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A Message from Medford Parks, Recreation and Facilities

Medford's iconic indoor oasis, the Rogue Credit Union Community Complex, opened almost two years ago, but the Department certainly hasn't stopped thinking about current and future community park and recreation facility needs. The City, in partnership with Howard Memorial Sports Park Inc., is busy developing the vacant land around the Rogue X.

Pickleball advocates rejoiced October 2 at the groundbreaking ceremony for the Lithia & Driveway Pickleball Park, located south of the Rogue X. When it opens in Spring 2026, this 19-court outdoor facility will be the largest of its kind in Oregon and will help Medford attract large tournaments that are good for the local economy and outstanding opportunities for residents to compete at the regional and national level without having to travel.

Medford residents have also asked for more sand volleyball courts, and four championship-caliber courts are being installed adjacent to the pickleball venue.

Passersby of Howard Memorial Sports Park at the intersection of Rossanley and Ross Lane have noticed construction of the 75-percent scale replica of the Vietnam Memorial Wall. We're pleased to work with Southern Oregon Veterans and a variety of local businesses in making this decades-long aspiration come to fruition in the coming weeks. Meanwhile, the neighborhood park surrounding the war memorial is expected to be completed in late 2026.

HMSP isn't the only place where development is occurring. The Department recently obtained a \$780,000 Oregon Local Government Grant to renovate Jackson Park in west Medford that will feature an interactive splash pad on the old Jackson Aquatics Center pool site. And the City received a \$495,000 state legislative allocation to upgrade the Discovery Preschool classrooms at the Santo Community Center.

We are also in the process of upgrading the natural-grass playing surface and practice areas at Harry & David Field for the benefit of local high-school teams and the Medford Rogues. The venue will host the American Legion Regional Baseball Tournament in July 2026 and '27.

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Lithia & Driveway Fields

Registration & Payment

Pre-registration with payment is required for all activities, except where noted.

Prorated registration is available for some classes. Please check online class descriptions for more information.

- 💻 **Online:** Playmedford.com. Click the link 'Register for a program'. Pay by credit card.
- 😊 **Walk-in:** Santo Community Center or Rogue X
- ☎️ **Phone:** Call 541.774.2400 and pay by credit card.
Receipts are emailed for phone registrations
- ✉️ **Checks & Money Orders:** Payable to City of Medford
- 💵 **Cash:** In-person only
- 💳 **Cards:** Debit, Visa or MasterCard
- 🎁 **Scholarships & Gift Certificates:** Ask us about available options!
- Cancellations & Refunds:** Submit requests during regular business hours.

R=Resident, NR=Non-Resident

Resident is defined as any individual living in Medford, OR or pays a monthly utility bill for a residence within the city limits.

SCHOLARSHIPS

Partial youth scholarships for select Medford Parks & Recreation activities are available for Medford residents or students who attend 549C schools. Funding is made possible by the Medford Parks and Recreation Foundation. Applications available online.

Para información sobre becas ver la página #12



MANERAS DE REGISTRAR

- ☎️ **Teléfono:** Llámenos al 541-774-2400 y paguen con Visa / Mastercard.
- 💻 **En linea:** Visita playmedford.com dónde se puede registrar y pagar con Visa / Mastercard.
- 😊 **En persona:** Visítenos en el Santo Community Center o Rogue X, dónde el pago se puede hacer con Visa, MasterCard, dinero en efectivo o cheque.

Se requiere el pago en el momento que se registra para una clase. No podemos guardar el espacio para los que no pagan en el momento de la inscripción.

Cover features "Oliver" from Corgi-Con '24!

Special thanks to Jim Craven & Michael D. Davis for applying their photography talents to the guide.

MEDFORD SENIOR CENTER

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Weekly Activities

WEDNESDAYS

- 10 am—Stretch Class
- 11:30 am—Advanced Line Dancing

THURSDAYS

- 12:30 pm—Line Dancing
- 10:45 Chair Yoga \$5 paid to instructor

FRIDAYS

- 10 am—Stretch Class
- 11 am—Spanish Conversation Club
- 11:30 am—Lunch, \$5 members | \$7 non-members
 - Enjoy card and other table games after lunch until closing!



TUESDAYS &
SATURDAYS
DOORS OPEN
AT 10:00 AM,
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PLAY AT
11:00 AM.
GAMES FINISH
FROM
2:30-3:00PM

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CITY OF MEDFORD SPOTLIGHT



Winter's Coming—Be Prepared

Stay safe during winter storms by preparing ahead and following safety best practices. Stay informed, be aware of your surroundings, and have a plan with an emergency kit ready.

- **Stay home if possible.** If you must drive, take it slow and drive carefully.
- **Keep essentials in your vehicle:** water, non-perishable food, and extra warm clothing in case you get stranded.
- **Avoid flooded roads.** Floodwaters can be deeper than they appear, and roads may be washed out or unsafe. Remember: "Turn

Around, Don't Drown."

- **Report hazards.** Call 541-774-2600 to report downed trees or icy road conditions in the public right-of-way.
- **Stay informed.** Sign up for email and text alerts at medfordoregon.gov/subscribe for the latest local emergency alerts and severe weather updates.

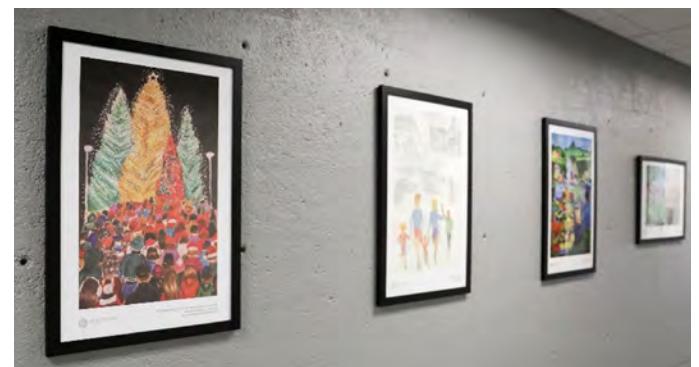
When cold weather hits, check on family, friends, neighbors, and those who may be vulnerable—especially if power goes out or roads become icy.



Keeping Medford Connected and Safe

Public Safety Towers Company (PSTC) and the City of Medford have completed the replacement of a failing public safety land-mobile radio tower through a unique public-private partnership. The result: a new \$1 million cellular and radio tower built at no cost to the city or its taxpayers.

PSTC financed and constructed the new tower, enabling Medford to replace critical communications infrastructure without the use of public funds. The project enhances communication reliability and capabilities for first responders.



Spring Into Art: Community Contest Returns

The Medford City Council's Community Art Contest will return in early February to once again highlight local student art.

The contest, open to all high school students, encourages participants to showcase civic engagement or representations of Medford.

Winning artworks will be displayed at City Hall, and each winner will receive a \$1,000 cash scholarship.

Stay tuned for more details on our website and social media channels or visit medfordoregon.gov/artcontest.



Making a Splash: Jackson Park Reimagined

Medford Parks and Recreation has been awarded a \$780,593 grant from the State of Oregon's Local Government Grant Program to support renovation of Jackson Park in west Medford.

The funding will assist the department's ongoing efforts to revitalize the park, which was constructed in the 1960s. The centerpiece of the project is a large, imaginative splash pad that will replace the former Jackson Aquatic Center pool areas, with completion expected by summer 2027.

Other upgrades include renovation of the existing pool building, refurbishment of the restroom facilities, and new picnic areas adjacent to the new splash pad.

In total, this phase of the park renovation is supported by more than \$2.3 million in funding, including contributions from the City's Park Improvement Fund and Community Development Block Grant allocations.



Pickleball Park Underway

City leaders, project partners, and community members broke ground Oct. 2 on the Lithia & Driveway Pickleball Park at Howard Memorial Sports Park, adjacent to Rogue X.

The \$1.8 million facility will become the largest municipal pickleball complex in the region, featuring 19 lighted courts designed for both recreational and competitive play.

Funding for the project is made possible through a public-private partnership. Contributions include over \$900,000 from Southern Oregon Pickleball Association fundraising efforts—which include naming rights with Lithia Motors, Inc.—\$500,000 from Howard Memorial Sports Park, Inc., and \$400,000 from the City of Medford.

Construction is underway, with the facility expected to open in spring 2026.



To learn more about these stories,
visit our City Newsroom:

Medfordoregon.gov/newsroom or scan the QR code:



HISTORIC I.O.O.F. EASTWOOD CEMETERY NEWS



Medford History Comes Alive

In 1854, 18-year-old Frederick Barneburg left Missouri for the Rogue Valley in search of gold. Just a year later, he planted the area's first Bartlett pear trees—a modest start that grew to 1,685 acres by 1860.

The first 15 acres of that land, purchased for \$1.25 an acre and known as Barneburg Hill, later became the site of the Rogue Valley Manor.

Today, Barneburg's story—and those of other notable Medford figures—come to life during a monthly guided

tour of the historic I.O.O.F. Eastwood Cemetery.

Led by volunteer guide Steven Corelis, the free two-hour walk winds through the 20-acre cemetery, sharing fascinating stories, local history, and bits of trivia along the way.

The next tour will be held on Jan. 14 from 10 a.m. to 12 p.m. Participants should meet at the Mausoleum, located at 1581 Siskiyou Blvd. To register, visit playmedford.com.



Preserving the Past

In mid-October, a series of historic monuments at Eastwood Cemetery were repaired as part of the City's ongoing preservation efforts.

Many markers, dating back to the late 1800s, had shifted or loosened over time. Crews from Chase Memorials lifted and stabilized the monuments with an excavator and straps, reinforced bases with gravel, and reattached headstones with adhesive.

A \$4,325 Oregon Historic Cemeteries Program grant, matched by the cemetery, funded the \$8,650 project.



Adopt-A-Block

The City's Eastwood Cemetery Adopt-A-Block Program offers volunteers a way to help maintain the historic burial ground.

Volunteers are asked for a one-year commitment to care for a roughly 24' x 30' block with 12 to 16 graves for 30 minutes a month.

Maintenance includes pulling weeds, raking and bagging debris, pruning bushes, and cleaning headstones, along with submitting before and after photos.

For more information, visit medfordoregon.gov/volunteer.



Partnership Grants Fuel Local Arts

Three local arts initiatives received a combined \$5,000 in 2025 Partnership Opportunity grants, supporting community art experiences and a holiday concert. Grant recipients were selected by the Public Arts Selection Committee, with funded programs running through June 30, 2027.

- **Downtown Medford Association - \$2,750**

Funding will support *Paint the Town*, a project that will transform up to 38 utility boxes into vibrant works of art created by local artists.

- **Rogue Valley Art Association - \$1,250**

This grant supports *Family and Friends Art Day*, a free monthly Saturday program offering hands-on activities in painting, printmaking, drawing, collage, and sculpture—all supplies included.

- **Southern Oregon Repertory Singers - \$1,000**

The award will help present the Dec. 19 holiday concert at the Holly Theatre, featuring *A Ceremony of Carols* by Benjamin Britten and seasonal favorites.

Last year's grants supported community projects such as an interactive mural by Living Opportunities, summer art camps at the Rogue Gallery & Art Center, and the Collaborative Theatre Project's Kids Bilingual Summer Camp.

Volunteer Opportunities with the City

Show your pride in Medford and share your skills by volunteering at Medford Parks and Recreation! Volunteers contribute significantly to the upkeep and improvement of parks through activities like planting trees, removing invasive plants, and maintaining trails.

- Parks & Neighborhood Cleanups
- I.O.O.F. Eastwood Cemetery Maintenance
- Bear Creek Greenway Cleanups
- Pollinator Bed Maintenance

To learn more, visit medfordoregon.gov/volunteer.



Rogue X Aquatics Programs Winter/Spring '26

SCAN
CODE TO
REGISTER!



Introduction to Efficient Freestyle Swimming

Discover how to efficiently move in the water in this introduction to freestyle swimming. Come away with an understanding of the fundamentals in each movement and swim with ease. Age 18+. Located at Rogue X. Max 10. *Late Registration Allowed. Instructor: Shannon Keegan*

S1 1/14-2/4 | W | Noon-1PM | R \$85 | NR \$91

ID: 34804

S2 2/18-3/11 | W | Noon-1PM | R \$85 | NR \$91

ID: 34805

S3 4/22-5/13 | W | Noon-1PM | R \$85 | NR \$91

ID: 34806



Swim Strong: Adult Lap Training

Incorporate drills to improve stroke technique. Condition bodies for longer distances, sprints and group activities. Age 18+. Located at Rogue X. Max 24. *Late Registration Allowed. Instructor: Taite Darlington*

S1 1/12-1/30 | M/W/F | 11AM-12:30PM | R \$58 | NR \$64
(9 sessions) ID: 34807

S2 2/2-2/20 | M/W/F | 11AM-12:30PM | R \$58 | NR \$64
(9 sessions) ID: 34808

S3 3/2-3/20 | M/W/F | 11AM-12:30PM | R \$58 | NR \$64
(9 sessions) ID: 34809

S4 4/6-4/24 | M/W/F | 11AM-12:30PM | R \$58 | NR \$64
(9 sessions) ID: 34810

Aqua Aerobics

Experience a full-body workout through the resistance of water. The buoyancy reduces stress on joints, making it a low-impact option. Improve cardiovascular fitness, muscle strength, balance, and flexibility, and socialize. Geared toward beginning and experienced water exercisers. Age 18+. Located at Rogue X. *Instructor: Rosemary Xaszbowski*

M/W

10:30AM Class:

S1 1/5-2/11 | R \$65 | NR \$71 | ID: 38328

S2 2/23-4/1 | R \$65 | NR \$71 | ID: 38330

S3 4/13-5/20 | R \$65 | NR \$71 | ID: 38331

11:30AM Class:

S1 1/5-2/11 | R \$65 | NR \$71 | ID: 38332

S2 2/23-4/1 | R \$65 | NR \$71 | ID: 38333

S3 4/13-5/20 | R \$65 | NR \$71 | ID: 38334

Tu/Thu

10:30AM Class:

S1 1/6-2/12 | R \$65 | NR \$71 | ID: 38335

S2 2/24-4/2 | R \$65 | NR \$71 | ID: 38338

S3 4/14-5/21 | R \$65 | NR \$71 | ID: 38339

11:30AM Class:

S1 1/6-2/12 | R \$65 | NR \$71 | ID: 38340

S2 2/24-4/2 | R \$65 | NR \$71 | ID: 38341

S3 4/14-5/21 | R \$65 | NR \$71 | ID: 38342

Lifeguard Certification Class

Designed to develop the skills and expertise necessary to provide safety to patrons in and around water and prepare potential lifeguards to respond to emergencies. Individuals who complete the course earn an American Red Cross Lifeguard Training certificate.

An instructor-led swim test must be completed before the class begins. Age 15+. Located at Rogue X. *Instructor: Daryl Armstead*

Class dates and times, *must attend all to complete*:

3/24, 3/26, 3/27 | 5-8PM + 3/28-3/29 | 8AM-2:30P
\$274 R | \$280 NR | ID: 35840

Aquatics Winter/Spring 2026 | Acuáticos Invierno/Primavera 2026



Go to roguemedford.com
or scan for most current
Aquatics & Open
Gym Schedules



AQUATICS ADMISSION FEES SCHOLARSHIPS AVAILABLE				
"ROGUE X PASS" - FOR ACCESS TO AQUATICS & EVENTS CENTER AREAS, PER SESSION.	ROGUE X MONTHLY PASSES (PER PERSON)		SINGLE SESSION DROP-IN FEE	
	RESIDENT	NON-RESIDENT*	RESIDENT	NON-RESIDENT*
YOUTH (1-17)	\$24	\$29	\$5	\$6
ADULT (18-54)	\$35	\$42	\$7	\$8
SENIOR (55+)/MILITARY	\$24	\$29	\$5	\$6
FAMILY PASS*	\$99 per pass	\$119 per pass	N/A	N/A

+Maximum of eight people living in the same household, including up to two adults and children to age 17.

OTHER AQUATICS FEES				
PRIVATE SWIM LESSONS	\$112 for 8, 30 min. lessons	PARTY ROOM RENTAL	\$205 for 2hrs.	
GROUP SWIM LESSONS	\$69 for 8, 30 min. lessons	LOCKER RENTALS	\$3 per session	
		PRIVATE REC. POOL RENTAL	\$1,150 for 2hrs.	



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Acuáticos y Horarios
De Gimnasios Abiertos



TARIFAS DE ADMISIÓN ACUÁTICA BECAS DISPONIBLES				
"ROGUE X PASS" - PARA ACCEDER A LAS ÁREAS DE ACUÁTICOS Y CENTRO DE EVENTOS, POR-SESIÓN.	PASES MENSUALES DE ROGUE X (POR PERSONA)		TARIFA DE ENTRADA SIN CITA PREVIA DE UNA SOLA SESIÓN	
	RESIDENTE	NO RESIDENTE*	RESIDENTE	NO RESIDENTE*
JOVENES (1-17)	\$24	\$29	\$5	\$6
ADULTO (18-54)	\$35	\$42	\$7	\$8
MAYOR (55+)/VETERANO MILITAR	\$24	\$29	\$5	\$6
PASE FAMILIAR*	\$99 por pase	\$119 por pase	N/A	N/A

+Máximo de ocho personas que viven en el mismo hogar, incluidos hasta dos adultos y niños hasta los 17 años.

OTRAS TARIFAS ACUÁTICAS				
LECCIONES DE NATACIÓN PRIVADAS	\$112 por 8, lecciones 30 min.	RENTA DE SALÓN P/FIESTA	\$205 / 2 horas	
LECCIONES DE NATACIÓN EN GRUPO	\$69 por 8, lecciones 30 min.	RENTA DE CASILLEROS	\$3 / sesión	
		ALQUILER DE PISCINA PRIVADA PARA RECREO	\$1,150 / 2 horas	

Winter/Spring 2026 Swim Lesson Schedule

ROGUE X SWIM LESSONS

LESSONS: MON & WED OR TUE & THU | NO CLASSES ON FRIDAYS

2 lessons per week for 4 weeks | Partial scholarships available

SESSION 1 REGISTRATION STARTS JANUARY 14 | LESSONS START JANUARY 19

MORNING SESSIONS				
	MON/WED		TUE/THU	
9:00 AM	TADPOLE		TADPOLE	
9:30 AM	PRIVATE		PRIVATE	
10:00 AM	SALAMANDER		SALAMANDER	
10:30 AM	MINNOW		MINNOW	
EVENING SESSIONS				
4:30 PM	PERCH		TROUT	
4:30 PM	PRIVATE		CATFISH	
5:00 PM	TROUT		SALMON	
5:00 PM	PRIVATE		PRIVATE	
5:30 PM	BASS		SALAMANDER	
5:30 PM	MINNOW		PRIVATE	
5:30 PM	GUPPY		TADPOLE	

SWIM LESSON FEES				
SESSION	DATES	REGISTRATION BEGINS	# OF LESSONS	COST
1	JAN 19 - FEB 12	WED, JAN 14 @ 8 AM	8	GROUP \$69 PRIVATE \$112
2	FEB 23 - MAR 19	WED, FEB 18 @ 8 AM	8	GROUP \$69 PRIVATE \$112
3	APR 6 - APR 30	WED, APR 1 @ 8 AM	8	GROUP \$69 PRIVATE \$112
4	MAY 11 - JUN 1*	WED, MAY 6 @ 8 AM	6	GROUP \$52 PRIVATE \$84

*Only PM swim lessons available for session 4. | No class on Monday, May 25 due to Memorial Day.

RECREATION PROGRAM SCHOLARSHIPS

No child should ever be excluded from participating in recreation programs and childcare services because of family financial constraints.

The City of Medford partners with the Medford Parks and Recreation Foundation, a 501(c)3 non-profit, to provide fee discounts to qualifying children through the Play Everyday Scholarship Fund and the Rogue X Aquatics Scholarship Fund.

TO APPLY FOR ASSISTANCE, CLICK THE "SCHOLARSHIPS" BUTTON AT PLAYMEDFORD.COM OR EMAIL PARKS@CITYOFMEDFORD.ORG.

To make a tax-deductible donation to the scholarship fund, visit medfordparksfoundation.org.



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SWIM LESSON LEVELS

ALL LESSONS INCLUDE WATER SAFETY TOPICS.

TADPOLE (PARENT/GUARDIAN & CHILD) 6mo-3yrs

Introduces basic skills that lay a foundation for learning to swim with parental support for infants and toddlers. Parents learn how to safely work with their child in the water, utilizing key fundamentals such as how to appropriately hold and encourage their child to participate in the water.

SALAMANDER (LEVEL 1) Age 3-6yrs

Introduces basic aquatic skills and orients students to the aquatic environment. In addition, students learn how to be safe around water with assistance.

MINNOW (LEVEL 2)

Students develop aquatics skills independently at longer distances and deeper water while continuing to explore simultaneous and alternating arm and leg actions on their front and back.

GUPPY (LEVEL 3)

Students independently improve coordination and control of combined simultaneous and alternating arm and leg actions at longer distances and increased repetitions than in previous stages.

PERCH (LEVEL 1)

Introduces basic aquatic skills and orients older students to the aquatic environment. In addition, students learn how to be safe around the water with support. Skills taught overlap those taught in Salamander and Minnow.

CATFISH (LEVEL 2)

Students further develop simultaneous and alternating arm and leg actions on their front and back and improve locomotion skills performed without support. Skills taught overlap those taught in Guppy.

BASS (LEVEL 3)

Students learn how to swim front crawl and elementary backstrokes. Scissors kick, dolphin kick and survival floating are introduced. Students also learn how to enter the water headfirst from a seated position while also expanding on previously learned skill proficiencies.

TROUT (LEVEL 4)

Students increase endurance and proficiency in front crawl and elementary backstroke and begin to learn the rudimentary form for sidestroke and breaststroke. This stage also introduces the back crawl and butterfly stroke and how to perform an open turn at a wall.

SALMON (LEVEL 5)

Students refine all six swim strokes and improve endurance at increased distances. Front and back flip turns are introduced in this stage.

PRIVATE LESSONS (P) Age 3yrs+

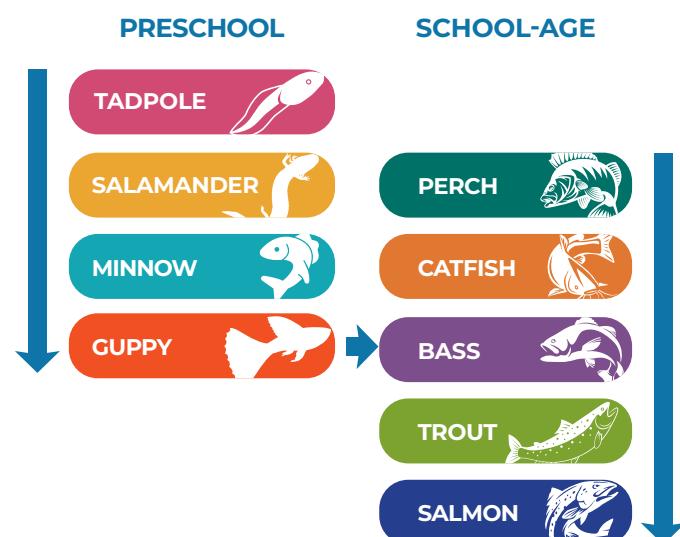
One student per instructor. Lessons are taught at the student's level.

Age: 3yrs+ | Day: Mon-Thu (1 month session)

Length: 30 mins / 10AM-12:30PM / 3-7PM | Cost: \$112/session

WHAT STAGE IS THE STUDENT READY FOR?

Is the student comfortable working with an instructor without a parent/guardian in the water?	<i>Not Yet</i> ►	TADPOLE
Can the student go underwater voluntarily?	<i>Not Yet</i> ►	SALAMANDER
Can the student do a front glide, back glide, and back float with assistance?	<i>Not Yet</i> ►	MINNOW
Can the student swim 15-25ft on their own?	<i>Not Yet</i> ►	GUPPY
Can the student go underwater voluntarily?	<i>Not Yet</i> ►	PERCH
Can the student do a front glide, back glide, and back float on their own?	<i>Not Yet</i> ►	CATFISH
Can the student swim 15-25 yards of front crawl and elementary backstroke?	<i>Not Yet</i> ►	BASS
Can the student swim 15-25 yards of front crawl, breaststroke, back crawl and elementary backstroke?	<i>Not Yet</i> ►	TROUT
Can the student swim 25-50 yards of front crawl, breaststroke, back crawl and elementary backstroke using appropriate turning styles?	<i>Not Yet</i> ►	SALMON



Horario de clases de natación Invierno/Primavera 2026

CLASES DE NATACIÓN

CLASES DE LUNES A JUEVES | NO HAY CLASES LOS VIERNES

2 lecciones por semana durante 4 semanas.

LA INSCRIPCIÓN COMIENZA EL 14 DE ENERO | LAS CLASES COMIENZAN EL 19 DE ENERO

LECCIONES DE LA MAÑANA				
	LUNES/MIÉRCOLES		MARTES/JUEVES	
9:00 AM	RENACUAJO		RENACUAJO	
9:30 AM	PRIVADO		PRIVADO	
10:00 AM	SALAMANDRA		SALAMANDRA	
10:30 AM	PECECILLO		PECECILLO	
SESIONES POR LA TARDE				
4:30 PM	PERCA		TRUCHA	
4:30 PM	PRIVADO		SILURO	
5:00 PM	TRUCHA		SALMÓN	
5:00 PM	PRIVADO		PRIVADO	
5:30 PM	BAJOS		SALAMANDRA	
5:30 PM	PECECILLO		PRIVADO	
5:30 PM	GUPPY		RENACUAJO	

TARIFAS DE LAS CLASES DE NATACIÓN

SESIÓN	FECHAS	COMIENZA EL REGISTRO	# DE LECCIONES	COSTO
1	ENE 19 - FEB 12	MIÉRCOLES, ENE 14 @ 8 AM	8	GRUPO \$69 PRIVADO \$112
2	FEB 23 - MAR 19	MIÉRCOLES, FEB 18 @ 8 AM	8	GRUPO \$69 PRIVADO \$112
3	ABR 6 - ABR 30	MIÉRCOLES, ABR 1 @ 8 AM	8	GRUPO \$69 PRIVADO \$112
4	MAY 11 - JUN 1*	MIÉRCOLES, MAY 6 @ 8 AM	6	GRUPO \$52 PRIVADO \$84

*Las clases de natación solo están disponibles por la tarde para la sesión 4. | No habrá clases el lunes 25 de mayo debido al Día de los Caídos.

BECAS PARA RECREACIÓN

Ningún niño debe ser excluido de participar en programas de recreación y servicios de cuidado infantil debido a limitaciones financieras familiares.

La ciudad de Medford se asocia con la Fundación de Parques y Recreación de Medford, una organización sin fines de lucro 501(c)3 para proporcionar descuentos en las tarifas a los niños que califiquen a través del Fondo de Becas Play Everyday y la Beca Acuática Rogue X Fund.

PARA SOLICITAR ASISTENCIA, HAGA CLIC EN EL BOTÓN "BECAS" EN PLAYMEDFORD.COM O ENVÍE UN CORREO ELECTRÓNICO A PARKS@CITYOFMEDFORD.ORG

Para hacer una donación deducible de impuestos al fondo de becas, visite medfordparksfoundation.org.



¡SE BUSCAN SALVAVIDAS!



¡Hacer un chapoteo!

Únete a nuestro equipo de salvavidas y genera un impacto positivo en nuestra comunidad.

Pago competitivo • Horarios flexibles
Capacitación proporcionada • Haz amigos
Salva vidas • Mantente en forma

¡APLICA HOY!
Simplemente escanee el código a continuación.



TELÉFONO: 541-774-2010

EMAIL: HUMANRESOURCES@CITYOFMEDFORD.ORG

NIVELES DE CLASES DE NATACIÓN

TODAS LAS LECCIONES INCLUYEN
TEMAS DE SEGURIDAD EN EL AGUA.

RENACUAJO (PADRE/TUTOR E HIJO) 6 meses-3 años
Presenta habilidades básicas que forman las bases para aprender a nadar con el apoyo de los padres para bebés y niños pequeños. Los padres aprenden a trabajar de manera segura con su hijo en el agua utilizando fundamentos clave, cómo sostenerle adecuadamente y animar a su hijo a participar en el agua.

SALAMANDRA (NIVEL 1) Edad 3-6 años
Introduce habilidades acuáticas básicas y orienta a los estudiantes hacia el ambiente acuático aprendiendo a sentirse seguro cerca del agua con ayuda.

PECECILLO (NIVEL 2)
Los estudiantes comienzan a desarrollar sus habilidades acuáticas de forma independiente en distancias más largas y aguas más profundas mientras continúan explorando acciones simultáneas y alternas de brazos y piernas en la parte delantera y trasera.

GUPPY (NIVEL 3)
Los estudiantes comienzan a desarrollar sus habilidades acuáticas de forma independiente en distancias más largas y aguas más profundas mientras continúan explorando acciones simultáneas y alternas de brazos y piernas en la parte delantera y trasera.

PERCHA (NIVEL 1)
Introduce habilidades acuáticas básicas y orienta a los estudiantes mayores al medio acuático, además, los estudiantes aprenderán cómo estar seguro alrededor en el agua con apoyo. Las habilidades que se enseñan se superponen a las que se enseñan en Salamandra y Pececillo.

SILURO (NIVEL 2)

Los estudiantes desarrollan aún más el brazo simultáneo y alterno y las acciones de las piernas en la parte delantera y trasera y mejoran sus habilidades de locomoción realizadas sin apoyo. Habilidades enseñadas se superponen a los que se enseñan en Guppy.

BAJO (NIVEL 3)

Los estudiantes aprenderán a nadar estilo libre o crol y el preliminar estilo de espalda o dorso. Patada de tijera, patada de delfín y flotación de supervivencia son introducidos. Los estudiantes también aprenderán cómo entrar al agua de cabeza desde una posición sentada mientras se expande en habilidades previamente aprendidas.

TRUCHA (NIVEL 4)

Los estudiantes aumentarán su resistencia y competencia en estilo libre o crol y estilo espalda elemental o dorso y comienzan a aprender la forma rudimentaria de brazada de costado y braza de pecho. Este nivel también presenta el estilo de espalda y la brazada de mariposa, así como realizar un giro abierto en una pared..

SALMÓN (LEVEL 5)

Los estudiantes refinan los seis estilos de natación y mejoran su resistencia a mayores distancias. Los giros hacia adelante y hacia atrás son introducidos en esta etapa.

CLASES PRIVADAS (P) Edad 3 años+

Un alumno por instructor. Las lecciones se imparten al nivel en que el estudiante se encuentre.

Edad: 3 años+ Día: Lunes-Jueves (sesión de 1 mes)

Duración: 30 min. Hora:10AM-12:30PM / 3-7PM

Costo: \$112/sesión

¿PARA QUÉ ETAPA ESTÁ PREPARADO EL ALUMNO?

¿Se siente cómodo el estudiante trabajando con un instructor sin un parente/tutor en el agua?	Todavía no ►	RENACUAJO
¿El estudiante se sumergirá voluntariamente bajo el agua?	Todavía no ►	SALAMANDRA
¿Puede el estudiante hacer un deslizamiento frontal, un deslizamiento trasero y un flotador trasero con ayuda?	Todavía no ►	PECECILLO
¿Puede el estudiante nadar de 15 a 25 pies por su cuenta?	Todavía no ►	GUPPY
¿El estudiante se sumergirá voluntariamente bajo el agua?	Todavía no ►	PERCHA
¿Puede el estudiante hacer un deslizamiento frontal, un deslizamiento trasero y un flotador trasero por su cuenta?	Todavía no ►	SILURO
¿Puede el estudiante nadar de 15 a 25 yardas de crol y espalda elemental?	Todavía no ►	BAJO
¿Puede el estudiante nadar de 15 a 25 yardas de crol, braza, crol y primaria? ¿espalda?	Todavía no ►	TRUCHA
¿Puede el estudiante nadar de 25 a 50 yardas de crol, braza, crol y primaria? ¿Espalda con los estilos de giro adecuados?	Todavía no ►	SALMÓN

PREESCHOLAR



EDAD DE LA ESCUELA



Rogue X Gym & Facility Rental Fees

OPEN GYM	SINGLE SESSION DROP-IN FEE	
	RESIDENT	NON-RESIDENT
YOUTH (1-17)	\$3	\$4
ADULT (18-54)	\$5	\$6
SENIOR (55+)/MILITARY	\$4	\$5



Scan for
Aquatics &
Open Gym
Schedules
Escanee para
deportes
acuáticos
y horarios de
gimnasios
abiertos

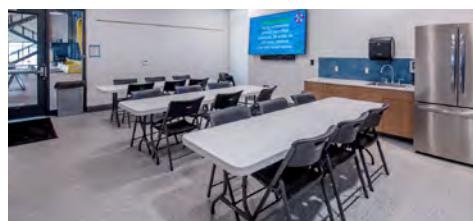
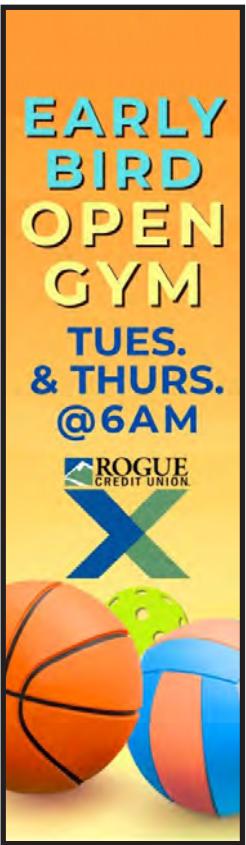
FACILITY RENTAL FEES		RATES
EVENT CENTER COURT RENTAL FEE		\$53 /hr per court
EVENT CENTER HALF-COURT RENTAL FEE		\$26.50/hr
CLASSROOM/MEETING ROOM RENTAL		\$32/hr
EVENT CENTER RENTAL Full-day, exclusive use	\$2,695/day	8am-10pm
EVENT CENTER RENTAL Half house, full-day, non-exclusive use	\$2,035/day	8am-10pm

Tarifas de alquiler de instalaciones y gimnasios de Rogue X

GIMNASIO ABIERTO	TARIFA DE ENTRADA SIN CITA PREVIA DE UNA SOLA SESIÓN	
	RESIDENTE	NO RESIDENTE
JOVENES (1-17)	\$3	\$4
ADULTO (18-54)	\$5	\$6
MAYOR (55+)/MILITAR	\$4	\$5



TARIFAS DE ALQUILER DE INSTALACIONES	TARIFAS
ALQUILER DE CANCHAS Para uso deportivo	\$53/hora, por cancha
TARIFA DE ALQUILER DE MEDIO CAMPO DEL CENTRO DE EVENTOS	\$26.50 por hora
ALQUILER DE AULAS/SALAS DE REUNIONES	\$32 por hora
ALQUILER DE CENTROS DE EVENTOS día completo, uso exclusivo	\$2,695 por día
ALQUILER DE CENTROS DE EVENTOS media casa, día completo, uso no exclusivo	\$2,035 por día
	8am-10pm
	8am-10pm



BIRTHDAY PARTY PACKAGES | HOST A BIRTHDAY PARTY AT ROGUE X!

	FEE	TIME	DETAILS
AQUATICS PARTY ROOM (including recreational pool and water slide access)	\$205	2 hrs.	25 open swim wristbands, 25 people max.
SPLASH PAD PAVILION RENTAL (includes recreational pool access)	\$205	2 hrs.	25 open swim wristbands, 25 people max.
EVENT CENTER SPORTS-THEMED PARTY (basketball/futsal/pickleball/volleyball)	\$175	2 hrs.	40 attendees, 1 court, set-up for requested sport.

PAQUETES DE FIESTA DE CUMPLEAÑOS | ¡ORGANIZA LA FIESTA DE CUMPLEAÑOS DE TU HIJO EN ROGUE X!

	HONORARIOS	TIEMPO	DETALLES
SALA DE FIESTAS ACUÁTICAS (incluyendo piscina recreativa y acceso a toboganes de agua)	\$205	2 horas	25 pulseras de natación abiertas, 25 personas máx.
DE PABELLÓN DE CHAPOTEADERO DE VERANO (incluye acceso a la piscina recreativa)	\$205	2 horas	25 pulseras de natación abiertas, 25 personas máx.
FIESTA TEMÁTICA DEPORTIVA DEL CENTRO DE EVENTOS (baloncesto/voleibol/pickleball)	\$175	2 horas	40 asistentes, 1 pista, montaje para el deporte solicitado.

Programas y Eventos Invierno / Primavera

Campamento de vacaciones de primavera

Estos programas del día son para que los niños tengan actividades recreativas y divertidas durante los descansos escolares. Cada sesión se divide según las edades de los niños y se enfocan en actividades apropiadas para sus edades. Habrá juegos y deportes en el gimnasio, manualidades y mucho más.

Grados: De K-6

Fecha: Del 23 al 27 de marzo

Hora: 9:00 am a 5:30 pm

Costo: \$143 Residentes | \$149 No Residentes

Lugar: Centro Comunitario Santo

Cuidado en la mañana temprano: 7:30 am a 9:00am:

\$35 Residentes | \$41 No Residentes

Límite: Mínimo 15 niños / Máximo 30 niños

Fútbol americano con bandera de la NFL

¡La primavera es la temporada de fútbol juvenil con banderas en Rogue Valley! Únase a nosotros para una temporada llena de diversión que enfatiza el desarrollo de habilidades básicas y el trabajo en equipo en un ambiente divertido y relajado. Esta liga popular es una manera ideal de presentarle a su hijo el fútbol organizado. La tarifa incluye una réplica de una camiseta de la NFL y una clínica de instrucción de fútbol americano de pre-temporada gratuita. ¡Se necesitan entrenadores voluntarios!

Edad: De 6-7 años, 8-9 años y 10-12 años

Prácticas: Lunes-Jueves por determinar. Cada equipo practicará una vez por semana.

Ubicación: campos de fútbol Fichtner 3 y 4, campo Jefferson MP y otros parques de la ciudad

Horarios de juego: viernes 6 p.m., 7 p.m. y 8 p.m.

Fechas del juego: del 10 de abril - 15 de mayo (6 semanas)

Las prácticas comienzan la semana del 16 de marzo en varios campos de la ciudad.

Los horarios se publicarán en SportsMedford.com antes del 12 de marzo.

Ubicación: Campos de Lithia y Driveway 10, 11, 12 y 13

Costo: \$76 Residentes | \$82 No Residentes

Mínimo: 36 niños | **Máximo:** 80 niños

Reunión de padres: 4 de marzo a las 6 p.m.

Salón principal del Centro Comunitario Santo

Centro Comunitario Santo, Salón Principal

La NFL Flag Football League es una liga recreativa de 7 contra 7 que sirve como introducción al fútbol americano. Se pide a los padres que ayuden a crear un ambiente positivo aplaudiendo los logros de todos los participantes y equipos. Las solicitudes especiales se aceptan solo en la reunión de padres y se consideran caso por caso según los criterios establecidos explicados en la reunión de padres.

¡Búsqueda de Huevos Acuática!

¡Disfruta de una búsqueda de huevos con un toque acuático! Únete a nosotros en Rogue X y diviértete recogiendo dulces y huevos llenos de premios en la piscina. El evento es gratuito gracias al apoyo del Club Kiwanis. Para niños de 1 año en adelante.

28/03 | Sábado | 9:45 A - 10:45 A

Liga Juvenil de Fútbol Adentro

Esta liga introductoria desarrolla habilidades básicas y enseña a trabajar en equipo en un ambiente relajado y recreativo. ¡Los juegos son divertidos tanto para niños como para familias! Los jugadores reciben una camiseta y una medalla de participación. Los voluntarios, normalmente padres, actúan como entrenadores del equipo. Becas disponibles.

Edades: De 4-5, 6-8

Costo: \$55 Residente | \$61 No Residente

Límite: Máximo 80 niños (edades 4-5)

Mínimo: 24 niños | **Máximo:** 80 niños (edades 6-8)

Prácticas: Una noche entre semana (de lunes a jueves) por determinar. en la cancha 1 de Rogue X

Las prácticas serán de 5:45 pm o 6:45 pm

Juegos: sábados de 9 a.m. a 2 p.m.

Lugar de juego: Centro Comunitario Santo Gimnasio

SESIÓN DE INVIERNO

Fechas: 26 de enero al 7 de marzo

Reunión de padres (opcional): 19 de enero, 6 p.m.

Reunión de Entrenadores: 21 de enero, 6 p.m.

Lugar de reuniones: Centro Comunitario Santo, Salón Principal

SESIÓN DE PRIMAVERA

Fechas: 6 de abril al 16 de mayo

Reunión de padres (opcional): 30 de marzo, 6 p.m.

Reunión de entrenadores: 1 de abril, 6 p.m.

Lugar de reuniones: Centro Comunitario Santo, Salón Principal



LOS NIÑOS DE 1 A 9 AÑOS PUEDEN DIVERTIRSE
A LO GRANDE RECOGIENDO CARAMELOS Y
HUEVOS CON PREMIOS EN LA PISCINA.

SÁBADO, MAR 28 | 9:45-10:45AM
¡EVENTO FAMILIAR GRATUITO!

PATROCINADO POR EL CLUB KIWANIS



ROGUE X • 901 ROSSANLEY DR, MEDFORD

YOUTH PROGRAMS



**PLAY
CREATES
JOY**



Bugs R Us Presentations

Children under 12 must be with an adult;
no charge for adults attending with children.

Instructor: John Jackson

Age: 3-12 | Cost: \$12

Additional \$3 for STEM Project Presentations

Located at Santo Community Center

Max 30 Pre-registration is required

Oregon Coast Sea Life

Explore sea life using models and real specimens while discussing the fish, plant, bird and mammal life along Oregon Beaches.

1/26 | M | 3:30-4:30PM | R/NR \$12 | ID: 34959

Build Your Own Game | STEM

Make a version of the classic board game, Operation! *All supplies are provided.*

2/23 | M | 3:30-4:30PM | R/NR \$15 | ID: 34960

Fish

Learn about the fish lifecycle, how gills work, fish anatomy, and their role in the food chain.

3/30 | M | 3:30-4:30PM | R/NR \$12 | ID: 34961



Worms and Composting

Study live worms. Learn what they are, why they are important for composting, and what they do for the planet.

4/20 | M | 3:30-4:30PM | R/NR \$12 | ID: 34962

Discovery Programs 25-26 School Year



Discovery 3's Preschool

Age: 3

Discovery 4/5's Preschool

Ages: 4-5

Discovery Fridays

Ages: 3-5

All children enrolled in the program must have completed toilet training.

Register online or at the Santo Community Center

For more information
visit playmedford.com
or Scan code:



Summer Camp Scholarship Applications Due by April 10

Scholarship applications are online at playmedford.com. Completed applications and required documents must be submitted by April 10 to be considered. Scholarships are awarded on a first-come, first-served basis.

Please ensure all required forms are included; incomplete applications will be held until all documents are received. Applications submitted after April 10 are not guaranteed a scholarship.

Day camps are designed to meet the parents' and children's needs for supervised fun recreational activities during school breaks. Campers must bring a lunch, two snacks and a water bottle. Age 5-12 (Grades: K-6). Located at Santo Community Center. Max 35.

Spring Break Camp

3/23-3/27 | M-F | 9AM-5:30PM | R \$143 | NR \$149
ID: 35118

Before Care | M-F | 7:30-9AM | R \$35 | NR \$41
ID: 35117

For more information
visit playmedford.com
or Scan code:



Art with Brianna

Instructor Bio:

Brianna Rigg has been a practicing artist for over 20 years, specializing in drawing, sculpture, and installation art. She holds a master of Fine Arts from the University of California, San Diego, a Master of Arts in Teaching from Western Oregon University, and has been an adjunct professor for over ten years.



Crafts for Kids

Explore basket weaving, leatherworking, and macrame through hands-on craft projects. Techniques vary based on student interests, allowing artists to discover and develop their favorite creative mediums. Age 7-15. Located at Santo Community Center. Max 8.

1/31-3/7 | Sa | 10AM-Noon | R \$63 | NR \$69 | ID: 35131

Comics, Manga, and Animation

Create original characters and bring stories to life through comics, manga, and animation. Use imaginative drawing techniques, apply visual storytelling skills, and explore basic animation principles while collaborating on dynamic characters and narrative sequences. Age 7-12. Located at Santo Community Center. Max 10.

3/14-5/2 | Sa | 10AM-Noon | R \$63 | NR \$69 | ID: 35132
(No Class 3/21 & 3/28)

2D Mixed Media Mania

Explore color, texture, and shape while experimenting with painting and collage. Using watercolor, drawing materials, and layered paper, create imaginative 2D mixed media artworks. Age 8-13. Located at Santo Community Center. Max 10. **Instructor: Ashley Quast**

3/20 | Fri | 3:30-4:30PM | R \$26 | NR \$32 | ID: 35059



**UNLESS OTHERWISE NOTED,
REGISTRATION STARTS
DECEMBER 30 AT 9AM**



Enchanted Experiences

Ages 2-12. All events offer photo opportunities.

Located at Santo Community Center.

All children must be accompanied by an adult.

(Adult chaperones are free.) Max 20



Snow Globes with the Snow Sisters

Join the Snow Sisters for this enchanting winter craft. Perfect for honing creative skills. Create and take home a snow globe! Fine motor skill development will be encouraged, though little hands may benefit from help.

1/31 | Sa | 11AM-Noon | R \$23 | NR \$29 | ID: 34744

Fairy Godmother Wands with Cinderella

Have a bibbity-bobbity-blast while assembling and decorating a personal fairy godmother wand. Creativity and fine motor skill development are both encouraged during this activity.

3/14 | Sa | 11AM-Noon | R \$20 | NR \$26 | ID: 34745

Kindermusik: Foundations

Parents and children snuggle, sway, and play together in this gentle, sensory-rich class, designed especially for infants from birth to 18 months old and their caregivers. Through soothing songs, and rhythmic movement, babies build early communication and motor skills while deepening the parent-child bond. Age 0-18mo. Located at Rogue X. Max 7. *Instructor: Muriel Sadlier-Hart of Rogue Music Academy*

2/3-2/17 | Tu | 10:45-11:30AM | R \$49 | NR \$55
ID: 34850

Kindermusik: Toddler

Parents and children snuggle, sway, and play together in this gentle, sensory-rich class, designed especially for infants from birth to 18 months old and their caregivers. Through soothing songs, and rhythmic movement, babies build early communication and motor skills while deepening the parent-child bond. Age 1-1½. Located at Rogue X. Max 7. *Instructor: Muriel Sadlier-Hart of Rogue Music Academy*

2/3-2/17 | Tu | 11:30AM-12:15PM | R \$49 | NR \$55
ID: 34851



Parent & Me

Explore a preschool classroom environment with structured transitions designed to foster social and cognitive development through play, creative activities, and story time. Parents must remain with their children during this course. Age 1½-5. Located at Santo Community Center. Max 10. *Instructor: Molly Nyberg*

S1 1/9-1/30 | F | 9-10:15AM | R \$41 | NR \$47 | ID: 35120
S2 2/6-2/27 | F | 9-10:15AM | R \$41 | NR \$47 | ID: 35121
S3 3/6-3/20 | F | 9-10:15AM | R \$41 | NR \$47 | ID: 35122
S4 4/3-4/17 | F | 9-10:15AM | R \$41 | NR \$47 | ID: 35123



I Can Play Ukulele/Guitar

Learn the fundamentals of playing the ukulele/guitar in a fun environment! Acquire the skills to play the most common chords and rhythms. No experience needed. Bring an instrument or call (541) 292-4247 to reserve a free rental before the first class. Ages 7-15. Located at Rogue X. Max 10. *Instructor: Rogue Music Academy*

1/12-2/2 | M | 4:15-5PM | R/NR \$85 | ID: 34849



SCAN CODE
TO REGISTER



Dance Classes at Inspire Dance Company

All classes located at Inspire Dance Company:
535 Stevens St., Medford, OR 97504.
Instructed by Inspire Dance Staff

Creative Movement

Combines beginner dance steps with a touch of ballet techniques. Move to music, play fun games, and build coordination, balance, and confidence. Age 2-4. Max 8.

1/7-1/28 | W | 5:45-6:15PM | R \$55 | NR \$61 | ID: 35221

Mini Hip Hop

Explore basic hip hop steps and grooves in a kid-friendly way while building rhythm, coordination, and confidence. Prorated, late registration available. Age 4-6. Max 8.

1/6-1/27 | Tu | 6:15-6:45PM | R \$55 | NR \$61 | ID: 35311

Boys Hip Hop

Explore basic hip hop steps and grooves in a kid-friendly way while building rhythm, coordination, and confidence. Age 6-12. Max 8.

1/9-1/30 | F | 6:30-7:15PM | R \$55 | NR \$61 | ID: 35124

Beginner & Intermediate Hip Hop

Use creativity and show expression through movement. Whether starting or building on existing skills, learn hip hop technique, footwork, and freestyle in a fun, supportive environment. Age 7-12. Max 5.

1/10-1/31 | Sa | 2-2:45PM | R \$65 | NR \$71 | ID: 35214

Beginner & Intermediate Jazz

Learn jazz fundamentals like kicks, turns, leaps, and combinations set to upbeat, age-appropriate music. Build strength, flexibility, and musicality while boosting confidence and stage presence. Age 7-12. Max 8.

1/7-1/28 | W | 4:15-5PM | R \$65 | NR \$71 | ID: 35220

Beginner & Intermediate Lyrical

Blend ballet and jazz technique with expressive movement to help tell a story through dance. Focus on emotion, fluidity, and musical interpretation while building strength, control, and flexibility. Age 7-12. Max 8.

1/7-1/28 | W | 5-5:45PM | R \$65 | NR \$71 | ID: 35247

Beginner & Intermediate Acro

Build strength, flexibility, and confidence through acrobatic movement. Learn proper technique for skills such as bridges, rolls, handstands, cartwheels, walkovers, and more! Prorated, late registration available. Age 7-12. Max 5.

1/6-1/27 | Tu | 5-5:45PM | R \$65 | NR \$71 | ID: 35150

Pre Ballet

Nurture a love of dance and build the foundation of classical ballet technique. Learn basic positions, practice simple combinations, and develop graceful movement. Prorated, late registration available. Age 4-6. Max 8.

1/7-1/28 | W | 3:15-3:45PM | R \$55 | NR \$61 | ID: 35310



Kid's Karate

Learn valuable self-defense skills in a fun, game-oriented karate class. Work towards a black belt, gain confidence and become a leader. More info at DojoToYou.com. Age 5-14. Located at Rogue X. Max 20. *Instructor: Josh & Jeremy Roarty*

S1 1/5-1/28 | M/W | 5-5:45PM | R \$54 | NR \$60
ID: 34779

S2 2/2-2/25 | M/W | 5-5:45PM | R \$62 | NR \$68
ID: 34780

S3 3/2-3/25 | M/W | 5-5:45PM | R \$62 | NR \$68
ID: 34781

S4 3/30-4/22 | M/W | 5-5:45PM | R \$62 | NR \$68
ID: 34782



UNLESS OTHERWISE NOTED,
REGISTRATION STARTS
DECEMBER 30 AT 9AM

NFL Flag Football Clinic

Clinics provide fun agility drills and fundamental skills under the tutelage of high school coaches and players. **Clinic is FREE for all registered NFL Flag Football League participants. (Call for \$5 registration if not in league).** Age 6-12. Located at Lithia & Driveway Fields, Field 14. Max 240. **Instructor: High School Coaches and Players**

3/20 & 4/3 | F | 6-7:30PM | R/NR \$5 | ID: 35284



NFL Flag Football League

Join us for a fun-filled flag football season emphasizing basic skills and teamwork in a fun, easy-going atmosphere. Introduce your child to organized football. Fee includes an NFL replica jersey, flags and a free preseason instructional football clinic.

Volunteer coaches needed! Friend requests are considered, but NOT GUARANTEED. Siblings in the same age division will be placed on the same team.

Parent Meeting: Tuesday, March 3 at 6PM. Located at Santo Community Center.

Coaches Meeting: Thursday, March 5 at 6PM. Located at Santo Community Center.

Practices: ONCE a week at assigned City Parks. Times TBD. Practices will begin the week of March 16.

Games: Played on Fridays at 6PM, 7PM, or 8PM. Located at Lithia & Driveway Fields 10-13.

Schedules and league information will be posted at www.sportsmedford.com. Scholarships are available.

Age: 6-7 | 3/16-5/15 | M-F | 5-8PM | R \$76 | NR \$82
ID: 35281 (No class 3/27)

Age: 8-9 | 3/16-5/15 | M-F | 5-8PM | R \$76 | NR \$82
ID: 35280 (No class 3/27)

Age: 10-12 | 3/16-5/15 | M-F | 5-8PM | R \$76 | NR \$82
ID: 35282 (No class 3/27)

Ice Skating at the RRRink

The Medford Ice Arena (*The RRRink*) offers classes for skaters of all ages and abilities. Max 12.

Located at 1349 Center Dr., Medford.

Instructor: Learn to Skate USA certified instructors.

Email: Itscoordinator@therrink.com

Evening Learn to Skate-Snowplow

Learn to skate with Snowplow Sam, a part of the Skate USA curriculum. Children develop the ABC's of movement in a safe and fun manner. Age 3-5.

S1 1/6-2/10 | Tu | 5:30-6PM | R/NR \$122 | ID: 34820

S2 2/17-3/24 | Tu | 5:30-6PM | R/NR \$122 | ID: 34821

S3 3/31-5/5 | Tu | 5:30-6PM | R/NR \$122 | ID: 34822



Homeschool Learn to Skate

Master the basics of ice skating with Learn to Skate USA certified instructors. Skaters receive 30 minutes of instruction and 30 minutes of free skate each day. Age 6-17.

S1 1/6-2/10 | Tu | 10-11AM | R/NR \$122 | ID: 34823

S2 2/17-3/24 | Tu | 10-11AM | R/NR \$122 | ID: 34824

S3 3/31-5/5 | Tu | 10-11AM | R/NR \$122 | ID: 34825

Evening Learn to Skate

Grasp the basics of ice skating with Learn to Skate USA certified instructors. Age 6-18.

S1 1/6-2/10 | Tu | 5:30-6PM | R/NR \$122 | ID: 34826

S2 2/17-3/24 | Tu | 5:30-6PM | R/NR \$122 | ID: 34827

S3 3/31-5/5 | Tu | 5:30-6PM | R/NR \$122 | ID: 34829

**SCAN CODE
TO REGISTER**





Tots Sports Sampler

Designed for young children as an introduction to soccer, baseball/softball, and basketball. All three sports are "sampled" in an hour under the tutelage of our experienced sports staff. Program t-shirt included. All equipment provided. Scholarships available. Age 3-5. Located at Santo Community Center. Max 14. *Instructor: Recreation Staff*

2-3PM

S1 1/11-1/25 | Su | 2-3PM | R \$39 | NR \$45 | ID: 35090
 S2 2/8-2/22 | Su | 2-3PM | R \$39 | NR \$45 | ID: 35091
 S3 3/8-3/22 | Su | 2-3PM | R \$39 | NR \$45 | ID: 35092
 S4 4/12-4/26 | Su | 2-3PM | R \$39 | NR \$45 | ID: 35093

3:15-4:15PM

S1 1/11-1/25 | Su | 3:15-4:15PM | R \$39 | NR \$45 | ID: 35090
 S2 2/8-2/22 | Su | 3:15-4:15PM | R \$39 | NR \$45 | ID: 35091
 S3 3/8-3/22 | Su | 3:15-4:15PM | R \$39 | NR \$45 | ID: 35092
 S4 4/12-4/26 | Su | 3:15-4:15PM | R \$39 | NR \$45 | ID: 35093

Specialized Recreation Sports Sampler

Designed and geared toward participants ages 5-13 with special needs. Any individual with a physical or intellectual challenge may participate. A different sport is featured weekly, allowing youth to experience various activities in a safe, focused, and comfortable environment. Staff teach the basics of the sport through instruction and practice and apply these skills in games. Groups are determined by size and ability level. At the end of each session, enjoy an hour of open gym to practice skills with new friends! Each participant must be accompanied by a "buddy" (parent, caregiver, older sibling, etc.) who can take them to the restroom as needed. All participants should come with athletic shoes and water. Located at Santo Community Center. Max 24. *Instructor: Recreation Staff*

S1 1/31-3/7 | Sa | 3-5PM | R/NR \$45 | ID: 35217
 S2 4/11-5/16 | Sa | 3-5PM | R/NR \$45 | ID: 36094

Circuit Training (13+)

For all levels of exercisers. Build functional strength, mobility and endurance, utilizing body weight, free weights, total body resistance exercise and more. For more info., email mike.hogan@cityofmedford.org. Age 13+. Located at Rogue X. Max 20. *Instructor: Mike Hogan*

1/13-4/14 | Tu/Th | 11-11:45AM | R \$42 | NR \$48
 ID: 34819



Youth Indoor Soccer

This introductory league develops essential skills and teaches teamwork in a recreational setting. Players receive a jersey and participation medal. Volunteers, usually parents, serve as team coaches. Shin guards required. Schedules and league info will be posted at www.sportsmedford.com. Scholarships available. Max 80.

Volunteer Coaches Needed!

Parent Meeting: Monday, Jan. 19 at 6PM. Located at Santo Community Center.

Coaches Meeting: Wednesday, Jan. 21 at 6PM. Located at Santo Community Center.

Practices: One night a week at Rogue X. 5:45PM or 6:45PM.

Games: Saturdays at Santo Community Center Gym. Between 9AM-2PM.

WINTER AGE 4-5

1/26-3/7 | M-Th | 5:45-6:45PM | R \$55 | NR \$61 | ID: 35275

WINTER AGE 6-8

1/26-3/7 | M-Th | 6:45-7:45PM | R \$55 | NR \$61 | ID: 35276

SPRING AGE 4-5

4/6-5/16 | M-Th | 5:45-6:45PM | R \$55 | NR \$61 | ID: 35277

SPRING AGE 6-8

4/6-5/16 | M-Th | 6:45-7:45PM | R \$55 | NR \$61 | ID: 35278



UNLESS OTHERWISE NOTED,
 REGISTRATION STARTS
 DECEMBER 30 AT 9AM



Free Lacrosse Clinic

Try America's first sport and the fastest game on two feet! Free clinic hosted by the Rogue Valley Youth Lacrosse Association. Staff includes current and former college players. Age 6-16. Located at Lithia & Driveway Fields. Max 100. *Instructor: Mark Brown*

2/7 | Sa | Noon-1:30PM | R/NR FREE | ID: 35273

Introduction to Lacrosse Clinic

Learn the history and fundamentals of America's first sport! No experience is necessary, and equipment is provided. Age 6-16. Located at Lithia & Driveway Fields. Max 40. *Instructor: Mark Brown*

2/14-3/7 | Sa | Noon-1:30PM | R \$49 | NR \$55 | ID: 35272



Instructional Lacrosse League

Rogue Valley Youth Lacrosse Association invites boys and girls to be a part of the fifth annual youth lacrosse league in Medford! No experience necessary; equipment provided. Practices are twice a week on Mondays and Wednesdays starting March 9. Games are on Saturdays beginning on April 4. Sibling discount code available, call to inquire. More information at www.rvyla.org. Age 6-16. Located at Lithia & Driveway Fields. Max 60. *Instructor: Mark Brown*

Practice on M/W 4-5:30PM & games on Saturday

3/9-5/30 | M/W/Sa | 3:30-5:30PM | R \$199 | NR \$205
ID: 35283 (No practices 3/23, 3/25, 5/25. No games 5/2, 5/23)

Junior Golf

Golf is a lifelong recreational activity. Learn from golf professionals in all phases of the game. Bring clubs, if possible, as loaner clubs are limited. Age 7-16. Located at Centennial Golf Club 1900 N. Phoenix Rd., Medford. Max 10. *Instructor: Centennial Golf Club Staff*

S1 2/7-2/28 | Sa | 11-11:45AM | R \$59 | NR \$65
ID: 34941 (No class on 2/14)

S2 3/7-3/21 | Sa | 11-11:45AM | R \$59 | NR \$65
ID: 34942

S3 4/11-4/25 | Sa | 11-11:45AM | R \$59 | NR \$65
ID: 34943



Little Hoopsters

The perfect introduction to basketball for kids. Fundamentals are taught in a fun, recreational atmosphere. Games are played after group and individual instruction in dribbling, passing, shooting and defensive concepts. Each child receives a numbered jersey and an end of year participation medal. Scholarships available. Located at Santo Community Center. Max 24. *Instructor: Recreation Staff*

WINTER AGE 5-6

1/18-2/15 | Su | 10-10:45AM | R \$52 | NR \$58 | ID: 35097

WINTER AGE 7-8

1/18-2/15 | Su | 11-11:45AM | R \$52 | NR \$58 | ID: 35098

SPRING AGE 5-6

3/22-4/26 | Su | 10-10:45AM | R \$52 | NR \$58 | ID: 35099
(No Class 4/5)

SPRING AGE 7-8

3/22-4/26 | Su | 11-11:45AM | R \$52 | NR \$58 | ID: 35100
(No Class 4/5)

**SCAN CODE
TO REGISTER**



Please Support Our Sponsors



The Children's Museum of Southern Oregon is a vibrant, interactive space designed for children. It features a large wooden climbing structure, a central water feature, and a wooden signpost with directional arrows pointing to various exhibits like 'The Lumber Yard', 'Wildlife Rescue', 'The Steamforest', 'The Tinkhouse', 'Gathering Grove', 'Safe Sound', and 'Lyn's Little Learners'. A circular inset on the left shows a sloth on a tree branch with the text 'INDOOR WINTER FUN THAT KIDS & PARENTS LOVE!'.

SPARK YOUR CURIOSITY

At the Children's Museum



The Children's Museum
OF SOUTHERN OREGON

WE OFFER

- INDOOR, HANDS-ON, EDUCATIONAL EXHIBITS
- FREE INTERACTIVE PROGRAMS: S.T.E.M., MUSIC & ART
- MAKER SPACE & TINKER BAR
- CLAY & CULINARY STUDIO
- OUTDOOR ADVENTURE
- FREE EVENTS AND MORE!

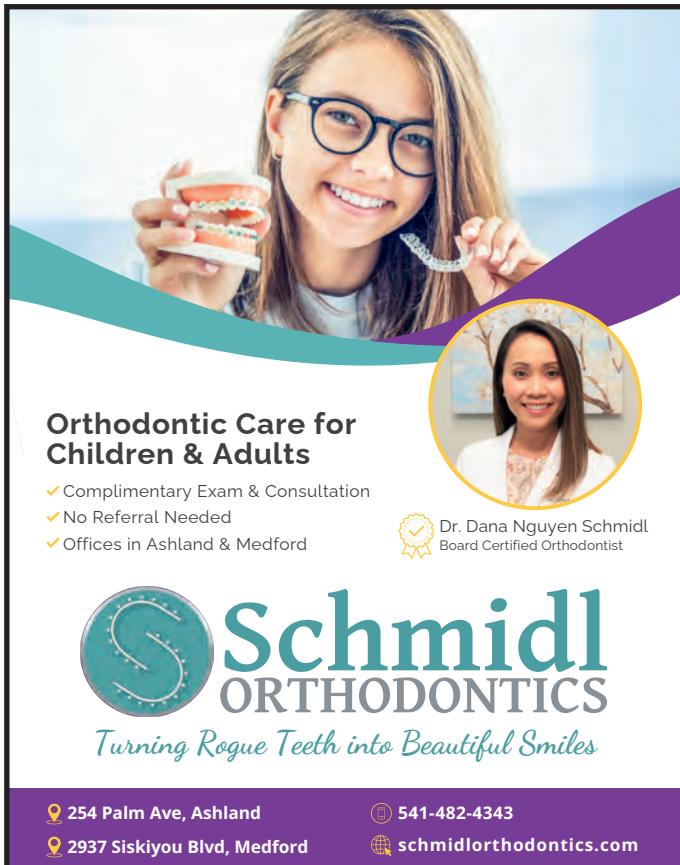
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WHAT TO DO IN SOUTHERN OREGON

Bringing *Southern Oregon* together by sharing the *best* family friendly *winter* and *holiday* events, and things to do in our area and beyond!

PHOTOGRAPHER | WRITER | PROMOTER
SOCIAL MEDIA SERVICES | EVENT CALENDAR

Inquire about services: whattodoinsouthernoregon@gmail.com

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GET STARTED
Purchase a container or token for a **one-time cost of \$10** at any participating eatery

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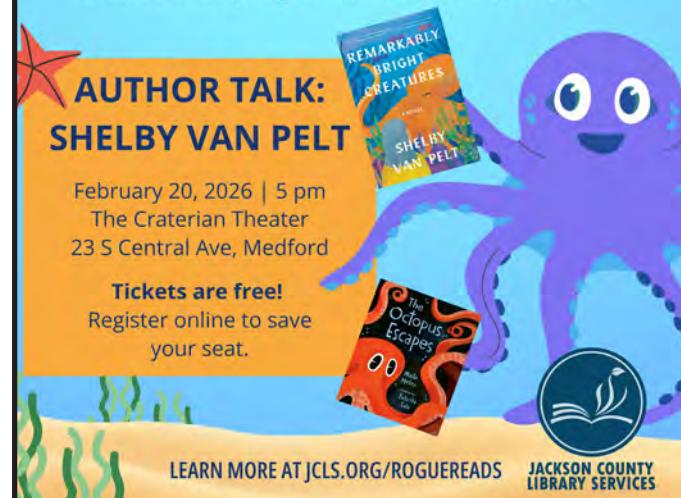
ROGUE READS A COMMUNITY READING EVENT

Jackson County Library System is hosting our annual community reading event, Rogue Reads, from December to February! Check out the featured books at your local library, track your reading, join conversations, dive into themed programs, and so much more!

AUTHOR TALK: SHELBY VAN PELT

February 20, 2026 | 5 pm
The Craterian Theater
235 Central Ave, Medford

Tickets are free!
Register online to save your seat.



LEARN MORE AT JCLS.ORG/ROGUEREADS

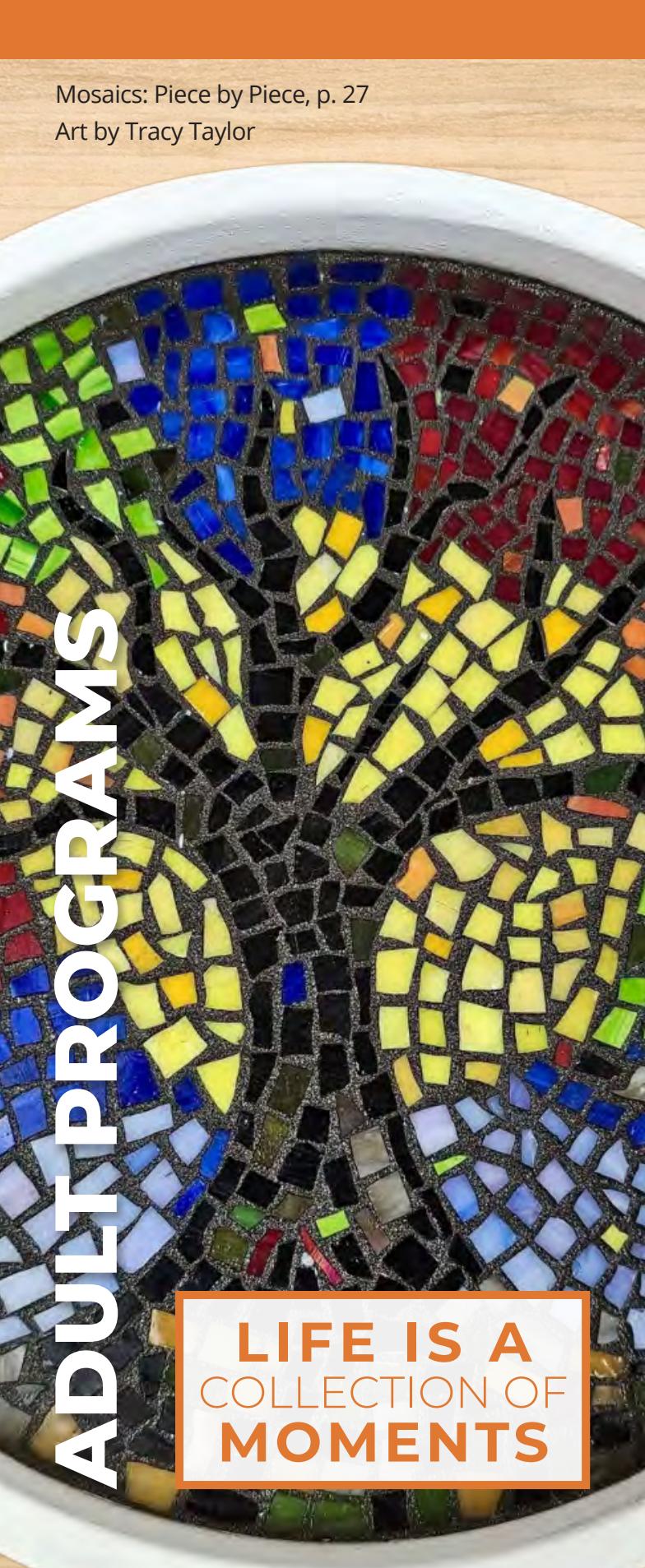


Mosaics: Piece by Piece, p. 27

Art by Tracy Taylor

ADULT PROGRAMS

**LIFE IS A
COLLECTION OF
MOMENTS**



Art with Ashley

Instructor Bio:

Ashley "Q" Quast is an interdisciplinary artist, working in various mediums ranging from printmaking to sculpture. She received her Master of Fine Arts from Washington State University and is currently part of the fine arts faculty at two universities.

Abstract Watercolor Explorations

Experiment with expressive mark-making, intuitive composition, and creative uses of water, pigment, and texture. Explore wet-on-wet washes, salt effects, and layered transparency to create vibrant, one-of-a-kind works of art. Age 16+. Located at Santo Community Center. Max 14.

3/20 | Fri | 5:30-7:30PM | R \$41 | NR \$48 | ID: 35129

Watercolor and Wildflowers

Experiment with color, texture, and fluid mark-making as you explore how water and pigment move, blend, and surprise. Create vibrant interpretations of Southern Oregon's spring blooms. Age 16+. Located at Santo Community Center. Max 14.

4/24 | Fri | 5:30-7:30PM | R \$41 | NR \$48 | ID: 35130

Art with Brianna

See bio on page 18

Leatherworking

Learn basic leather crafting techniques, including stamping and finishing, while creating a keychain or bracelet. Age 16+. Located at Santo Community Center. Max 15.

1/31 | Sat | 2-4PM | R \$52 | NR \$58 | ID: 35142

Pet Portraits

Create a portrait of a beloved pet using your choice of drawing or painting medium. Work from a photo using the grid-to-grid method to ensure accurate proportions and likeness. Age 16+. Located at Santo Community Center. Max 6.

1/31-2/21 | Sa | 5PM - 7PM | R \$52 | NR \$58 | ID: 35134

Monoprinting

Create prints that are unique each time by drawing directly onto the plate. Explore image-making through this spontaneous printmaking technique that combines drawing and printing. Age 16+. Located at Santo Community Center. Max 6.

2/1-2/8 | Su | 4-6PM | R \$52 | NR \$58 | ID: 35138

Acrylic Painting

Build foundational skills in acrylic painting by using grid techniques for underdrawing, applying design strategies, and mastering color mixing and theory. Paint from life, photographs, and imagination to create original compositions that express a unique vision. Age 18+. Located at Santo Community Center. Max 6.

2/1-3/8 | Su | Noon-2PM | R \$77 | NR \$83 | ID: 35146

Sculpture with Papier-mache Clay

Use aluminum foil and lightweight clay to create a figurative sculpture. Design a person, plant, animal, or imaginary creature while exploring three-dimensional form and texture. Age 16+. Located at Santo Community Center. Max 6.

2/15-3/8 | Su | 4-6PM | R \$66 | NR \$71 | ID: 35151

Macrame

Create a macrame wall hanging or planter using rope while following step-by-step instructions. Master essential knots and patterns to design functional home decor pieces. Age 16+. Located at Santo Community Center. Max 15.

S1 2/21-2/28 | Sa | 2-4PM | R \$52 | NR \$58 | ID: 35135

S2 3/29-4/5 | Su | 4-6PM | R \$52 | NR \$58 | ID: 35136

Collage and Mixed Media

Learn to compose images that convey meanings or tell stories using found materials, including magazines and more. Develop skills in composition, layering, and visual narrative. Age 16+. Located at Santo Community Center. Max 6.

2/28-3/21 | Sa | 5-7PM | R \$52 | NR \$58 | ID: 35139

Mosaics: Piece by Piece

Create mosaic artwork using a variety of materials and techniques. Discover the fundamentals of color, pattern, and composition while cultivating patience and precision in this traditional art form. This class is sequential. Age 18+. Located at Santo Community Center. Max 6.

3/15-4/19 | Su | Noon-2PM | R \$77 | NR \$83 | ID: 35157

**SCAN CODE
TO REGISTER**



Shibori with Natural Dyes

Learn traditional Japanese fabric-dyeing techniques to create unique patterns on tote bags and handkerchiefs. Experiment with various folding, binding, and resist-dyeing methods to produce stunning textile designs. All basic materials and tools provided. Age 18+. Located at Santo Community Center. Max 6.

3/15-3/22 | Su | 4-6PM | R \$52 | NR \$58 | ID: 35158

Coil Basket Weaving

Create a small coil-built basket with yarn and rope, or begin a larger project to complete at home. Learn traditional coiling and shaping techniques while building focus and patience through this calming, hands-on craft. Age 16+. Located at Santo Community Center. Max 15.

3/21-3/28 | Sa | 2-4PM | R \$66 | NR \$72 | ID: 35133

Black & White Observational Drawing

Develop fundamental drawing skills by sketching observed subjects, such as still lifes, landscapes, and people. Practice strategies such as gesture and contour lines, sighting, and rendering light and shadow. Master pencil and charcoal techniques while arranging and combining observed elements into original compositions. Age 18+. Located at Santo Community Center. Max 15.

3/28-4/25 | Sa | 5-7PM | R \$52 | NR \$58 | ID: 35140

Lino Cut Printmaking

Learn carving techniques and printing processes to create images that can be printed in multiples and on t-shirts, bags, or paper. Age 16+. Located at Santo Community Center. Max 6.

4/4-4/25 | Sa | 2-4PM | R \$66 | NR \$71 | ID: 35149

Sashiko Stitch

Explore the meditative Japanese embroidery method of sashiko while creating functional textile art. Experiment with traditional folding, binding, and stitching techniques to form distinctive patterns on fabric to make a coaster or patch. Age 16+. Located at Santo Community Center. Max 15.

4/12 | Su | 4-6PM | R \$41 | NR \$48 | ID: 35155

Acrylic Pour Painting

Create abstract artwork using the fluid art technique of acrylic pouring. Learn various pouring methods and color combinations to produce unique, flowing compositions. Age 16+. Located at Santo Community Center. Max 6.

4/19 | Su | 4-6PM | R \$41 | NR \$48 | ID: 35159

Beginner Ukulele/Guitar

Learn the fundamentals of playing the ukulele/guitar in a fun environment! Acquire the skills to play the most common chords and rhythms. No experience needed. Bring an instrument or call (541) 292-4247 to reserve a free rental before the first class. Age 15+. Located at Rogue X. Max 12. *Instructor: Rogue Music Academy*

1/12-2/2 | M | 6:15-7PM | R/NR \$85 | ID: 34848

I Can Play Ukulele/Guitar 55+

Discover the joy of playing the guitar and ukulele in a fun and supportive class for new musicians aged 55 and up. Learn favorite songs in a low-pressure environment. Bring an instrument or call (541) 292-4247 to reserve a free rental instrument. Age 55+. Located at Rogue X. Max 10. *Instructor: Rogue Music Academy*

1/12-2/2 | M | 4:15-5PM | R/NR \$85 | ID: 34847

Better Bones & Balance 55+

Focus on improving body confidence through improving endurance, overall strength, flexibility, and enhanced range of motion and balance. Pre-registration required. Age 55+. Located at Rogue X. Max 30. *Instructor: Gary Shade*

MONDAY & THURSDAY CLASSES

S1 1/12-2/26 | M/Th | 11AM-Noon | R \$6 | NR \$7
ID: 34839

S2 3/23-5/14 | M/Th | 11AM-Noon | R \$6 | NR \$7
ID: 34840 (No class 4/23)

TUESDAY & FRIDAY CLASSES

S1 1/13-2/27 | Tu/F | 11AM-Noon | R \$6 | NR \$7
ID: 34843 (No class 2/20)

S2 3/24-5/15 | Tu/F | 11AM-Noon | R \$6 | NR \$7
ID: 34844

Circuit Training (13+)

For all levels of exercisers. Build functional strength, mobility and endurance, utilizing body weight, free weights, total body resistance exercise and more. For more info., email: mike.hogan@cityofmedford.org. Age 13+. Located at Rogue X. Max 20. *Instructor: Mike Hogan*

1/13-4/14 | Tu/Th | 11-11:45AM | R \$42 | NR \$48
ID: 34819



UNLESS OTHERWISE NOTED,
REGISTRATION STARTS
DECEMBER 30 AT 9AM



American
Red Cross

Basic Life Support (BLS) CPR/AED Training for Medical and Care-Giving Professionals

Learn to recognize emergencies, perform chest compressions, ventilations, use an AED and work as a team when providing care. Successful completion of the content knowledge and skills test an American Heart Association BLS Provider card is provided. Verify employer compliance before enrolling. Age 18+. Located at Rogue X. Max 9. *Instructor: Michael Clark*

S1 2/28 | Sa | 1-4PM | R \$83 | NR \$89 | ID: 35086

S2 4/18 | Sa | 1-4PM | R \$83 | NR \$89 | ID: 35087

CPR (BLS)/AED Training for Professionals

Learn CPR for adults, children and infants, AED and first aid. Not intended for health care professionals. Certification is valid for two years. Ages 12+, *minors must be accompanied by an adult*. Located at Santo Community Center. Max 10. *Instructor: Daryl Armstead*

S1 1/17 | Sa | 9:30AM-1:30PM | R \$73 | NR \$79 | ID: 34741

S2 2/7 | Sa | 9:30AM-1:30PM | R \$73 | NR \$79 | ID: 34742

S3 3/14 | Sa | 9:30AM-1:30PM | R \$73 | NR \$79 | ID: 34743

Child & Infant: Pediatric First Aid & CPR/AED Training

Gain essential emergency response skills, including first aid for injuries, choking, and sudden illnesses, plus CPR and AED use for children and infants. Participants will practice hands-on skills until medical professionals arrive. An American Heart Association completion card is issued upon completion. Age 18+. Located at Rogue X. Max 9. *Instructor: Michael Clark*

4/4 | Sat | 1-6PM | R \$83 | NR \$89 | ID: 35088

Adult/Child CPR/First Aid

Learn first aid for injuries, choking, and sudden illnesses, plus CPR/AED for adults and children. Participants learn immediate-care skills to stabilize individuals until medical help arrives and receive an American Heart Association completion card. Age 18+. Located at Rogue X. Max 9. *Instructor: Michael Clark*

S1 3/7 | Sa | 1-5PM | R \$83 | NR \$89 | ID: 35084

S2 4/11 | Sa | 1-5PM | R \$83 | NR \$89 | ID: 35085

Tai Chi with Jeremy & Josh



Instructor Bio:

Jeremy and Joshua Roarty have been studying Martial Arts for over 30 years and have trained with various Tai Chi masters from the US and China. *For more info. go to DojoToYou.com*

Kali

Kali is a Filipino martial art known for its lightning-fast movement. The primary focus is on learning how to use a stick in self-defense, but also incorporates striking with the hand and joint-locking. Age 18+. Located at Santo Community Center. Max 20.

S1 1/10-1/31 | Sa | Noon-1PM | R \$33 | NR \$39 | ID: 34795

S2 2/7-2/28 | Sa | Noon-1PM | R \$33 | NR \$39 | ID: 34796

S3 3/7-3/28 | Sa | Noon-1PM | R \$33 | NR \$39 | ID: 34797

S4 4/4-4/18 | Sa | Noon-1PM | R \$25 | NR \$31 | ID: 34798

Tai Chi

Explore the movement through exercises led by experienced instructors. Increase strength, flexibility and balance through breathing, stretches, single-movement exercises and walking. Age 18+. Max 20.

MONDAY & WEDNESDAY CLASSES @ ROGUE X

S1 1/5-1/28 | M/W | 6-7PM | R \$62 | NR \$68 | ID: 34783

S2 2/2-2/25 | M/W | 6-7PM | R \$54 | NR \$60 | ID: 34784

S3 3/2-3/25 | M/W | 6-7PM | R \$62 | NR \$68 | ID: 34785

S4 3/30-4/22 | M/W | 6-7PM | R \$46 | NR \$52 | ID: 34786

TUESDAY & THURSDAY CLASSES @ ROGUE X

S1 1/6-1/29 | Tu/Th | 9-10AM | R \$62 | NR \$68 | ID: 34789

S2 2/3-2/26 | Tu/Th | 9-10AM | R \$62 | NR \$68 | ID: 34790

S3 3/3-3/26 | Tu/Th | 9-10AM | R \$62 | NR \$68 | ID: 34793

S4 3/31-4/23 | Tu/Th | 9-10AM | R \$62 | NR \$68 | ID: 34794

SATURDAY CLASSES @ SANTO COMMUNITY CENTER

S1 1/10-1/31 | Sa | 11AM-Noon | R \$33 | NR \$39 | ID: 34799

S2 2/7-2/28 | Sa | 11AM-Noon | R \$33 | NR \$39 | ID: 34800

S3 3/7-3/28 | Sa | 11AM-Noon | R \$33 | NR \$39 | ID: 34801

S4 4/4-4/18 | Sa | 11AM-Noon | R \$25 | NR \$31 | ID: 35848

Adult Golf

Golf is a lifelong recreational activity. Receive instruction from golf professionals in all phases of the game. Bring golf clubs, if possible, as loaner clubs are limited. Age 18+. Located at Centennial Golf Club, 1900 N. Phoenix Rd., Medford. Max 10. *Instructor: SOGA Southern OR Golf Association*

S1 2/7-2/28 | Sa | Noon-1PM | R \$72 | NR \$78

ID: 34945 (*No class on 2/14*)

S2 3/7-3/21 | Sa | Noon-1PM | R \$72 | NR \$78

ID: 34946

S3 4/11-4/25 | Sa | Noon-1PM | R \$72 | NR \$78

ID: 34947



Bollywood Dance for Beginners

An energetic introduction to the vibrant world of Bollywood. Learn the basic steps and techniques. Each week, build your confidence through learning short routines. Participate in a fun, choreographed dance by the end of the session, and improve strength, stamina, and flexibility in the process. Age 18+. Located at Rogue X. Max 12. *Instructor: Kamallata Jones*

S1 01/15 - 01/29 | Th | 6-7PM | R \$53 | NR \$59

ID: 35101

S2 02/05 - 02/26 | Th | 6-7PM | R \$53 | NR \$59

ID: 35102

S3 03/05 - 03/26 | Th | 6-7PM | R \$53 | NR \$59

ID: 35103

S4 04/02 - 04/23 | Th | 6-7PM | R \$53 | NR \$59

ID: 35104

**SCAN CODE
TO REGISTER**



Dance with Julie

Instructor Bio:

Julie Sorensen has been dancing since the age of three and just can't stop. She has enjoyed teaching all styles of dancing to all ages throughout her life.



Line Dance

Line Dancing is great fun and exercise. Learn simple dance patterns and new steps every week. No experience or partner needed. Age 16+. Located at Rogue X. Max 20.

BEGINNING

S1 1/5-1/26 | M | 7:15-8:15PM | R \$36 | NR \$42
ID: 35073

S2 2/2-2/23 | M | 7:15-8:15PM | R \$36 | NR \$42
ID: 35074

S3 3/2-3/23 | M | 7:15-8:15PM | R \$36 | NR \$42
ID: 35075

S4 3/30-4/20 | M | 7:15-8:15PM | R \$36 | NR \$42
ID: 35076

INTERMEDIATE

S1 1/6-1/27 | Tu | 5:30-6:25PM | R \$36 | NR \$42
ID: 35077

S2 2/3-2/24 | Tu | 5:30-6:25PM | R \$36 | NR \$42
ID: 35078

S3 3/3-3/24 | Tu | 5:30-6:25PM | R \$36 | NR \$42
ID: 35079

S4 3/31-4/21 | Tu | 5:30-6:25PM | R \$36 | NR \$42
ID: 35080



**UNLESS OTHERWISE NOTED,
REGISTRATION STARTS
DECEMBER 30 AT 9AM**

Adult Tap Dance

Get toes tappin' to a variety of fun music! Learn the basic tap steps, as well as a short routine. Wear tap shoes or shoes with hard soles. Age 18+. Located at Rogue X. Max 20.

BEGINNER/INTERMEDIATE

S1 1/6-1/27 | Tu | 6:35-7:30PM | R \$36 | NR \$42
ID: 35069

S2 2/3-2/24 | Tu | 6:35-7:30PM | R \$36 | NR \$42
ID: 35070

S3 3/3-3/24 | Tu | 6:35-7:30PM | R \$36 | NR \$42
ID: 35071

S4 3/31-4/21 | Tu | 6:35-7:30PM | R \$36 | NR \$42
ID: 35072



Senior Tap Dance

Boost mind and body health while learning to tap dance in an energizing and positive atmosphere. Wear tap shoes or shoes with hard soles. Age 55+. Located at Rogue X. Max 20.

MONDAYS

S1 1/5-1/26 | M | 11AM-Noon | R \$36 | NR \$42
ID: 34811

S2 2/2-2/23 | M | 11AM-Noon | R \$36 | NR \$42
ID: 34812

S3 3/2-3/23 | M | 11AM-Noon | R \$36 | NR \$42
ID: 34813

S4 3/30-4/20 | M | 11AM-Noon | R \$36 | NR \$42
ID: 34814

WEDNESDAYS

S1 1/7-1/28 | W | 3-4PM | R \$36 | NR \$42
ID: 34831

S2 2/4-2/25 | W | 3-4PM | R \$36 | NR \$42
ID: 34832

S3 3/4-3/25 | W | 3-4PM | R \$36 | NR \$42
ID: 34833

S4 4/1-4/22 | W | 3-4PM | R \$36 | NR \$42
ID: 34834

Yoga with Miriam

Instructor Bio:

Miriam Weekly is a certified yoga instructor who has taught for six years and has practiced for almost 20. Trained through the Rasa Yoga Teacher Training, she has taught a variety of classes from Power Vinyasa to Chair Yoga.

Located at Santo Community Center

Chair & Mat Hybrid Yoga

Bridge the gap between chair yoga and mat yoga in a slow-paced, beginner-friendly format. Perfect for those ready to move beyond the chair or who prefer not to get up and down from the floor repeatedly. Age 55+. Max 15.

S1 1/12-2/9 | M | 11:30AM-12:15PM | R \$35 | NR \$41
ID: 35113 (No Class 1/19)

S2 2/23-3/16 | M | 11:30AM-12:15PM | R \$35 | NR \$41
ID: 35114

S3 3/30-4/20 | M | 11:30AM-12:15PM | R \$35 | NR \$41
ID: 35115

Senior Chair Yoga

Move off the mat and onto the chair. Gain flexibility and strength. Reduce stress while retaining all the benefits of yoga. Age 55+. Max 25.

MONDAY

S1 1/12-2/9 | M | 10:30-11:15AM | R \$35 | NR \$41
ID: 34984 (No Class 1/19)

S2 2/23-3/16 | M | 10:30-11:15AM | R \$35 | NR \$41
ID: 34985

S3 3/30-4/20 | M | 10:30-11:15AM | R \$35 | NR \$41
ID: 34986

WEDNESDAY

S1 1/14-2/11 | W | 10:30-11:15AM | R \$35 | NR \$41
ID: 34988

S2 2/18-3/18 | W | 10:30-11:15AM | R \$35 | NR \$41
ID: 35274

S3 4/1-4/22 | W | 10:30-11:15AM | R \$35 | NR \$41
ID: 34989

FRIDAY

S1 1/16-2/13 | F | 10:30-11:15AM | R \$35 | NR \$41
ID: 34979

S2 2/20-3/20 | F | 10:30-11:15AM | R \$35 | NR \$41
ID: 34980

S3 4/3-4/24 | F | 10:30-11:15AM | R \$35 | NR \$41
ID: 34981

Beginner Yoga

A yoga class for beginners or anyone seeking a gentle, back-to-basics experience. Mats available. Age 18+. Max 15.

S1 1/13-2/10 | Tu | 9:15-10:15AM | R \$35 | NR \$41
ID: 34963

S2 2/17-3/17 | Tu | 9:15-10:15AM | R \$35 | NR \$41
ID: 34965

S3 3/31-4/21 | Tu | 9:15-10:15AM | R \$35 | NR \$41
ID: 34966

Slow Flow Yoga

A slow-paced class with modifications for each movement focusing on breath for all levels. Bring a yoga mat and yoga blocks. Age 18+. Max 15.

MONDAY

S1 1/12-2/9 | M | 9-10:15AM | R \$35 | NR \$41
ID: 34995 (No Class 1/19)

S2 2/23-3/16 | M | 9-10:15AM | R \$35 | NR \$41
ID: 35271

S3 3/30-4/20 | M | 9-10:15AM | R \$35 | NR \$41
ID: 34996

WEDNESDAY

S1 1/14-2/11 | W | 9-10:15AM | R \$35 | NR \$41
ID: 34998

S2 2/18-3/18 | W | 9-10:15AM | R \$35 | NR \$41
ID: 34999

S3 4/1-4/22 | W | 9-10:15AM | R \$35 | NR \$41
ID: 35000

FRIDAY

S1 1/16-2/13 | F | 9-10:15AM | R \$35 | NR \$41
ID: 34991

S2 2/20-3/20 | F | 9-10:15AM | R \$35 | NR \$41
ID: 34992

S3 4/3-4/24 | F | 9-10:15AM | R \$35 | NR \$41
ID: 34993

Prenatal Yoga

Specially designed for pregnant bodies with a special emphasis on breath and relaxation for all stages of pregnancy. Prepares the body and mind for the birthing process. Age 18+. Max 15.

S1 1/16-2/13 | F | 11:30AM-12:30PM | R \$41 | NR \$47
ID: 34975

S2 2/20-3/20 | F | 11:30AM-12:30PM | R \$41 | NR \$47
ID: 34976

S3 4/3-4/24 | F | 11:30AM-12:30PM | R \$41 | NR \$47
ID: 34977

(Miriam's Yoga Classes continued next page)

Yoga with Miriam Weekly

(Continued from previous page)

Lunchtime Flow Yoga

A flow yoga class suitable for all levels, perfect for a lunch break. Bring a yoga mat. Age 18+. Max 15.

• S1 1/13-2/12 | Tu/Th | Noon-1PM | R \$69 | NR \$75
ID: 34969

• S2 2/17-3/19 | Tu/Th | Noon-1PM | R \$69 | NR \$75
ID: 35868

• S3 3/31-4/23 | Tu/Th | Noon-1PM | R \$69 | NR \$75
ID: 34971

Sunrise Vinyasa Flow

A practice to awaken the body and mind, build strength and flexibility, and cultivate clarity and vitality for the day. Expect poses linked by breath, including sun salutations and energizing sequences. Bring a yoga mat and yoga blocks. Age 18+. Max 15.

• S1 1/13-2/12 | Tu/Th | 8-9AM | R \$69 | NR \$75
ID: 35002

• S2 2/17-3/19 | Tu/Th | 8-9AM | R \$69 | NR \$75
ID: 35003

• S3 3/31-4/23 | Tu/Th | 8-9AM | R \$69 | NR \$75
ID: 35004



**UNLESS OTHERWISE NOTED,
REGISTRATION STARTS
DECEMBER 30 AT 9AM**

Full Body Workout and Dance

Learn to warm-up with ease through functional fitness and dance conditioning, traditional and original bodyweight exercises, mild flow yoga and fun choreographed dance rhythms. Gain improved range of motion, muscular stability, flexibility and better posture. Located at Rogue X. Max 8. *Instructor: Golden Koscuik*

AGE 55+

• S1 1/12-1/28 | M/W | 9-10AM | R \$41 | NR \$47 | ID: 35105

• S2 2/2-2/25 | M/W | 9-10AM | R \$41 | NR \$47 | ID: 35106

• S3 3/2-3/18 | M/W | 9-10AM | R \$41 | NR \$47 | ID: 35107

ADULTS AGE 18+

• S1 1/12-1/28 | M/W | 10:30-11:30AM | R \$41 | NR \$47
ID: 35108

• S2 2/2-2/25 | M/W | 10:30-11:30AM | R \$41 | NR \$47
ID: 35109

• S3 3/2-3/18 | M/W | 10:30-11:30AM | R \$41 | NR \$47
ID: 35110



Denotes Date Change since initial publication.
Current as of 12/18/25

Winter/Spring Hikes 18+

Get the heart pumping and legs moving on the Rogue Valley's iconic trails. Min 3 | Max 8. *Instructor: Megan Fowler*

Meet at Rogue X and take a van to the trailhead unless otherwise noted. (Estimated time includes travel time.)

*Hikes can be physically strenuous.

Greenway Series South Stage Rd to Phoenix: Explore a section of the Bear Creek Greenway, an easy stroll from South Medford to Phoenix and back. Max 8.

• ★ 3/21 | Su | 8:30-11:30AM | R \$21 | NR \$26 | ID: 35044
Easy | 1.7 miles | Elev. 72 ft

Greenway Series South Stage Rd to Bear Creek Park: Explore a section of the Bear Creek Greenway, passing through the Lithia Driveway Fields to Bear Creek park and back. Max 8.

• ★ 3/1 | Su | 1:30-3:30PM | R \$21 | NR \$26 | ID: 35045
Easy | 3.0 miles | Elev. 102 ft

Greenway Series Ashland Dog Park to Ashland Exit: An easy stroll from the Ashland Dog Park to the Ashland Exit and back. Max 8.

• ★ 4/19 | Su | 8:30-11:30AM | R \$21 | NR \$26 | ID: 35046
Easy | 2.08 miles | Elev. 141 ft

Greenway Series West Valley View Rd. in Talent to South Valley View Rd. in Ashland: An easy stroll from Talent to Ashland admiring the scenic views. Max 8.

• ★ 3/8 | Su | 1:30-3:30PM | R \$21 | NR \$26 | ID: 35047
Easy | 2.8 miles | Elev. 108 ft

Jacksonville Cemetery: Walk up and back to the Jacksonville Cemetery and learn some of the rich history through this unique hike. Max 8.

• 2/22 | Su | 8:30-11:30AM | R \$21 | NR \$26 | ID: 35048
Easy | 2.2 miles | Elev. 250 ft

Reinhart Volunteer Park Loop: Walk a Grants Pass park loop featuring views of the Rogue River. Max 8.

• 3/1 | Su | 8:30-11:30AM | R \$21 | NR \$26 | ID: 35049
Easy | 2.7 miles | Elev. 65 ft

Rogue River Greenway Trail: Explore scenic views on this easy stroll while walking alongside Rogue River. Max 8.

• 3/7 | Sat | 8:30-11:30AM | R \$21 | NR \$26 | ID: 35050
Easy | 3 miles | Elev. 78 ft

Lithia Park Loop: Explore the lesser-known part of this internationally renowned botanical park in Ashland. Max 8.

• 3/8 | Su | 8:30-11:30AM | R \$21 | NR \$26 | ID: 35051
Easy | 2.5 miles | Elev. 300 ft

Emigrant Hike: Find peace between the pines and the shoreline while taking this easy hike at Emigrant Lake. Max 8.

3/15 | Su | 8:30AM-12:30PM | R \$21 | NR \$26 | ID: 35052
Easy | 4.0 miles | Elev. 272 ft

Beekman House to Jacksonville Creek Loop: This hybrid hike includes a sampling of three of Jacksonville's iconic trails and a short in-town stretch of the historic downtown. Max 8.

3/22 | Su | 8:30AM-1PM | R \$21 | NR \$26 | ID: 35053
Moderate | 4.3 miles | Elev. 748 ft

Wildflower Focused Fish Hatchery Grants Pass: Enjoy this moderate hike to soak in all of the beauty of the wildflowers near the fish hatchery in Grants Pass. Max 8.

3/29 | Su | 8:30AM-1PM | R \$21 | NR \$26 | ID: 35054
Moderate | 5.0 miles | Elev. 160 ft

Wildflower Focused Jeffrey Pine Loop to Little Falls Loop: Enjoy this trail skirting along the Illinois River and view all of the gorgeous and abundant spring wildflowers! Max 8.

4/5 | Su | 8:30AM-1PM | R \$21 | NR \$26 | ID: 35055
Easy | 3.8 miles | Elev. 433 ft

Wildflower Focused Sterling Mine Ditch and Armstrong Gulch Loop: Enjoy stunning wildflowers on this easy hike near the Jacksonville Buncom area. Max 8.

4/12 | Su | 8:30-11:30AM | R \$21 | NR \$26 | ID: 35056
Easy | 2.2 miles | Elev. 291 ft

Wildflower Focused Rogue River Trail to Rainie Falls: View wildflowers along the Rogue River trail that features Rainie Falls. *Weather Permitting*. Max 8.

4/25 | Sa | 8AM-12:30PM | R \$21 | NR \$26 | ID: 35057
Moderate | 3.7 miles | Elev. 452 ft

Winter/Spring All Day Hikes 18+

The required number of participants must be registered at least one week prior to each trip. Wear comfortable walking shoes. All hikes depart from and return to Rogue X: 901 N. Rossanley Dr. Min 3 | Max 8. *Instructor: Megan Fowler*



Florence: Take a day trip to Florence! Enjoy coastal views and a trip to the Sea Lion Caves (*admission tickets are included*). Also take, a walk to the Heceta Head Lighthouse.

4/26 | Su | 8AM-6PM | R \$68 | NR \$75 | ID: 35058
Easy | 3 miles | Elev. 300 ft

Evening Walks 18+

Wear comfortable walking shoes. Flashlights and/or headlamps recommended. All walks depart from and return to Rogue X: 901 N. Rossanley Dr. Min 3 | Max 8.
Instructor: Megan Fowler

Downtown Ashland to SOU Evening Walk: Take an evening downtown stroll through Ashland to SOU and back. Flashlights and/or headlamps recommended.

Easy | ~2.8 miles | Elev. 112 ft

★ S1 3/24 | Tu | 5:30-8:30PM | R \$21 | NR \$26 | ID: 35024

★ S2 4/7 | Tu | 5:30-8:30PM | R \$21 | NR \$26 | ID: 35026

S3 3/2 | M | 5:30-8:30PM | R \$21 | NR \$26 | ID: 35028

S4 3/18 | W | 5:30-8:30PM | R \$21 | NR \$26 | ID: 35029

S5 4/13 | M | 5:30-8:30PM | R \$21 | NR \$26 | ID: 35031



Jacksonville Chamber of Commerce

Downtown Jacksonville and Neighborhood Evening Walk: Take an evening stroll through downtown Jacksonville and wander through the neighborhoods. You will also learn a little bit of history along the way. Flashlights and/or headlamps recommended.

Easy | 3.0 miles | Elev. 148 ft

★ S1 3/31 | Tu | 5:30-8:30PM | R \$21 | NR \$26 | ID: 35033

★ S2 4/28 | Tu | 5:30-8:30PM | R \$21 | NR \$26 | ID: 35035

S3 2/25 | W | 5:30-8:30PM | R \$21 | NR \$26 | ID: 35037

S4 3/4 | W | 5:30-8:30PM | R \$21 | NR \$26 | ID: 35038

S5 3/25 | W | 5:30-8:30PM | R \$21 | NR \$26 | ID: 35040

S6 4/8 | W | 5:30-8:30PM | R \$21 | NR \$26 | ID: 35042

SCAN CODE
TO REGISTER



Winter/Spring Hikes 55+



Hikes designed for active seniors 55+. Eat a hearty breakfast, bring a lunch, snacks, water and hiking shoes/clothes. Some hikes can be physically strenuous. Please be mindful when registering. Refunds are not available on that basis. All hiking tours depart from and return to Rogue X. Max 8. **Instructor: Rebecca Cate**

Ti'lomikh Falls: Take an easy stroll to Ti'lomikh Falls. Enjoy the cascading water and peaceful forest, then finish the outing with coffee and pastries at a nearby local cafe perfect for a relaxing morning and engaging socialization. Max 8.

1/24 | Sa | 9:30AM-Noon | R \$21 | NR \$26 | ID: 35012
Easy | 2 miles | Elev. 50 ft

Lithia Loop: Lithia Park Loop in Ashland is a perfect winter-time adventure for a peaceful stroll or brisk walk. The loop winds through towering trees, over charming bridges and along the creek. After, stop by a nearby cafe or bakery to warm up with coffee and/or pastries. Max 8.

2/7 | Sa | 9:30AM-Noon | R \$21 | NR \$26 | ID: 35013
Easy | 2 miles | Elev. 100 ft

Roxy Ann: Take a winter stroll around the iconic Roxy Ann Peak in Medford! Enjoy crisp air, peaceful trails, and sweeping valley views on this moderate loop. Perfect for a quick nature escape. Max 8.

2/28 | Sa | 9:30AM-Noon | R \$21 | NR \$26 | ID: 35014
Moderate | 3 miles | Elev. 200 ft

Cathedral Hills: Hike offers four miles of interconnected trails perfect for the transition into spring. Gentle elevation changes, peaceful forest paths, and open ridge lines make this a refreshing hike to enjoy the first signs of spring. Finish the outing with lunch at a nearby eatery. Max 8.

3/14 | Sa | 9:30AM-2PM | R \$21 | NR \$26 | ID: 35016
Moderate | 4 miles | Elev. 400 ft

Ashland Trails Snark to Bandersnatch: The Snark to Bandersnatch Trail in Ashland is a beautiful, moderately challenging hike through oak and pine forests just minutes from downtown. The trail gains most of its 500 ft elevation early, then levels out into peaceful single track with occasional valley views and spring wildflowers. Max 8.

3/28 | Sa | 10AM-2PM | R \$21 | NR \$26 | ID: 35017
Moderate | 3 miles | Elev. 550 ft

Mill Creek and Pearsoney Falls: Discover the beauty of Mill Creek and Pearsoney Falls near Prospect. The possible raging spring runoff and serene forest setting make this a moderate, enjoyable hike for anyone looking to get outdoors and enjoy the sights. Max 8.

4/4 | Sa | 10AM-3PM | R \$21 | NR \$26 | ID: 35018
Moderate | 2.6 miles | Elev. 520 ft

Jacksonville Forest Canyon Vista Trail: Explore the Jacksonville Forest and see the Canyon View falls as well as other hidden springtime gems. Max 8.

4/11 | Sa | 10AM-2PM | R \$21 | NR \$26 | ID: 35019
Moderate | 4 miles | Elev. 500 ft



Lower Table Rock: A stunning spring destination for viewing and enjoying the majesty of the Rogue Valley. Max 8.

4/25 | Sa | 1:30-5:30PM | R \$21 | NR \$26 | ID: 35020
Moderate | 4-5 miles | Elev. 800 ft

Winter/Spring All Day Hikes 55+

Winter Whale Watching: Take a winter day trip to the Northern California and Southern Oregon coast for gray whale watching. Start in Crescent City, where the whales migrate close to shore, then drive along scenic Highway 101 to Brookings, Oregon, for more coastal views and whale spotting from cliffs or beaches. Enjoy lunchtime with a local spot to warm up. **Weather permitting.** Meet at Rogue X. Max 8.

1/10 | Sa | 8AM-6PM | R \$52 | NR \$58 | ID: 35011
Easy | 2 miles | Elev 100ft

Rough & Ready: Spring is the perfect time to explore Rough & Ready and Eight Dollar Mountain near Cave Junction. The trails are easy to moderate, offering peaceful walks surrounded by sweeping mountain views and the soothing sounds of spring runoff. Stop for lunch at a local Cave Junction favorite. Meet at Rogue X. Max 8.

4/18 | Sat | 8AM-3PM | R \$52 | NR \$58 | ID: 35009
Easy | 2-3 miles | Elev. 100 ft



UNLESS OTHERWISE NOTED,
REGISTRATION STARTS
DECEMBER 30 AT 9AM



Strength & Balance for Active Hikers (55+) Part 1

Through a combination of resistance exercises, functional movements, and balance training, develop muscle and stability needed to confidently tackle hills, uneven trails, and longer distances. Focus on practical movements that translate directly to hiking and everyday activities, helping you stay independent, injury-free, and ready for outdoor adventures. Improve balance and step confidently into more strenuous hikes. Age 55+. Located at Santo Community Center. Max 8. *Instructor: Rebecca Cate*

4/7-4/28 | Tu | 4:30-5:30PM | R \$32 | NR \$38 | ID: 35096



I.O.O.F. Eastwood Cemetery Tour

Medford's oldest pioneer cemetery was founded by the Independent Order of Odd Fellows (I.O.O.F.) in 1890 and became City-owned in 1972. The cemetery remains a unique part of Medford's history and continues to sell burial spaces and mausoleum crypts. Walk with us and hear about Medford's earliest families, local history and recognize the valuable role pioneer cemeteries play in urban settings. Located near Bear Creek Park. Meet at the I.O.O.F. Eastwood Cemetery Mausoleum 1581 Siskiyou Boulevard. Please note there are no restroom facilities at the cemetery. The nearest restrooms are across the street at Bear Creek Park. Min 4 | Max 16 per date. *Pre-registration is required.*

S1 1/14 | W | 10AM-Noon | R/NR FREE | ID: 34064

S2 2/11 | W | 10AM-Noon | R/NR FREE | ID: 36053

S3 3/11 | W | 10AM-Noon | R/NR FREE | ID: 36054

S4 4/8 | W | 10AM-Noon | R/NR FREE | ID: 36055

S5 5/13 | W | 10AM-Noon | R/NR FREE | ID: 36056



Horton Plaza FREE Classes

Horton Plaza offers FREE classes for seniors on Tuesdays. Call Horton Plaza at 541.770.1122 to confirm registration. Located at Horton Plaza, 1122 Spring St., Medford. Min 5 | Max 25. *Instructor: Horton Plaza Staff*

Balance 55+

Improve your balance, strengthen your core, and enhance everyday movement with safe, low-impact exercises designed specifically for seniors.

1/6-3/24 | T | 10:30-11AM | R/NR FREE

Gentle Chair Yoga 55+

Improve muscle tone and strength with personalized chair yoga.

1/6-3/24 | T | 11-11:30AM | R/NR FREE

**SCAN CODE
TO REGISTER**





Beginning Ballroom

Learn to dance, exercise and meet new people at the same time! The instructor is experienced, enthusiastic and keeps a lighthearted learning atmosphere. Age 16+. Located at Evergreen Ballroom, 6088 Crater Lake Ave., Central Point. Max 40. *Instructor: Cori Grimm*

S1 Salsa/Bachata

1/5-1/19 | M | 6:30-7:30PM | R \$22 | NR \$28 | ID: 34735

S2 Foxtrot

1/26-2/9 | M | 6:30-7:30PM | R \$22 | NR \$28 | ID: 34736

S3 Night Club Two-Step

2/16-3/2 | M | 6:30-7:30PM | R \$22 | NR \$28 | ID: 34737

S4 Swing (No Class 3/23)

3/9-3/30 | M | 6:30-7:30PM | R \$22 | NR \$28 | ID: 34738

S5 Waltz

4/6-4/20 | M | 6:30-7:30PM | R \$22 | NR \$28 | ID: 34739

S6 Cha Cha

4/27-5/11 | M | 6:30-7:30PM | R \$22 | NR \$28 | ID: 34740

Season Pass (All 6 sessions) | R \$90 | NR \$96 | ID: 35847
(No Class 3/23)



UNLESS OTHERWISE NOTED,
REGISTRATION STARTS
DECEMBER 30 AT 9AM

MOUNTAIN VIEW FENCE

541-879-0126

CCB# 246095

Pickleball Beginner

Beginner class emphasizes fundamental strokes, serving, rules, and terminology. Limited "loaner" paddles are available. Age 18+. Located at Rogue X. Max 8. *Instructor: Ken Sears or Joel Heller*

S1 2/10-2/17 | Tu | 10:30AM-12:15PM | R \$36 | NR \$42
ID: 34950

S2 3/18-3/25 | W | 10:30AM-12:15PM | R \$36 | NR \$42
ID: 34951

S3 4/8-4/15 | W | 10:30AM-12:15PM | R \$36 | NR \$42
ID: 34952



Pickleball Intermediate

Intermediate class works on techniques and strategies to improve consistency and skill level. Limited "loaner" paddles are available. Age 18+. Located at Rogue X. Max 8. *Ken Sears or Joel Heller*

S1 2/10-2/17 | Tu | 8:30-10:15AM | R \$36 | NR \$42
ID: 34955

S2 3/18-3/25 | W | 8:30-10:15AM | R \$36 | NR \$42
ID: 34956

S3 4/8-4/15 | W | 8:30-10:15AM | R \$36 | NR \$42
ID: 34957

SCAN CODE
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EVENTS



CREATE LASTING MEMORIES

YAPPY HOUR
MEDFORD PARKS & RECREATION

**YAPPY HOUR PRESENTS
CORGI-CON**
MEDFORD PARKS & RECREATION

Corgi-Con, p 39



FATHER DAUGHTER DANCE 2026

**A NIGHT
on the
RED CARPET**

A NIGHT OF DINNER, DANCING A PROFESSIONAL PHOTO AND MEMORIES TO LAST A LIFETIME.

MAR 6 & 7
6-9 PM | R \$48 | NR \$54
AGE 4+. LOCATED AT ROGUE X

REGISTRATION BEGINS 1/7/26
FRI ID: 32547 | SAT ID: 35081



EGGQUATIC EGG HUNT

KIWANIS
INTERNATIONAL

AGES 1-9 CAN MAKE A SPLASH BY COLLECTING CANDY AND PRIZE-FILLED EGGS IN THE POOL!

SAT, MAR 28 | 9:45-10:45AM
FREE FAMILY EVENT!

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- All dogs welcome!
- Corgi Racing
- Dog Costume Contest
- Awards & Prizes
- Food Trucks

Scan for
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MEDFORD
PARKS, RECREATION AND FACILITIES



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The Mother-Son Dance has
been moved to Fall of 2026.

*Please check our listing in the
upcoming Summer 2026 Guide.*

SOUTHERN
Oregon *family*

Your Guide to
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SouthernOregonFamily.com



UNLESS OTHERWISE NOTED,
REGISTRATION STARTS
DECEMBER 30 AT 9AM

DÍA DE LA ADMINISTRACIÓN DE
BEAR CREEK
STEWARDSHIP DAY

¡Voluntario!

Sábado / Saturday
25 de abril / April 25th
9am–12pm
Volunteer!

Más información



Learn more

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**New Patient
Exam & X-rays**

GENERAL PARK RULES

Park Hours: 6am-10:30pm

Prescott Park Gate closes at 5pm, Nov-Feb.

- **Alcohol:** Not permitted in most park areas or facilities. Allowed in certain areas with the Park Director's approval.
- **Amplification:** City permission is required for amplified speech or music in a park area. Permit Cost: \$20
- **Barbecues:** City Parks do not have barbecues. Propane barbecues are allowed, but insurance is required.
- **Camping:** Not allowed in any park unless pre-approved by City Council.
- **Dogs:** Must be on a 6-foot leash and under the control of a capable individual who must immediately remove any feces.
- **Firearms:** Firearms, fireworks and explosives are prohibited from all parks.
- **Horses/Exotic Animals:** Not permitted in park areas or bike paths except when approved for special events or at Prescott Park.
- **Vehicles:** Motorized vehicles are allowed only in designated parking areas. E-bikes: Class 2 and 3 are prohibited in all City parks.
- **Vending:** Land use regulations prohibit vending of goods except as specified in Section 2-185 of the City Code.
- The use of remote-controlled devices, such as cars, aircraft, model rockets, and drones, in park areas, unless otherwise designated, is prohibited.
- Smoking is prohibited in all City of Medford Parks and facilities.
- For a complete listing of city parks and rules, go to playmedford.com

BEAR CREEK SKATE PARK

- All participants are required to wear protective headgear while using the Skate Park, a state law for those 16 years of age and younger.
- No bike riding is allowed in the skate park facility.
- Facility is for skateboard and rollerblade activities only.
- Use facility at your own risk.
- Do not use this facility when skate surface is wet.

TO RESERVE A PARK OR FACILITY

Park Hours are 6am-10:30pm (Except Prescott Park)

- View park sites and facility calendars at playmedford.com.
- Reserve by phone with a debit/credit card by calling 774-2400.
- To pay with cash, check or money order, visit the Parks & Recreation office at the Santo Community Center or at the Rogue X.
- Bring the rental confirmation to the location/event.
- As specified by the city, renters are required to provide valid insurance and are responsible for providing power.



Park Pavilion Permit: \$65 for each 3-hour time slot. "General Use" is considered under 50 attendees, with no amplification and if the event/gathering creates no neighborhood parking impact.

Special Event Permits: A special permit and a site plan are required for events and activities that generate high spectator, traffic, parking or park-impact volumes, such as festivals, car shows, events using booths, etc. Please call MPRD well in advance to plan and coordinate the event.

Bear Creek Amphitheater: Most events at this facility require a Special Event Permit. If the event only requires chairs, you may reserve by phone with a debit/credit card, or come in person to the Santo Community Center to pay with cash.

SANTO COMMUNITY CENTER RENTALS

Rooms are often available for meetings, family gatherings or presentations. Rooms accommodate up to 49 people, and the Main Hall can hold up to 150. Tables and chairs are provided. TVs and projectors are available in several rooms. Call 541-774-2400 or email parks@cityofmedford.org for information.

Additional fees may apply if abnormal amounts of staff or maintenance are required.

NOTICE OF PHOTOGRAPHY, VIDEO & LIVE STREAM

When you enter a Medford Parks, Recreation, & Facilities (MPRFD) event, program, or facility, you enter an area where photography, audio, and video recording may occur.

By entering the event premises, you consent to photography, audio recording, video recording and their release, publication, exhibition, or reproduction to be used for news, webcasts, promotional purposes, advertising, inclusion on websites, social media, or any other purpose by MPRFD and representatives. Photos and videos may be used to promote similar MPRFD events in the future, highlight the event, and exhibit the capabilities of MPRFD.

RECREATION AREA FACILITIES PROGRAM & EVENT LOCATIONS

CONTACT US: 541-774-2400

COMMUNITY FACILITIES

	Amphitheater	Basketball	Dog Park	Equestrian Trails	Gazebo	Futsal	Meeting Rooms	Pool	Picnic Pavilion	Playground	Restrooms	Soccer	Softball/Baseball	Volleyball	Tennis/Pickleball	Trail Access	Splashpad	Slackline
Parks & Recreation Headquarters Santo Community Center, 701 N Columbus Ave		🏀					⭐				⭐	⚽			🎾			
I.O.O.F./Eastwood Cemetery, 1581 Siskiyou Blvd																		
Rogue Credit Union Community Complex, 901 Rossanley Dr	🏀				⚽	⭐	⭐	⭐			⭐		⭐	⭐	⭐	⭐	⭐	⭐
North Medford High Tennis Courts, 1900 N Keene Way Dr											⭐	⭐		🎾		🎾		
Quality Fence Fields at Bear Creek Park, 970 Alba Dr											⭐	⭐	⭐	⭐				
Virginia Vogel Plaza, 200 E Main St												⭐						

COMMUNITY PARKS

Bear Creek Park, 530 Highland Dr	★	⭐	⭐					⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐
Fichtner-Mainwaring Park, 334 Holmes Ave		🏀		⭐	⭐				⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐
Hawthorne Park, 501 E Main St	🏀	⭐	⭐		⭐				⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐
Howard Memorial Sports Park, 1221 N Ross Ln									⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐
Prescott Park, 3030 Roxy Ann Rd					⭐					⭐	⭐	⭐			⭐	⭐	⭐
Lithia & Driveway Fields, 300 Lowry Lane									⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐

NEIGHBORHOOD PARKS

Alba Park, 301 W Main St									⭐								
Cedar Links Park, 3101 Cedar Links Dr		🏀	⭐						⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐
Donahue-Frohnmayer Park, 1678 Spring St	🏀								⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐
Earhart Park, 1320 Fortune Dr																	
Holmes Park, 185 S Modoc Ave	🏀								⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐
Howard Elementary, 286 Mace Rd	🏀	⭐	⭐	⭐	⭐	⭐			⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐
Jackson Park, 815 Summit Ave	🏀								⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐
Jefferson School Ballfields, 333 Holmes Ave												⭐	⭐	⭐	⭐	⭐	⭐
Kennedy School Park, 2860 N Keene Way Rd	🏀								⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐
Lewis Park, 130 Lewis Ave	🏀								⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐
Liberty Park, 625 N Bartlett St									⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐
Lone Pine Park, 3158 Lone Pine Rd									⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐
Orchard Hill Elementary, 1011 La Loma Dr	★											⭐	⭐	⭐	⭐	⭐	⭐
Oregon Hills Park, 6001 E McAndrews Rd		🏀							⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐
Pear Blossom Park, N Bartlett	★									⭐							
Railroad Park, 2222 Table Rock Rd									⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐
Roosevelt School Park, 1212 Queen Anne Ave										⭐							
Ruhl Park, 235 S Modoc Ave	🏀									⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐
Summerfield Park, 3593 Cherry Ln										⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐
Union Park, 501 Plum St										⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐
Village Center Park, 3950 Shamrock Dr		🏀								⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐
Veteran's Memorial Park, 1601 S Pacific Hwy										⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐
Wilson School Park, 1400 Johnson St										⭐	⭐	⭐	⭐	⭐	⭐	⭐	⭐

FUTURE PARK SITES

Chrissy Park: East Medford

Midway Park: Northwest Medford

Addysen Park: West Medford



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