminology. Intermediate class will work on techniques and strategy to improve consistency and skill level. Limited "loaner" paddles available. *Instructed by Experienced Recreation Staff*

Age: 15+

Session 1: May 8 & 15

Session 2: Jun 5 & 12

Day: Wed

Time: Beginner: 10-11:45AM

Intermediate: 8-9:45AM

Place: Session 1: Santo Community Center

Session 2: Rogue X

Cost: \$29 Resident | \$35 Non-Resident

Limit: Min 3 | Max 8

TAI CHI WITH JEREMY & JOSH



Instructors Bio: Jeremy & Joshua Roarty

Jeremy and Joshua Roarty have been studying Martial Arts for over 30 years and have trained with various Tai Chi masters from the US and China. *For more info, go to DojoToYou.com*

TAI CHI

Explore the movement of your body through exercises led by the Tai Chi Twins. Increase strength, flexibility and balance through breathing, stretching, single-movement exercises & walking exercises.

Age: 18+

Session 1:

Mon: May 6-20 (\$25 R | \$30 NR)
Tue/Thu: May 7-30 (\$62 R | \$68 NR)
Sat: May 11-Jun 1 (\$33 R | \$39 NR)

Session 2:

Mon: Jun 3-24 (\$33 R | \$39 NR)
Tue/Thu: Jun 4-27 (\$62 R | \$68 NR)
Sat: Jun 8-29 (\$33 R | \$39 NR)

Session 3:

Mon: Jul 1-22 (\$33 R | \$39 NR)
Tue/Thu: Jul 2-25 (\$55 R | \$61 NR) *(No class Jul 4)*
Sat: Jul 13-27 (\$25 R | \$30 NR)

Session 4:

Mon: Jul 29-Aug 19 (\$33 R | \$39 NR)
Tue/Thu: Jun 30-Aug 22 (\$62 R | \$68 NR)
Sat: Aug 10-24 (\$25 R | \$30 NR)

Day/Time: Mon 6-7PM | Tue/Thu 9-10AM | Sat 9-10AM

Place: Rogue X

Cost: See Above Resident (R) | Non-Resident (NR)

Limit: Min 8 | Max 20

BASIC SELF-DEFENSE

Combines common sense concepts and basic physical techniques that are easy to learn and use. Learn how to de-escalate a confrontation. If action is required, the goal is to disable the assailant and get away.

Age: 18+

Date: Jun 13

Day: Thu

Time: 2-5PM

Place: Rogue X

Cost: \$33 Resident | \$39 Non-Resident

Limit: Min 8 | Max 20

TAI CHI LONGEVITY

Designed to help improve the quality of life as we grow older. Helps to aid in recovery. Incorporates Quigong (*Chi Kung*) exercises & pressure point massage.

Age: 18+

Day: Sat

Session 1: Jun 15

Session 2: Aug 17

Time: 2-3:30PM

Place: Rogue X

Cost: \$20 Resident | \$26 Non-Resident

Limit: Min 5 | Max 20

KALI

Kali is a Filipino martial art known for its lightning-fast movement. The primary focus is on learning how to use a stick in self-defense, but also incorporates striking with the hand and joint-locking.

Age: 18+

Day: Sat

Session 1: May 11-Jun 1

Session 2: Jun 8-29

Session 3: Jul 13-27

Session 4: Aug 10-24

Time: 12-1PM

Place: Rogue X

Cost: S1&2: \$33 Resident | \$39 Non-Resident

S3&4 \$25 Resident | \$31 Non-Resident

Limit: Min 8 | Max 20



AQUATIC TAI CHI

See Page 4



CERTIFYING RED CROSS CPR

Learn adult CPR, optional child and infant CPR, AED and first aid. Not intended for health care professionals. Certification is valid for two years. **Instructor:** Daryl Armstead, Certified CPR/First Aid/Lifeguard.

Age: 18+

Day: Sat

Session 1: Jun 22

Session 2: Jul 27

Session 3: Aug 24

Time: 9:30AM-2PM

Place: Rogue X

Cost: \$73 Resident | \$79 Non-Resident

Limit: Min 4 | Max 12



CLASSES WITH HEALTH COACH MARC MASON

Instructor Bio: Marc Mason

Marc is an experienced, certified health coach with a focus on whole-life wellness and adaptive exercise. Contact Marc at marc@backonkilter.com for more information.

COACH MARC'S SENIOR BOOT CAMP 55+

Get two days a week of exercise programming led by fitness expert, Marc Mason. Minimal equipment needed. Attend via Zoom. Consult instructor for details.

Date: Jun 3-Aug 28 (No class Jul 1-4)

Day: Mon-Wed

Time: 8-8:45AM

Place: Zoom

Cost: \$29 (10 session punch card)

Limit: Min 4 | Max 16

ADVANCED FUNCTIONAL MOVEMENT 55+

For experienced exercisers. Take that next step. Build functional strength and master new exercise techniques using kettlebells, medicine balls, suspension straps and more. *Instructor approval required.*

Session 1: Jun 4-Jul 18 (No class Jul 1-4)

Session 2: Jul 23-Aug 29

Day: Tue-Thu

Time: 8-8:45AM

Place: Rogue X

Cost: \$36 per session (6 weeks)

Limit: Min 4 | Max 10

BUILD A STRONGER BRAIN 55+

Stimulate your brain with exercises for the most important muscle of all. Challenge your creativity and get out of your comfort zone.

Date: Jul 11-Aug 29

Day: Thu

Time: 11AM-Noon

Place: Rogue X

Cost: \$50 (8 weeks)

Limit: Min 4 | Max 16



IMPROVE YOUR HEALTH THRU FITNESS REGISTER TODAY



IMPROVE YOUR BALANCE & MOBILITY 55+

Improve your stability and mobility while reducing the risk of falling. Ideal for new exercisers or people recovering from illness or injury. Enjoy yourself while gaining stability.

Session 1: Jun 4-July 18 (No class Jul 1-4)

Session 2: Jul 23-Aug 29

Day: Tue-Thu

Time: 9-9:45AM

Place: Rogue X

Cost: \$36 per session (6 weeks)

Limit: Min 4 | Max 16

CARDIO & CORE 55+

Improve your endurance to have the confidence to walk further, garden longer or do anything you love doing more easily. Build energy reserves and learn new skills in a fun and motivating environment.

Session 1: Jun 4-Jul 18 (No class Jul 1-4)

Session 2: Jul 23-Aug 29

Day: Tue-Thu

Time: 10-10:45AM

Place: Rogue X

Cost: \$36 per session (6 weeks)

Limit: Min 4 | Max 16

EAT BETTER 55+

Learn important new skills and never look at food the same way again. Explore the healthy eating principles of the Mediterranean Lifestyle. Practice with live cooking lessons. Food included.

Date: Jun 20-Jul 18 (No class Jul 4)

Day: Thu

Time: 4-6PM

Place: Rogue X

Cost: \$55 (4 weeks)

Limit: Min 4 | Max 10



SUMMER HIKING SCHEDULE 55+

Get your heart pumping and your legs moving on some of the Rogue Valley's iconic hiking trails. **Instructor: Marc Mason, Health Coach**

Meet at Rogue X and take a van to the trail (*Estimated time includes travel time.*)

Age: 55+

Place: Meet at Rogue X

Cost: Hikes: \$12 Resident | \$18 Non-Resident (*Per Hike*)

Limit: Min 3 | Max 9

NEW! Acorn Woman Lakes: Hike this beautiful mountain lake trail with some gentle hills on a wide, well-maintained path.

Date: Tue, Jun 4 | **Time:** 1-5PM
Easy | 2.5 Miles | Elevation 200ft

NEW! Granite Falls via Siskiyou Loop: This challenging trail takes you high above Forest Park. Catch some breathtaking views of the surrounding areas and a seasonal waterfall.

Date: Tue, Jun 11 | **Time:** 1-5:30PM
Hard | 3.8 Miles | Elevation 1150ft

Tunnel Ridge/Bear Gulch Loop: Climb to a section of the Sterling Mine Ditch and be rewarded with fabulous views, glorious wildflowers and a historic tunnel.

Date: Tue, Jun 18 | **Time:** 1-5:30PM
Challenging | 4.6 Miles | Elevation 700ft

Lithia Park Loop: Visit historic Lithia Park on a trail few people venture on. Take a dip in the swimming reservoir.

Date: Tue, Jun 25 | **Time:** 1-4:30PM
Easy | 2.4 Miles | Elevation 250ft

NEW! Toothpick Trail to Lamb Mine: An exciting and historic three mile out-and-back trail outside of Ashland. Wildflowers and animals abound as you explore an abandoned mine.

Date: Tue, Jul 9 | **Time:** 11AM-3:30PM
Moderate | 3 Miles | Elevation 570ft

NEW! Provolt Recreation Site: Gentle loop path combines history and natural beauty on a level pathway next to the Applegate River. Enjoy this great birding and wildflower destination.

Date: Tue, Jul 16 | **Time:** 11AM-2PM
Easy | 2 Miles | Elevation 0ft

Greenhorn & Madrone Loop: A short jaunt on the lower shoulders of Roxy Ann. Experience great views and enormous old madrones.

Date: Tue, Jul 23 | **Time:** 11AM-2PM
Easy | 2 Miles | Elevation 350ft

Grouse Gap Loop: Hike through summer wildflowers and views that go forever on this short segment of the PCT.

Date: Tue, Jul 30 | **Time:** 11AM-3:30PM
Moderate | 4 Miles | Elevation 400ft

NEW! Enchanted Forest: Experience a variety of eco-zones on this serene, wooded trail. Lots of shade and a chance to test your fitness on this hike.

Date: Tue, Aug 6 | **Time:** 11AM-4PM
Hard | 4.5 Miles | Elevation 1100ft

Jacksonville Cemetery Loop: Easy hike threads through woods and around through the historic old cemetery.

Date: Tue, Aug 13 | **Time:** 11AM-2PM
Easy | 2 Miles | Elevation 200ft

Sterling Mine Ditch Armstrong-Deming Loop: Stretch your legs on this mostly shaded trail next to an abandoned water ditch built in the 19th century.

Date: Tue, Aug 20 | **Time:** 11AM-3:30PM
Moderate | 4 Miles | Elevation 450ft

Petard and Liz's Loop: Experience the historic Jacksonville Woodlands. Visit a seldom traveled part of this expansive park system.

Date: Tue, Aug 27 | **Time:** 11AM-4PM
Hard | 7 Miles | Elevation 1000ft

EXPLORE MORE! REGISTER TODAY

SUMMER DAY HIKES

Place: Meet at Rogue X | **Limit:** Min 3 | Max 9
Cost: \$49 Resident | \$61 Non-Resident (*Per Trip*)

WATERFALLS & PIE Head up to the top of the Rogue and visit the amazing waterfalls along Mill and Barr Creeks. Then take a short ride to Pearsons Falls and over to the Rogue Gorge for another waterfall. Stop at Historic Beckie's for pie! *Lunch not included.*

Date: Fri, Jun 21 | **Time:** 9AM-4PM | **Walk Time:** 3HR
Moderate | 3.5 Miles | Elevation 400ft

WAGNER BUTTE Clear your schedule and go climb a mountain. Experience the magnificent views of the Rogue and Applegate Valleys and surrounding peaks from Mt. Shasta to Mt. Thielsen. Trail passes through an interesting diversity of flora and wildlife. *Bring lunch!*

Date: Fri, Jun 28 | **Time:** 8AM-4PM | **Walk Time:** 5HR
Extreme | 10 Miles | Elevation 2280ft

(continued next page)

SUMMER DAY HIKES (CONTINUED)



TOLAWA DUNES & BANDON Hike this sandy beach off the Pacific Coast. Plan to walk for over a mile on a slanting beach surface and don't be afraid to get your feet wet. Waterbirds, sea lions and whales roam this beautiful natural area. Purchase lunch during a stop in Bandon or bring your own.

Date: Fri, Jul 26 | **Time:** 8AM-6PM | **Walk Time:** 2HR
Easy | 2.5 Miles | Elevation 0ft

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STOUT GROVE AND THE LIGHTHOUSE Marvel at the gigantic redwood trees in Jedidiah Smith State Park. Then take a scenic drive through Howland Hills Road and walk to the Historic Battery Point Lighthouse. Plan to get your feet wet. Bring lunch money or pack your own.

Date: Fri, Aug 9 | **Time:** 8AM-5PM | **Walk Time:** 1.5HR
Easy | 2 Miles | Elevation 150ft

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BOY SCOUT TREE TRAIL In Jedidiah Smith State Park, there is a massive redwood tree that has been visited by Boy Scouts and hikers for over a century. Hike this amazing back country trail amidst ferns and Redwoods. *Bring lunch.*

Date: Fri, Sep 13 | **Time:** 8AM-6PM | **Walk Time:** 3HR
Hard | 5.2 Miles | Elevation 950ft

WHAT TO DO IN
SOUTHERN OREGON
WWW.WHATTODOINSOUTHERNOREGON.COM

Bringing *Southern Oregon* together
by sharing the *best* family friendly events
and things to do in our area and beyond!

PHOTOGRAPHER | WRITER
SOCIAL MEDIA SERVICES
EVENT CALENDAR | PROMOTER

Inquire about services:
whattodoinssouthernoregon@gmail.com

DAY TRIPS

Children under the age of 18 **MUST** be accompanied by an adult. The required minimum number of participants must be registered at least one week prior to each tour. All tours depart from and return to Rogue X: 901 N. Rossanley Dr. *Note: Transportation is provided in a 10-passenger van. Transportation provided by Medford Parks & Recreation.*

SOUTHERN OREGON WATERFALLS

Experience the sights and sounds of spectacular waterfalls along the Rogue-Umpqua National Scenic Byway. Most stops require walks to see falls. Trip features a stop at Beckie's in Union Creek for pie! Bring a lunch.

Destinations include:

WATSON FALLS: Watson Falls drops 272 feet and is the third tallest waterfall in Oregon. A 0.8 mile hike round-trip with a 524 foot elevation gain.

TOKETEE FALLS: A 0.4 mile trail leads visitors through an old-growth forest along the North Umpqua River with views of cascading water through a narrow rock gorge. The trail has 200 steps leading to a sturdy deck overlooking the two tiered falls. The upper descent drops 40 feet, and the lower falls plunge 80 feet over a sheer wall of volcanic basalt. View the 15-foot Whitehorse Falls on the Clearwater River.

SUSAN CREEK FALLS: This spectacular waterfall drops 50 feet over moss lined rock cliffs. A 0.8 mile hike to get to the falls.

Age: Family (10+)

Session 1: Jun 20 | Thu

Session 2: Jun 24 | Mon

Time: 8AM-6PM

Place: Meet at Rogue X

Cost: \$61 Resident | \$67 Non-Resident

Limit: Min 5 | Max 8

BANDON DAY TRIP

A gateway arch on coastal Highway 101 marks the town of Bandon. A quaint historical downtown with a unique shops, and beautiful beaches. Van leaves from Rogue X and travels to Bandon, where participants can do some shopping, enjoy lunch at Foley's Irish Pub (*feel free to buy a lunch, or bring one with you*) and short visit to some of the dramatic, walkable beaches.

Age: Family (10+)

Session 1: Jul 10 | Wed

Session 2: Jul 25 | Thur

Time: 8AM-6PM

Place: Meet at Rogue X

Note: Lunch fees not included in cost and is the responsibility of the participant.

Cost: \$68 Resident | \$75 Non-Resident

Limit: Min 5 | Max 8

7 FEATHERS DAY TRIP

Experience the excitement of Nevada-style gaming with over 950 of the hottest slot machines and table games. The adventure starts now! *Transportation to and from casino only.*

Age: 21+

Date: Jul 11 | Thu

Time: 9AM-4:30PM

Cost: \$29 per person

Limit: Min 4 | Max 8

Meets at Rogue X at 9AM and returns at 4:30PM.

BROOKINGS DAY TRIP

Brookings is located on the beautiful Southern Oregon Coast, six miles north of the California border. Bounded by the Chetco River and Port of Brookings Harbor to the south is one of the best stops on the Oregon Coast. Van leaves from Rogue X and travels to Brookings, where participants can get out and do some shopping, visit Harris Beach State Park and enjoy lunch at Superfly Distilling (*feel free to buy a lunch, or bring one with you*)

Age: Family (10+)

Date: Jul 24 | Wed

Time: 8AM-5PM

Place: Meet at Rogue X

Note: Lunch fees not included in cost and is the responsibility of the participant.

Cost: \$66 Resident | \$72 Non-Resident

Limit: Min 5 | Max 8



WILDLIFE SAFARI TOUR

Opened in 1972, Wildlife Safari is a 600-acre drive-thru animal park. It is the only wild animal park of its type in Oregon. Nestled in a large wooded valley, the park features over 550 animals from around the world. Tour is given in an open air truck provided by the park. Bring a lunch or buy one at the park café.

Age: Family (*Children under 18 must be accompanied by an adult*)

Date: Jun 26 | Wed

Time: 8:30AM-3:30PM

Place: Meet at Rogue X

Note: Lunch fees not included in cost and is the responsibility of the participant.

Cost: \$56 Resident | \$62 Non-Resident

Limit: Min 5 | Max 8

STOUT GROVE REDWOODS & CRESCENT CITY

Stout Grove is one of the world's most scenic stand of redwoods due to its openness and cathedral-like majesty. Visit the circa-1856 Crescent City Light House and the 900-foot Crescent City Pier and South Lookout. The return trip features a stop at the Sea Quake for lunch.

Age: Family (*Children under 18 must be accompanied by an adult*)

Date: Jul 18 | Thu

Time: 8AM-6PM

Place: Meet at Rogue X

Note: Lunch fees not included in cost and are the responsibility of the participant.

Cost: \$66 Resident | \$72 Non-Resident

Limit: Min 5 | Max 8

NEW! TURTLE BAY IN REDDING, CA

Discover Turtle Bay which is home to over 50 living animal species and 35,000 historical artifacts. Visit the museum, see the animals, play in Paul Bunyan's Forest Camp, view the garden and nursery or take a walk across the world-famous Sundial Bridge. Bring lunch or enjoy the Mosaic Restaurant at Turtle Bay.

Age: Family (*Children under 18 must be accompanied by an adult*)

Date: Jul 1 | Mon

Time: 8AM-6PM

Place: Meet at Rogue X

Note: Admission to park included in registration fee. Lunch fees not included in cost and are the responsibility of the participant.

Cost: \$68 Resident | \$75 Non-Resident

Limit: Min 5 | Max 8

GO TAKE A HIKE! REGISTER TODAY

HISTORIC CEMETERY TOUR

Medford's oldest pioneer cemetery was founded by the Independent Order of Odd Fellows (I.O.O.F.) in 1890 and became City-owned in 1972. The cemetery remains a unique part of Medford's history and continues to sell burial spaces and mausoleum crypts. Walk with us and hear about Medford's earliest families and local history and recognize the valuable role pioneer cemeteries play in urban settings. They provide open space and serve as buffers within the city, as well as outdoor museums. The cemetery is in Medford near Bear Creek Park.

Age: 14+

Session 1: May 8 | **Session 2:** Jun 12

Session 3: Jul 10 | **Session 4:** Aug 14

Day: Wed

Time: 10AM-Noon

Place: I.O.O.F Eastwood Cemetery Mausoleum

Entrance: 1581 Siskiyou Boulevard

Cost: FREE *Pre-registration is required.*

Limit: Min 1 | Max 15 *per date*

THANK YOU!



Over 400 guests gathered and raised **\$161,500** for the Play Everyday Scholarship program.

A heartfelt thank you to all participating sponsors for their invaluable support and contribution to make this event a success. Your generosity ensures equitable access to vital recreation programs for youth in our community, fostering joy and opportunity.

Together, we're building a brighter future for all.

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Howard Memorial Sports Park Board

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September 6 – 8, 2024



Round-Robin Format with Medal Rounds

Skill levels 3.0 – 4.5+

Ages: Open, 50-64 and 65+

REGISTRATION AND EVENT FEES

\$55 THROUGH JUNE 30TH

\$65 ON OR AFTER JULY 1ST



Registration and more information at

← Pickleballbrackets.com

Early registration opens May 1, 2024

Tournament location: Fichtner-Mainwaring Park

334 Holmes Ave. Medford, OR 97501

Tournament Director—Kathy Rambousk pickleballisgreat.kathy@gmail.com (360)737-4913

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EVENTS

Movies in the Park



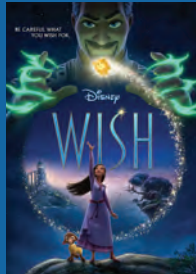
SATURDAY EVENINGS

MOVIES BEGIN AT DUSK

JUN 22

JUN 29

JUL 13



AT BEAR CREEK PARK

All Free! Features a movie and poster raffle, event-branded giveaways, and/or pre-show crafts or games.

Flick & Float

SATURDAY 8-10PM

JUL 27 at Rogue X



Join us for a movie on the water. Movie included with open swim fee.

Max: 250

AUG 3

AUG 10

AUG 17

AUG 24



AT ROGUE X SPRAY PARK Must register to attend at playmedford.com

FREE CONCERTS IN THE PARK ARE BACK!

BEAR CREEK PARK AMPHITHEATER



FRI JUN 28

BALLET FOLKLORICO & MARIACHI JOYAS DE ORO

PEAR BLOSSOM PARK STAGE



FRI JUL 19
DUELING HOBBITS

FOR MORE INFO, VISIT: PLAYMEDFORD.COM





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ROGUE WORLD MUSIC | ASHLAND

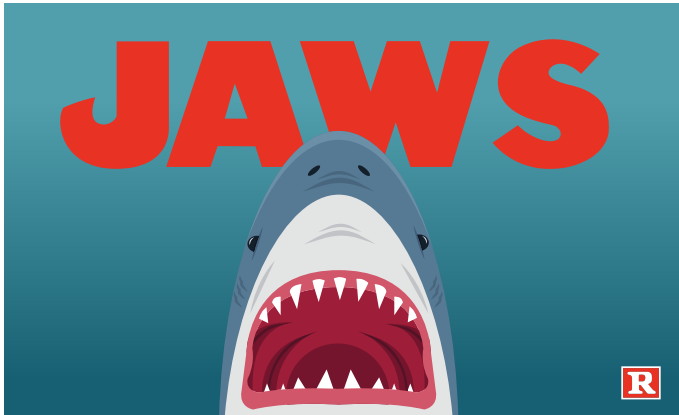


Rotary Club of Medford
Slide into Summer
JUNE 29, 2024
10 AM - 3 PM
1520 Siskiyou Blvd
Bear Creek Park
Medford, Oregon

Proceeds support local scholarships & community projects!

\$5 - Slip n'Slide
\$10 - Slip n' Slide and Jump House

150 ft AND 120 FT Slip & Slide, Bounce Houses, Food, Raffle Prizes & Much More!



JAWS

R

Flick-N-Float (18+ ONLY)

"We're gonna need a bigger pool"! Grab your floaty (*if you dare*) and join us at Rogue X for JAWS, this 1975 American thriller classic directed by Steven Spielberg. *Rated R, 2h 4m.*

The movie is **FREE** with admission to Rogue X, *Pre-registration required.*

Age: 18+

Day: Fri

Date: May 17

Place: Rogue X

Time: 7-9:30PM

Cost: **FREE** (With **PAID** Admission to Rogue X)

Limit: 130



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EXPLORE DOWNTOWN MEDFORD WITH OPEN STREETS 2024

FRIDAY MAY 17TH
4 - 8 PM

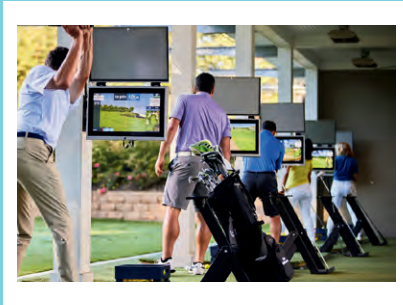


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PROGRAMAS Y EVENTOS DE VERANO

FÚTBOL SALA JUVENIL

Uno de nuestros programas de deportes juveniles más populares, donde Muchos niños comienzan sus carreras futbolísticas. Nuestro programa insignia de deportes juveniles, donde muchos niños comienzan sus carreras futbolísticas. Esta liga introductoria desarrolla habilidades básicas y enseña el trabajo en equipo en un ambiente relajado y recreativo. ¡Los juegos son divertidos tanto para los niños como para las familias! Los jugadores reciben una camiseta y una medalla de participación. Los voluntarios, generalmente los padres, sirven como entrenadores de equipo.

Edad: 4-5, 6-8

Costo: \$53 Residente, \$59 No Residente

Límite: 80, 4-5 años - 64, 6-8 años

Prácticas: Una noche de la semana por semana (lunes a jueves) TBD. en Rogue X

Las prácticas serán a las 5:45 p.m. o 6:45 p.m. a partir del lunes 8 de julio

Juegos: sábados entre las 9 a.m. y la 1 p.m. a partir de julio

Lugar de juego: Santo Center, Gimnasio

SESIÓN DE VERANO

Fechas: del 8 de julio al 17 de agosto

Regístrese antes de: Lunes 17 de junio

Reunión de Padres (opcional): Martes 25 de junio a las 6pm en el Salón Principal de Santo

Encuentro de entrenadores: Jueves 27 de junio a las 18h en el Salón Mayor Santo

Lugar de reuniones: Santo Center, Salón Principal



PEQUEÑOS HOOPSTERS

La introducción perfecta al baloncesto para niños. Los fundamentos se enseñan en un ambiente divertido y recreativo. Los partidos se juegan después de la instrucción grupal e individual en técnicas de regate, pase y tiro y conceptos defensivos. Cada niño recibe una camiseta numerada y una medalla de participación de fin de año. Instructor: Personal de Recreación.

Edad: 5-6, 7-8

Día: Domingo

Hora: De 5 a 6 años, de 10 a.m. a 10:45 a.m.

De 7 a 8 años, de 11 a.m. a 11:45 a.m.

Min 10, Max 24 (por grupo de edad)

Costo: \$49 Residente, \$55 No Residente

SESIÓN DE VERANO

Fechas: 14 de julio, 21 de julio, 28 de julio, 4 de agosto, 11 de agosto

Lugar: Centro Comunitario Santo, Gimnasio

Regístrese antes del: 8 de julio

CONCIERTOS GRATUITOS EN EL PARQUE

vaya a la página 32 para obtener más información.

GRATIS

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CAMPAMENTOS DIURNOS PARA JÓVENES

Los campamentos diurnos cuentan con un diseño estructurado destinado a garantizar actividades seguras y apropiadas para la edad que fomentan las habilidades sociales, despiertan nuevos intereses y promueven la actividad física. Se programan excursiones semanales, excepto durante las semanas acortadas de vacaciones.

Hora: 9 a.m. a 5:30 p.m.

Lugar: Santo Center

Costo: \$119

****Semana 2:** \$95

Semana 4: \$72

Antes de la atención: 7:30-9:00 a.m.

Costo: \$29/semana

****Semana 2:** \$24

Semana 4: \$18

Grupos de edad de los campamentos:

Grado que entra en el año escolar 24-25.

Pioneros: 1° y 2° grado

Exploradores: 3° y 4° grado

Trailblazers: 5°-6° grado

Consulte las páginas 4-11, para las actividades acuáticas de verano.

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GENERAL PARK RULES

Park Hours: 6am-10:30pm

Prescott Park Gate closes at 5pm Nov-Feb.

- Alcohol: Not permitted in most park areas or facilities. Allowed in certain areas with the Park Director's approval.
- Amplification: City permission is required for amplified speech or music in a park area. Permit Cost: \$20
- Barbecues: City Parks do not have barbecues. Propane barbecues are allowed, but insurance required.
- Camping: Not allowed in any park unless pre-approved by City Council.
- Dogs: Must be on a 6-foot leash in the control of a capable individual who must immediately remove any feces.
- Firearms: Firearms, fireworks and explosives are prohibited from all parks.
- Horses/Exotic Animals—Not permitted in park areas or bike paths except when approved for special events.
- Vehicles: Motorized vehicles are allowed only in designated parking areas.
- Vending: Land use regulations prohibit vending of goods except as specified in Section 2-185 of the City Code.
- Use of remote-controlled devices in park areas, unless otherwise designated, is prohibited, such as cars, aircraft, model rockets and drones.
- Smoking is prohibited at all City of Medford Parks.
- For a full listing of city parks and amenities, go to playmedford.com

BEAR CREEK SKATE PARK

- All participants are required to wear protective headgear while using the Skate Park. This is a state law for those 16 years of age and younger.
- No bike riding is allowed in the skate park facility.
- Facility is for skateboard and rollerblade activities only.
- Use facility at your own risk.
- Do not use this facility when skate surface is wet.

TO RESERVE A PARK OR FACILITY

Park Hours are 6am-10:30pm

- View park sites and facility calendars at playmedford.com.
- Reserve by phone with a debit/credit card by calling 774-2400.
- To pay with cash, check or money order, visit the Parks & Recreation office at the Santo Community Center.
- Bring the rental confirmation to the location/event.
- Inflatables may not be staked at any park site. Renters are required to provide valid insurance, as specified by the City. Renter is responsible for providing power.



Park Pavilion Permit: \$65 for each 3-hour time slot. "General Use" is considered under 50 attendees, with no amplification and creates no neighborhood parking impact.

Special Event Permits: A special permit and a site plan are required for events and activities that generate high spectator, traffic, parking or park-impact volumes such as festivals, car shows, events using booths, etc. Please call MPRD well in advance to plan and coordinate the event.

Bear Creek Amphitheater: Most events at this facility require a Special Event Permit. If the event only requires chairs, you may reserve by phone with a debit/credit card, or come in person to the Santo Community Center to pay with cash.

SANTO COMMUNITY CENTER RENTALS

Rooms are often available for meetings, family gatherings or presentations. Rooms accommodate up to 49 people, and the Main Hall can hold up to 150. Tables and chairs are provided. TVs and projectors are available in several rooms. Call 541-774-2400 or email parks@cityofmedford.org for information.

Additional fees may apply if abnormal amounts of staff or maintenance are required.

LITHIA & DRIVEWAY FIELDS

Visit sportsmedford.com for rental rates & procedures. Email parks@cityofmedford.org to request field space.

PHOTO USAGE

On occasion, Department staff or contractors may photograph participants in recreation programs and events, or people on Parks and Recreation-managed properties. Photos may be used for illustrative and promotional purposes.

MEETING ROOMS & BIRTHDAY PARTIES

Please call 541-774-2400 or go to playmedford.com or roguexmedford.com for information.

RECREATION AREA FACILITIES PROGRAM & EVENT LOCATIONS

CONTACT US: 541-774-2400

Amphitheater	Basketball	Dog Park	Equestrian Trails	Gazebo	Futsal	Meeting Rooms	Pool	Picnic Pavilion	Playground	Restrooms	Soccer	Softball/Baseball	Volleyball	Tennis/Pickleball	Trail Access	Water Play Area	Slackline
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COMMUNITY FACILITIES

Parks & Recreation Headquarters Santo Community Center, 701 N Columbus Ave																	
I.O.O.F./Eastwood Cemetery, 1581 Siskiyou Blvd																	
Rogue Credit Union Community Complex, 901 Rossanley Dr																	
North Medford High Tennis Courts, 1900 N Keene Way Dr																	
Quality Fence Fields at Bear Creek Park, 970 Alba Dr																	
Virginia Vogel Plaza, 200 E Main St																	

COMMUNITY PARKS

Bear Creek Park, 530 Highland Dr	★																
Fichtner-Mainwaring Park, 334 Holmes Ave																	
Hawthorne Park, 501 E Main St																	
Howard Memorial Sports Park, 1221 N Ross Ln																	
Prescott Park, 3030 Roxy Ann Rd																	
Lithia & Driveway Fields, 300 Lowry Lane																	

NEIGHBORHOOD PARKS

Alba Park, 301 W Main St																	
Cedar Links Park, 3101 Cedar Links Dr																	
Donahue-Frohnmayr Park, 1678 Spring St																	
Earhart Park, 1320 Fortune Dr																	
Holmes Park, 185 S Modoc Ave																	
Howard Elementary, 286 Mace Rd																	
Jackson Park, 815 Summit Ave																	
Jefferson School Ballfields, 333 Holmes Ave																	
Kennedy School Park, 2860 N Keene Way Rd																	
Lewis Park, 130 Lewis Ave																	
Liberty Park, 625 N Bartlett St																	
Lone Pine Park, 3158 Lone Pine Rd																	
Orchard Hill Elementary, 1011 La Loma Dr																	
Oregon Hills Park, 6001 E McAndrews Rd																	
Pear Blossom Park, N Bartlett, 25 N Ivy St	★																
Railroad Park, 2222 Table Rock Rd																	
Ruhl Park, 235 S Modoc Ave																	
Summerfield Park, 3593 Cherry Ln																	
Union Park, 501 Plum St																	
Village Center Park, 3950 Shamrock Dr																	
Veteran's Memorial Park, 1601 S Pacific Hwy																	
Wilson School Park, 1400 Johnson St																	

FUTURE PARK SITES

Chrissy Park	East Medford																
Midway Park	Northwest Medford																



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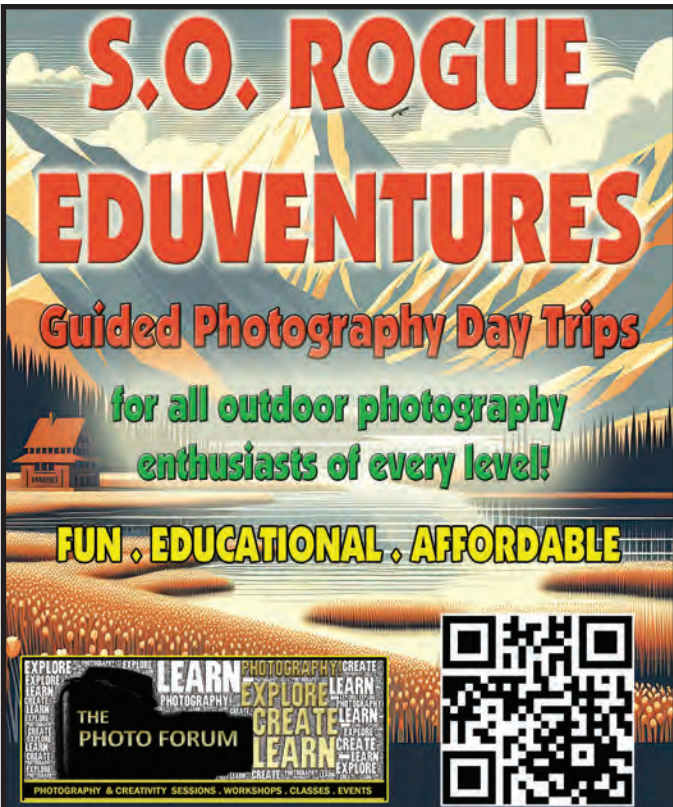



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